

THE TRUE OBJECT OF DEVOTION
Satsang with Clara Llum – Miami, October 27, 2008
Hosted by D. Weyer.

Clara: [Leading in meditation]

When we live outside the past and the future, we experience infinite space.

Meditation is total freedom.

Freedom from the past, and all that is known.

Freedom from the future, from all that is imagined.

The past is not true. It's vanished. So why carrying it.

The future is a speculation. Why projecting it.

Only this moment is animated with what is alive.

Consciousness. Presence. Beingness.

We can open our eyes and continue with our fresh awareness.

We maybe do not realize how rare is the simple practice of meditation. Just what we did. Taking few minutes, out of the world, for ourselves. Turning off the phone, both phones, or the three phones if we have (we may have two cell phones and one home phone, I don't know how many), plus the computer, plus the TV, music stereo, whatever. Turning off all the machines, these audio devices, locking the door, and disappearing for the world, for five minutes, ten minutes, half an hour. So, it's increasingly a very rare experience. Because we are constantly invaded by this appearance. That we have completely forgotten the experience of even external silence. The experience of being in the company of our own self. So, how are we going to realize our Self (Self-realization), without having intimacy, company, with our own self? If our self is never alone.

Because Self-realization is a form of aloneness. Is also being alone. Is realizing the One that is all. All-one, alone. Is realizing the One Self. The Self that is one and only. So, alone. It is alone. He/She/It is alone. Because in that Totality of your being, life, experiences, beings are within your Self. Are inside. Are citizens, members, of your consciousness. They are not *others* in relation to you. In the state of realization, there are no others. There is one only. And the so-called others, are just the population of your consciousness. Including your own body, including this very character –

body-mind, 'Clara', or 'Kirsten', or 'Guisele'. This is just one character of this creation that happens within –within consciousness.

So, somehow we have to be able to be friends with that aloneness. The fictional aloneness is a step or a bridge towards the true aloneness. The fictional aloneness is the seeming loneliness or being alone of your person with respect to the others. If we cannot accept that kind of aloneness, we are still very much afraid of being the One. The One that is all. Very much afraid: we need to be just the character, we still need to be the person in relation to other people, other persons.

So, somehow, this practice of meditation, even if there's no technique or method, just being alone, on your own, is a good step, a good training, a good test, in that direction. And the benefits in the short term are many, because we become refreshed, we are washed by the pure waters of our consciousness, free consciousness. Free from the past, free from the future. Free from created, invented, concerns –which are all invented, because what is any concern if this body is gonna die? In relation to that: nothing. So, let's accept our death, and be free from all concerns already. Just now. I'm dead already. I already died. So, after this: anything.

This subject came because the meditation we did. It's just a little emphasizing the importance of just taking this time alone, because it's so rare, so rare.

We are constantly shaken, moved around by the energy of all that happens. And that's the delusion, that's the trap. We believe that's the way it should be, because we are so much identified as the person that is in the midst of this whole story. But the whole story is just a dream in our mind. And all dreams are finite, limited. They will end and we will wake up, with coffee or without. [laughs]

Ann: Wake up from the dream and smell the coffee?

Clara: Exactly.

It's a privilege to be in this space of silence and freedom that is our present awareness. That's the buddha already. This present awareness is the buddha. That's the teaching of Guru Rinpoche, Padmasambhava. The teaching of the Great Perfection, and of all the highest teachings of Buddhism. Is that this

present moment consciousness is the buddha. We need not to look further, because further is illusion, is imagination.

I was writing when I invited you to today's satsang. You know, mostly every weekend I send a message by email that you receive, and I compose a sentence for that message. Is not something that I have written before. It's written for the occasion. So, I guess I was in the mood of talking about devotion, and I wrote something like "Jnana, the Knowledge of Self, is realized through devotion, through total trust, surrender¹." But there's many ways to interpret that.

And I wrote about that because I spent a lot of time of the Sunday browsing through videos in the Internet of one teacher whom for long time I disliked. To the point that, when he came to my attention, most of time (I can admit this was wrong) I thought, "well, this is a fraud, this is a consummate selfish guy, and he's conning whole crowds of people under the spell of his colossal megalomania". And I'm talking about Adi Da Samraj.

