

# The Soviet Textbook on Psychopolitics

## THE SOVIET ART OF BRAINWASHING A SYNTHESIS OF THE RUSSIAN TEXTBOOK ON PSYCHOPOLITICS

**PSYCHOPOLITICS** - the art and science of asserting and maintaining dominion over the thoughts and loyalties of individuals, officers, bureaus, and masses, and the effecting of the conquest of enemy nations through "mental healing."

### EDITORIAL NOTE

From May 2, 1936, to October 10, 1939, I was a dues-paying member of the Communist Party, operating under my own name, Kenneth Goff, and also the alias John Keats. In 1939, I voluntarily appeared before the Un-American Activities Committee in Washington, D.C., which was chairmanned at that time by Martin Dies, and my testimony can be found in Volume 9 of that year's Congressional Report.

During the period that I was a member of the Communist Party, I attended their school which was located at 113 E. Wells St., Milwaukee, Wisconsin, and operated under the name Eugene Debs Labor School. Here we were trained in all phases of warfare, both psychological and physical, for the destruction of the Capitalistic society and Christian civilization. In one portion of our studies we went thoroughly into the matter of psychopolitics. This was the art of capturing the minds of a nation through brainwashing and fake mental health -- the subjecting of whole nations of people to the rule of the Kremlin by capturing their minds. We were taught that the degradation of the populace is less inhuman than their destruction by bombs, for to an animal lives only once, any life is sweeter than death. The end of a war is the control of a conquered people. If a people can be conquered in the absence of war, the end of war will have been achieved without the destructions of war.

During the past few years, I have noted with horror the increase of psychopolitical warfare upon the American public. First, in the brainwashing of our boys in Korea, and then in the well financed drive of mental health propaganda by left-wing pressure groups, wherein many of our states have passed Bills which can well be used by the enemies of America to subject to torture and imprisonment, those who preach the gospel of our Lord and Saviour Jesus Christ, and who oppose the menace of Communism. A clear example of this can be seen in the Lucille Miller case. In this warfare the Communists have definitely stated: "You must recruit every agency of the nation marked for slaughter into a foaming hatred of religious healing."

Another example of the warfare that is being waged can be seen in the attempt to establish a mental Siberia in Alaska, which was called for in the Alaskan Mental Health Bill. A careful study of this Bill will make you see at once that the land set aside under the allotment could not be for that small territory, and the Bill within itself establishes such authority that it could be turned into a prison camp under the guise of mental health for everyone who raises their voice against Communism and the hidden government operating in our own nation.

This book was used in underground schools, and contains the address of Beria to the American students in the Lenin University prior to 1936. The text in the book in general is from the Communist Manual of Instructions of Psychopolitical Warfare, and was used in America for the training of Communist cadre. The only revision in this book is the summary, which was added by the Communists after the atomic bomb came into being. In its contents you can see the diabolical plot of the enemies of Christ and America, as they seek to conquer our nation by subjecting the minds of our people to their will by various sinister means.

This manual of the Communist Party should be in the hands of every loyal American, that they may be alerted to the fact that it is not always by armies and guns that a nation is conquered.

Kenneth Goff

## INTRODUCTION

The booklet you are about to read is an English paraphrase of a Red Communist "textbook" used both in The Soviet Union and in America to train Communist agents in the art of deceiving non-communists with words and with false precepts.

This "textbook" spells out methods which secret communists use to "alter the loyalties" of American citizens and then use those citizens, especially those in government positions, to take control of the nation. It describes these ingenious and effective methods of "mind control," called "psychiatry" and "psychology," which are promoted as forms of "mental healing." Needless to say, the Reds do not want Americans to know these are false sciences by which they gain "control of the minds of the people."

However, in the 1950's, a disenchanted communist published this paraphrased version that you will read here and distributed several thousand copies to Americans. Secret American Reds immediately ridiculed him and the book and tried in many ways to prevent its distribution. That former Communist died in the 1970's and this reprinting is made to carry on his attempt to warn the American people. Note: These techniques are used in all Western Nations, not only in the United States.

Americans have heard of this "art" of mind control by the term "brain-washing," a term coined by Ed Hunter, the famous war correspondent. Ed Hunter wrote a number of books in the 1950's on the methods used by Talmudist Communists to capture whole nations by mental subversion. However, Ed Hunter's books, as the book, had very little distribution in America and perhaps only a few thousands Americans really understood his warnings about mind control.