I see that you are not much familiar. You are? He's very well known.

[Kirsten says she's familiar, and mentions the scandals]

Yes, a lot of scandal. Probably this is what influenced me to think in those terms. For years I'm familiar with him, of course, for many years, even before the Internet. But I always thought what I said before: that is kind of a big fraud. Of course he has had some realization, absolutely. You can not deny that. And there's many people that have had some kind of realization, some level of understanding, but then they build a cult, and they exploit people through this relationship of devotion. And that was my preconception, somehow, about him. And then, as I did other times once in a while, "let's pay a visit to Adidam, let's see what he's doing", in the Internet. I did that several times in the last years, just browsing through his website, and having a glimpse of his teachings, and his full energy, that comes from –because you can read the energy, just by visiting, even by reading a book you can. Of course, you may read the energy, but your own

¹ "Jnana, the knowledge of Self, springs from total trust.
What is false needs to surrender to Truth.
What is limited needs to surrender to the Whole.
What is transient needs to surrender to the Unborn.
The true object of devotion is within: light-infinite Being.
No *outside* guru means anything but the certainty of That."

concepts can get in the way, your preconceptions can get in the way. So I said “okay, let’s do something different this time, let’s watch some videos”, you see? And I watched his videos, and this time was completely different. Because hearing his talks, even from the old times, from the seventies and the eighties, and the two-thousands, different videos of the different stages of his teaching, I immediately saw “ok, he knows what he’s saying, that’s a realized guy”, and I agreed with everything he said, I agreed with him. But then I said “okay, he knows what he’s saying, he’s realized, but he assumed a position which is very very difficult, very hard, that could test him”.

That position that he assumed was a test to himself. What is that position? The position is saying “I am God”. That’s a risky business.

Of course, you can do that. If you have *understood* and you have Self-realized (or realized your Self), you can do that, of course. But he did it without lying to anyone. Because even in the twenty videos I watched, I could see in several of them that he warned people that the idea of God is childish. But, anyway, even if he said the plain truth openly, that *‘this very moment you are awareness, you are consciousness, you are already realized², there’s only God, God is all there is, nothing else is’*, even if he said this plainly, people are not satisfied. And he says that to the people. He says: *‘I’m saying this, but you’re not satisfied. So, somehow, I’m playing this God role, so you are satisfied, because you want something else. You don’t want realization. Or, if you want realization, you want it through this long detour of entering into a religious relationship.’* These are my words³.

Religious is, by the way, the meaning of relationship. Religious and relationship is the same thing. Religious means relationship. So, this duality game. And then he wears this trickster hat, by saying that *‘I will provide you this true process of realization through this relationship’*. Now he’s lying, because he knows that realization, as he said before, is already there, is already here. So, the ‘process’ amounts to nothing. He is catering to his audience in the terms they want to hear. *‘You want a relationship? Okay, I’m building this big thing, this big building, where I am the God in the throne and you are all the subjects, the followers, the devotees, and let’s do a very big building. So, in this process, whenever you are ready, whenever you are*

² Here and later the text “you are already realized” means “you are Reality, you are already complete”.

³ I’m using free paraphrasis in all these sentences.

fed up with the whole thing, you realize that you were there anyway, to begin with. So, let's play the game until you want.' These are my words, not his. He tricks the people in saying *'I'm providing this path that's been revealed. The relationship is going to enlighten you.'* And he's right at the same time, because whatever you do, or not do, will work –because you are already realized.

Kirsten: How do you know there's not a portion of his personality structure that is still stuck in a kind of narcissistic way. If he's had a realization but his heart has not resolved.

Clara: Both things can be true at the same time. Because you can have realization or understanding and still carry your narcissism with you. And if he was a person of narcissistic tendencies, that's just normal that after realization he built that thing, justifying that *'well, since people need that kind of game, I'm providing'*. But why *you* are providing? [laughs] Because that's your weakness, that's your thing. You see? That's your game. That's how you are structured. But sure he sees through that also. Because he's realized: he sees through his tendencies. That's realization also. Realization is seeing through your persona, your characteristics. So, he's right when he says *'I'm free behind this mask'*, or *"behind this character that you see, this form.'* *'Don't think that I am like you'*, he says, like *'I am the authority, I am the God'*. *'Don't think it!'*, and he's right. But he's reinforcing –you see the game? He's reinforcing the separation, the duality. *'You are not like me. You are just a lowlife!'*. *'You are privileged to be in relationship with Me, and then through this grace-filled process you will realize My Love-Bliss Condition. And you will transcend separation with Me'*. Not separation with your own being!; *'with Me'*. *'As I am the personification of God, and I'm God Itself'*. So this is very dangerous game. Because the devotee forgets the message he gave at the start, that you are God –all is God, already. You, the devotee, is God. That's why I wrote that in my message, this week⁴.

Of course, what is limited needs to surrender to the whole.

Of course, what is transient needs to surrender to the unborn.

[Barbara]

⁴ See note 1

Clara: Barbara is commenting about trust. And I agree completely. If we are able to trust already: to life, to the whole, to this One that includes all of us – all these characters, as your own Self, that’s all. That’s all. That’s realization. The stability in that trust is realization. When this trust becomes true, becomes a fact.

[Barbara and Clara, exchange some more words about trust vs fear]

Clara: That’s the short, short, direct teaching. I think for me would be very hard to build a church like Adi Da Samraj, because is not in my structure, in my character, to say “just prostrate before me”. It does not go with me. But there’s no difference otherwise. You know, I’m giving you the direct teaching, which you already exposed in terms of the trust. The whole, the unborn –but the object of true devotion, the true object of surrender, does not need to be this outside guru. Can be, but does not need to be. Because, fundamentally, is your own Self. If the guru is something, is just the pointer, the mirror, of your own Self.

The moment the guru is assuming a special characteristic or role, besides being a reflection of your own being, of your own potential, then that’s very dangerous –because you can forget the teaching. You can forget the teaching. The teaching that is reminding you back, remitting you back to your own Self. And I called that in the message: “light-infinite Being”. Light because is consciousness. Infinite because is empty, spacious. That’s your being –the characteristics of your being, the nature of your being. So it’s *sat chit ananda*. *Sat* is being, *chit* is consciousness or light, *ananda* is bliss or infinity, spaciousness. That’s the object of refuge. That’s the object of devotion. That’s the object of surrender. That’s the unborn, that’s the whole, that’s the timeless [truth].

Of course the ‘ego’ needs to surrender to That. The ego [which] does not exist –it’s just a false notion, a false understanding, a misunderstanding. The misunderstanding that we are limited, that we are transient. That conception of ourselves is what we call ‘ego’, is what we surrender –to who? Not to an avatar outside. An avatar is practical, is useful, is okay: any guru, any teacher, any book, any video you watch –that reminds you of your own Self.

So, somehow I changed a little bit my mind in regards to Adi Da Samraj. I can certify now that he’s got realization, but he’s playing a very extreme presentation of the teachings. We can say is the traditional presentation of

the past centuries: total idolatry to the guru. Total idolatry. Is something so obsolete, so outdated. He's playing that game. He may say "*Okay, it works for someone, so I'm doing it for the ones that it works. Since they cannot accept the plain truth as it is delivered: "you are already the One, you are already the Totality, just accept it". That's the plain, direct truth. They cannot accept that. They need religion, they need relationship, they need enacting surrender by full prostration.*"

They bought an island in Fiji –they are a whole *country*, they are isolated, unaccounted by the law, by anyone. So if he commits crimes, or people commit crimes there, nobody knows. It's just like Sing Sing, the prison. Is an island, they live completely isolated. You need an helicopter to arrive there, or people get there in a boat. And I saw in one of the videos, when people arrive in the island, on the shore, on the beach, they step outside of the boat –they do full prostration on the beach. Full prostration in direction to whatever is in the island, to the temple ten miles away. Is like when the Pope arrives to a country, he kisses the ground –John Paul II.⁵ Same thing. They do that, they just prostrate to the guru already from the beach. So, okay! It's amazing.

You need to be realized to assume that role, because otherwise it destroys you. It would destroy you. Like it destroyed Hitler or it destroyed other people. That they assumed the role that "*I am the Saviour of the world*". That role destroys anyone who is not free from the mind. And it has not destroyed him yet.⁶ But anyway, I somehow, still after verifying that he's realized, that he know's what he's saying, still am questioning the efficiency or efficacy of his method or presentation. Because, okay, to what extent people are becoming free? Or they are becoming just puppets, or just slaves? Tied to this master figure?