In Ed Hunter's book, "Black Book on Red China," he showed that the secret processes used by the Red Chinese to capture that nation of 400 million people were identical to the secret techniques being used in America and in Europe, on the people of the Christian West! In his books and in his lectures in America, in the 50's and 60's, Ed Hunter told his audiences that the only defense against "brainwashing" was to know how it is done. He argued convincingly that any person who understands the technique of "brain-washing" cannot be "brainwashed." He said, "Knowledge of brain-washing is vaccination against, it." This book now in your hands will give you knowledge of that brain-washing.

A great, and almost secret, war is being waged by Talmidic Communists against Christians, Christianity and the Western Nations. A Red author once wrote, "Books are weapons in the war of ideas." The lectures and studies in this book are of two weapons, psychiatry and psychology, that secret Talmidic Communists use against us in our own countries. You may have already realized that the pseudo-sciences of psychiatry and psychology are ruining millions of lives. What you may not have known, is that such ruination is deliberate.

I pray that your reading of this, their own "textbook" on these two weapons, will not only neutralize their "mind weapons" against you, but that you, in turn, will use this book to warn others in the world, of these hidden methods the Zionists are using in their war to destroy Goyim.

Jesus Christ told His followers, "The servant is not greater than his lord. If they have persecuted Me (they did), they will also persecute you." (They have, and they are.) Jesus also said, "In the world you shall have tribulation: but be of good cheer; I have overcome the world."

The age is drawing to a close. The Zionist world system is spewing forth its last desperate attempt to destroy Goyim. Read the following editorial note by Col. Gordon (Jack) Mohr, and the 1936 speech by Laventia Beria, the head of the Soviet Secret Police, as he confidently predicted the Communists would eventually "have dominion over the minds and bodies of every important person" in America and then would bring about the "quiet Communist conquest of the nation." Note: Bill Clinton is a good example of a good communist, as is VP. Al (I invented the internet) Gore.

Then read the rest of the book for the details of that plan of "quiet" conquest and look at the America of today, a half century after Beria's speech.

Don't waste another minute. Turn the page and keep on reading. And may God have mercy on America, in Christ,

Pastor Emry

#### FOOTNOTE

Here are a few warnings from the Holy Bible that anti-Christians would use lying words to deceive and to destroy Christians:

"The wicked plotteth against the just (the justified or Christians), and gnasheth upon him with his teeth (with his words)."

"Yea, and all that will live Godly in Christ Jesus (Christians) shall suffer persecution (from the wicked)."

"Through covetousness (desire for gain) shall they (the wicked) with feigned (deceitful) words make merchandise of you (sell or betray. Christians for money)."

"For many deceivers are entered into the world, who confess not that Jesus Christ is come in the flesh. This is a deceiver and an antichrist."

#### EDITORIAL NOTE

The synthesis of this Communist textbook was originally written by Rev. Kenneth Goff. Brother Goff, who recently passed away, was a dues-paying member of the Communist Party from May 2, 1936 to October 10, 1939, operating under the alias of John Keats. In 1939, Kenneth Goff voluntarily appeared before the House Un-American Activity Committee in Washington, D.C., which was chaired at this time by Congressman Martin Dies; his testimony can be found in Volume 9 of the 1939 Congressional Report.

During this period when Rev. Goff was a member of the Communist Party, he attended their indoctrination school located at 113 East Wells St., Milwaukee, Wisconsin, then being operated under the name of the Eugene Debs Labor School. It was here that American Communists were trained in all phases of psychological and physical warfare for the defeat and destruction of Capitalist society and Christian civilization.

One portion of this study went thoroughly into the matter of Psychopolitics. This is the art of capturing the minds of a nation through "thought control" and fake mental health - the subjugating of whole nations of people to Communist rule by capturing their minds.

During the period since the Korean War in 1953, I have noted with increasing horror and concern the use of psychological warfare on the American people, through the media, the Church, and especially in our public schools. This first became evident in the "brainwashing" of our boys who were taken prisoner in Korea. It was my privilege to work with these men when they returned through Pan'munjom in 1953. Later, because of this work, I wrote and taught the first classes given to the Army in the Military Code of Conduct.