But we can say, there's nothing to criticise. And I can say that too: there's nothing to criticise. In Spanish we say: "*tal para cual*" or "*Dios los cria y ellos se juntan*". They asked for that. There's always someone who provides you what you asked for. There's a correspondence. There's nothing to criticise from that point of view. People want cults? They want cults? Okay! Even realized people can provide cults –it's not the first. Osho did the same. Osho was providing another cult. Even he was realized too. But at least his

⁵ I'm not aware that Benedictus XVI also performs this rite.

⁶ Adi Da died 30 days after these words were pronounced.

cult was more fun, you know. [laughs] It was kind of *celebration cult*, more liberating. This is so serious, so serious cult. It's like Nazi Germany⁷, you know, it's like *all people prostration*. It's frightening. Because there has been some people that, of course, it was not for them, and it backlashed, somehow. These are the accounts that are circulating the Internet, people that were "abused sexually", "raped" by the guru.⁸ And then "trying to escape" –from an island! It's dangerous game. So, there's many many ways of presenting a teaching, even with good intention.

I guess we belong to a very loose and low-key, friendly, un-harming tradition. The tradition of the Nath. *Nath* is an Indian term related to a very ancient lineage of Tantric, wild practitioners. And Nisargadatta belonged to them. Ranjit Maharaj belonged to them. And all their teachers, back to Gorakshanath, Matsyendranath, and mythical figures, just like shamans, explorers of consciousness, that transmit the teaching in very carefree, non-imposing ways. So, I openly, wholeheartedly, subscribe to that tradition. The tradition of Ranjit Maharaj and Nisargadatta.

[Kirsten]

Clara: The question is, "is there an acceleration of consciousness happening?"

Somehow. Or is an effect of the increased population. An effect of the *Communication Society* in which we are living.

Anyway, since all is the Divine, and all is God, Adi Da Samraj is just being played by the Totality, by God. Is perfectly right. Like Hitler⁹, by the way. So, everything is fine.

But since everything is perfect, and everything is divine already, there would be nothing to talk about. Right? So, any opinion that we have, is dualistic, is false.

Doris: What about Hitler. He's fine too?

⁷ Metaphorically only, obviously, in terms of the highly ritualistic lifestyle and worship of the leader. Here the comparison is between Adidam and Germany, both under a strict regime of epic/mystical ambitions.

⁸ Accounts that have not been proven, but that only add to the bad reputation of the group anyway.

⁹ From the scope of the Totality, all things serve a Divine purpose, including karmic perception/experience.

Clara: Yes. “Fine”, “no fine”... There’s no “fine”. There’s no “fine” either. All opinions are false. What is, is just a dream. So, what’s the matter. What’s the difference. There’s nothing, to begin with. There’s no Adi Da Samraj. There’s no us here. And he’s realized, because he says that too! I saw it in one of his videos. He says exactly the same things I say. “*There’s no room, if you are realized. You know that there’s no room here.*” Anyway, but he’s doing that game.

Answering your question [to Kirsten, about the acceleration of consciousness]. I think that there’s some teachers that think that, like Eckhart Tolle, or Gangaji, I don’t know Adyashanti very much. But some of them, the most prominent satsang teachers¹⁰ are saying ‘*we are witnessing an increase of consciousness, more people is becoming awake*’, more and more. I don’t know. Maybe. But perhaps is just not qualitative, is perhaps quantitative only. You know what I mean? Is a matter of numbers, maybe. Is not qualitative, not a change in proportion. We are more people in the world, so more people get learned. Or there’s maybe actually an acceleration. I don’t know.

In any case, acceleration or not, everything is false. There’s no world. If we see many people enlightened, or no, makes no difference. Still is your dream. So, what you have in your dream? Do you attribute importance in what happens in your dream, from the point of view of awakening? No. After you woke up, you didn’t care what were wearing the people in your dream. It doesn’t matter, it makes no change. They didn’t exist, to begin with. So, let alone be concerned if they were wearing red or white. You see?

So, we can say all things within the perspective of the dream. That’s what I did when I was talking about Adi Da Samraj. You know, just blah blah blah blah. Stupid things, I can only say. [laughs] Because, it doesn’t matter.

[Barbara]

Clara: But in the great order of things, the understanding of the totalitarian person, is irrelevant. This mega-guru can be a totalitarian guy, and create a spiritual or religious regime of complete enslavement. But he knows what

¹⁰ I have no use of the term ‘neo advaita’ and its implications, that’s why I used “satsang teachers” as a more general term to refer to the very populated movement of teachers of nonduality, regardless the presence or absence of connections between each one of them and established traditions.

he's doing and some people will dissolve their egos¹¹ through that kind of surrender or devotion to an actual idol, instead of devotion and surrender to pure consciousness, which is their essence. The result is the same. Eventually, they can forget completely their own limited persons, and dissolve in the presence of their object of devotion. Of course, when they are realized they will transcend the guru. But it may work.

Another thing is that when they have transcended the guru, still they pay respects to the guru –that can happen, of course. And it's okay. I do that too. I pay respects to Shirdi Sai Baba, to Siddharameshwar Maharaj, and to other gurus that have played some kind of influence or devotional impact in my life. And I can pay my respects to Adi Da Samraj too, why not.

So, devotion after realization is okay also. But you understand.

The thing is that whatever the case with the person seemingly conducting this regime, whatever the case with his or her understanding, in the order of all things, everything is part of that, everything is part of this Divine. Everything helps. Or everything will have helped. Everything will have been part. Whatever happens in your life, when you understand will become a part, will have contributed. You will redeem everything. You see?

[Guisele, asking why not call for negative experiences if they contribute too to open one's mind]

Clara: You create the ones you create. Of course [you avoid], because you are not masochistic, you are not creating suffering on purpose. But what happens, happens. It is in retrospective vision that you see that you have used everything that happened in your life. You have used all that as a teaching, as a learning process.

[Kirsten and Guisele]

Clara: Anyway, this choice of a teaching that is so much structured in terms of conventional [dualistic] devotion, devotion towards a *someone*, again: it helps for some people, that are just framed that way.

[Guisele, enquiring about Hitler and the effects of his totalitarian regime]

¹¹ Meaning the delusion of being a separate entity, since there's no actual ego to begin with.

Clara: Wasn't a teaching for humanity that society can be massively brainwashed? Isn't an amazing teaching? To know for sure, to have the experience that a whole population, in the millions, can fall fascinated by someone, and believe all that this guy says as if he was God, an idol, and commit horrendous atrocities, just because they believe him, that that is the right thing to do.

[Guisele]

Clara: That's the teaching, that's your potential. All of us we have this capacity to obliterate our goodness, if we fall into some kind of blind devotion. So, it's a good lesson for humanity. And the German people, they are very aware of that. It will not happen again to them. Of all countries, that will not happen again to them, because they are so aware. 'We are not going to be fooled again. We will use discrimination, before anyone that sends us a message 'this is what you have to do' –let's question it". What is right and what is wrong according another standard –more spiritual, internal standard: consciousness.

Ann: I think we forget and get fooled again.

Clara: Yes, we are. But we go step by step. We need many many teachings of that kind. We need to go through the same experiences from so many angles again.

The core point here is not using our own discrimination. This is a teaching that the Buddha gave 2600 years ago. '*Do not believe the Dharma, what I say, because I say so –put it into test.*' Compare that to the opposite, the Adi Da Samraj model: '*What I say is the truth, you have to surrender to what I say.*' So, non discrimination. '*Don't use your own light. Just forget about everything, and give yourself –body, mind, soul, spirit, money, everything, to me*'. And if you go to his website, you will see, very specified, very detailed, what he's asking from you –and he leaves nothing outside, very detailed. '*You have to give yourself to me*'. It's a very very risky business. And it's completely against human dignity. Completely against the principle of innate intelligence, which is the only one factor of your liberation.

Kirsten: And yet if you take it to the extreme and surrender your ego, the ego dissolves.

Clara: It can work. Yes. You know why? Because you can obliterate your intelligence, but you can not kill your intelligence, since it's your own being. So, whenever you find yourself in any ordeal or trouble, your core nature is this intelligence. It cannot be violated, killed. It can only be blinded – temporarily. But even if you renounce to everything: to all your possessions, and all your soul, being, and everything, and you give yourself to someone, you will find yourself at the other side. You will go through this gate of 'the guru', and you will find yourself in the other side. You will find that your face is the face of the guru, at the end. Because that's the only truth –that only you exist, only your being exists, only your intelligence exists.

So, no matter how the other, the guru or the hitler, the trickster or the enlightened, whatever they do, right or wrong, they are just characters. And you will transcend them. For good or for bad, whatever they play, you will transcend both games –the good game, the bad game. You will transcend, because they are false. Because they are temporary, they are created.

You will transcend *Clara*; you can transcend it already. That's my invitation: *transcend now*. See? Of course we can keep enjoying the company. But *transcend now*. That's my presentation.

You have to transcend and you will transcend. Because everyone and everything is false, except your own intelligence, your own being. Your infinite light-consciousness.

So, nobody can harm you, ultimately. They can temporarily hurt you, but you will survive, spiritually speaking. Your ego will be hurt, and you will learn. Or your ego will be dissolved. Because you will dissolve it in love. That's the play, that's his choice, his presentation –that through love you give yourself to him. That's very noble, if people can do that, or they are enlightened by this invitation of his, to fall in love with him. And many people fall in love with him, that's great.

If you fall in love with the the guru, through that love which is devotion, your ego is dissolved in that love. But here in love nothing is harmed, because this love is blissful. Loving is blissful, to love is blissful. It's just beautiful. So, you find yourself in the heart of the guru. You find that you were the One residing there, your own consciousness. So you find yourself there. So, you will transcend anyway.

Therefore, for some people it works, if they fall in love. If they establish this relationship of love. But we can love everything. We can love life. We can love the aliveness of this moment, reality. We can love consciousness. We can love this beingness that includes everything already. It's free. We don't need to buy a ticket to a Fiji island.

Ann: Or go to Arunachala.

Clara: Or we can go to Arunachala. Whatever we want to do. But we can enjoy already. It's like a Tantric aforism that says: "Wherever you go, go dancing, and you'll find the Ocean.". Meaning, you are going to the Ocean, Totality, but as you go, go dancing. Go enjoying already. Why suffering in the path. Just start enjoying the result already. Because the result is here already. So you will find that anyway. You will find out that. That the Ocean was here already, your own Self. So start enjoying, why the pain, why suffering.

[Group dialogue]

Clara: Would you say, in that increase of enjoyment, that you are playing more with it as if it was a fiction, somehow?

[Guisele]

Clara: See how the children play with wars, for example. They play the good guy, the bad guy. They are into a war, or whatever, but they know it's just their imagination. So they can enjoy because there's another layer of their consciousness that knows that's a game. [laughs]

[Guisele]

[Barbara]

Clara: Let me say something that contributes in the same lines of what you are saying, as a response to Kirsten when she said "I would like to awaken, I have that longing". When I heard that, in my inside I was "ah, how can I explain that this is just a wrong assumption!" Talking in terms of awakening is already wrong. But I knew that if I said what I have said just now, I would just create more distance and you would think "oh, I'm wrong even about that". Much worse, so I'm not helping by saying this. But what comes to me

after hearing you say that, and Barbara commenting about the change of perspective. What she says is just *not having these wrong notions*. What comes to me very clearly is that “awakening” is exactly the same as now without any concept. This also goes along the lines of what you said. Letting go all the notions about life, of course the wrong notions go, but also there’s no notion that remains, no right notions either. There’s no notions. It was just all a building of the mind. All the construction of the mind is wrong – even if it’s *right*. Look, I put again the example. All that I said criticizing Adi Da Samraj and this model of devotion as some Hitlerian regime is wrong. What I said is wrong! What I said today is wrong, this criticizing and questioning. But if I don’t say this I cannot say anything, because there’s nothing to talk about. We can only say wrong things, but these wrong things have the purpose of removing other wrong things that we keep in our minds. My purpose, saying that, was removing some fixated ideas about aspects of devotion. How devotion can be presented, how it cannot. I’m touching the subject from different angles, even contradicting myself. This has the intended effect -although I’m not calculating, it’s totally spontaneous, I can see that has this effect by the energy that is using my spoken word. The Totality that is using my spoken word is intending that: removing concepts. You see? But there’s nothing to say. There’s nothing. Nothing!

So what’s the difference between awakened and not awakened. That in awakening there’s no notion of awakening. Even. Not even that. “But then there’s awakening, because you can have-not the notion of awakening”. Yes. You can be free of all the concepts. Yes. “But this is a change of experience of some kind?”. Relatively speaking, yes.

[Kirsten]

Clara: You can have the bliss-out thing without the awakening. All these devotees of Adi Da Samraj live in ecstasy many of them. *Hare Krsna Hare Krsna...* The Hare Krishnas also. They can dance for hours in pure ecstasy, happiness.

[Kirsten]

Clara: You are insisting in that idea. Why not release the idea. Why you reinforce your own idea of how you are limited. Don’t believe it! Throw it away! You are free! Who forces you?

Barbara: We feel even deeply unconsciously that if we don't hold on to this little self, then what's there.

Clara: Nothing! Freedom! Be free!

[Barbara] [Ann] [Guisele]

Clara: But you want to do sadhana. You can do that already as a sadhana, as a practice. Start doing this: I'm nothing. Can you do that? Say to yourself, I am nothing. [laughs] You do that and it will become true. That's awakening. That's what awakening is, when you have no question about, no doubt about, that you are nothing. That's realization. Is that a concept? No.

Doris: Yes, it's a concept, unless you have realized that.

Clara: When you have realized, it's not a concept, I'm saying.

[Doris]

Clara: What I've said is: you practice and it will become true. Why it will become true? Because it's true already, that you are nothing. [laughs]

[Kirsten]

[group discussion]

Clara: So, do we need an idol to accept that I am nothing? Do we need a reference outside to which/whom we prostrate and accept that I am nothing?

Ann: Only you! [laughs]

Kirsten: A very dangerous type of guru. [laughs]

Clara: Very dangerous because I'm not asking you to prostrate.

Ann: [parodying] "You don't have to give up anything. You can even keep your concepts". [laughs]

Clara: Exactly, even that! "You want a car, you can have a car" –that's my teaching. "You want a golden tooth, go to the dentist. You want an emerald

ring, you can have an emerald ring”. [laughs] No limits! “You want a guru?, Okay!”. [laughs]

My model of spiritual teaching or satsang is that *we all become, we all are* enlightened or *we are all* guru.

[someone understood “my mother” for “my model”] [laughs]

Clara: My satsang “business” model. They talk in terms of “business model” in the world, right?. “What’s your business model?”. So here is my satsang “business” model: is giving graduation very early to my friends here. I don’t even say “students”. Giving them the *certificate* at the first satsang. Is not a very successful business model! [laughs] But I’m enjoying your company. And maybe we can do something big and invite other people to join the party. More enlightened people, like you said, the accelerating “yes model”.

Kirsten: We can integrate that into your business model.

Clara: Exactly. The more we are, the more fun, right? We even have another satsang friend in Miami, friend of some of us here. Our friend Ashley, who is also a...

Ann: Nothing.

Clara: Nothing here. [laughs] Like nothing here. A disciple of Gangaji.

Ann: He gives beautiful satsangs.

Clara: Yes!. I’ve been there.

[Guisele says bye to group and leaves for the session]

Clara: So, *love, devotion and surrender*. That’s message. Just know to what. Just know to what love, devotion and surrender. Know to what and to whom. That any *what* or any *who*, ultimately needs to be your own Self.

If you do it that way, you’re safe. If you do it the risky way, you are safe too but it will take a bumpy road.

Clara Llum teaches Dharma and offers Satsang since the 1980's, drawing from many Buddhist and Hindu traditional approaches to truth, given her background of involvement and realization across those vehicles.

There's no fee to attend to Clara's Satsang. Also, online versions of the audios and texts from the talks are freely available. Donations from spontaneous supporters and sponsors of her work are much welcome.

Links: clarallum.com (main site), tinyurl.com/satsang (audio recorded talks).
Email: awareness@clarallum.com