Because of personal interest in this subject, I became aware of pressures of psychological warfare, as it was crammed down the throats of gullible people. It became evident in the military during the infamous "Pro-Blue" persecution of General Edwin Walker in Germany, and the equally infamous Fullbright Memorandum which effectively gagged any American servicemen who desired to expose this evil.

The drive to influence the public became evident during this same period in well-financed drives of mental health propaganda by left-wing pressure groups. Many of our states passed bills which could be used by the enemies of America to torture and imprison these men and women of courage, who still preach the Gospel of our lord and Savior, Jesus Christ, and who believe Christians MUST oppose the menace of anti-God Communism.

A careful study of the Alaska Health bill will show you how this plan has been implemented in that state and how Alaska could be quickly turned

into a gigantic prison camp, under the guise of mental health, for anyone who dares oppose Communism in America, and who dares to oppose the hidden (Zionist) government which operates this nation.

I have been a friend of Kenneth Goff for many years and, although I did not always agree with him, I had a great deal of admiration for his courage. I believe he would want this manual reproduced for this generation, showing the evils of this enemy of mankind which he so diligently opposed.

This book, used in underground schools throughout the United States, contains the welcoming address by Laventia Beria to American university students attending Lenin University prior to 1936. The text of this book in general was taken from the Communist Manual of instruction for Psychological Warfare, and was used in the United States in the training of Communist cadre. The only revision is in the summary, which was added after the atom bomb had been dropped in Japan at the end of World War II. In its contents you can see the diabolical plot of the enemies of Christ and America, as they seek to subvert and conquer our nation by subjugating the minds of our people to their will. Note: Again, this is not only used against America, Canada has come so close to being a Marxist state, they might just as well replace the leaf in their flag with a hammer and sickle. Christianity is not the only religion targeted. Islam, Hinduism, Buddhism and Taoism are also targets for destruction.

This manual needs to be in the hands of every loyal American, especially those who claim Christ as Savior, so that they may realize that nations are not always conquered by "force of arms alone." Note: This Manual should be in the hands of all non-Jews !

This is an appeal to all concerned Americans to "learn the truth, that they may remain free." I do not believe we will lose our freedoms in America some dismal morning, when the enemy knocks on our door and hauls us away to a concentration camp; rather, we will lose it when we see things happening in our schools, churches, and government, which we know are wrong but we fail to take action to stop them. When enough good Americans fall down in their duty to God and Country, we will have to bury America and write on her head tone this epitaph: "America died because the American people didn't want to be bothered."

There are those who will claim the original synthesis by Kenneth Goff was a fake. I will not attempt to answer this accusation. I merely ask you to notice how these plans, written over 40 years ago, are now being implemented.

/signed/  
Gordon "Jack" Mohr  
Lt. Col. U.S. Army, Ret.  
January 1976

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### **AN ADDRESS BY LAVRENT PAVLOVICH BERIA**

American students at the Lenin University, I welcome your attendance at these classes on Psychopolitics.

Psychopolitics is an important if less known division of Geo-politics. It is less known because it must necessarily deal with highly educated personnel, the very top strata of "mental healing."

By psychopolitics our chief goals are effectively carried forward. To produce a maximum of chaos in the culture of the enemy is our first most important step. Our fruits are grown in chaos, distrust, economic depression and scientific turmoil. At least a weary populace can seek peace only in our offered Communist State, at last only Communism can resolve the problems of the masses.

A psychopolitician must work hard to produce the maximum chaos in the fields of "mental healing." He must recruit and use all the agencies and facilities of "mental healing." He must labor to increase the personnel and facilities of "mental healing" until at last the entire field of mental science is entirely dominated by Communist principles and desires.

To achieve these goals the psychopolitician must crush every "home-grown" variety of mental healing in America. Actual teachings of James, Eddy and Pentecostal Bible faith healers amongst your mis-guided people must be swept aside. They must be discredited, defamed, arrested, stamped upon even by their own government until there is no credit in them and only Communist-oriented "healing" remains. You must work until every teacher of psychology unknowingly or knowingly teaches only Communist doctrine under the guise of "psychology." You must labor until every doctor and psychiatrist is either a psycho-politician or an unwitting assistant to our aims.

You must labor until we have dominion over the minds and bodies of every important person in your nation. You must achieve such disrepute for the state of insanity and such authority over its pronouncement that not one statement so labeled could again be given credence by his people. you must work until suicide arising from mental imbalance is common and calls forth no general investigation or remark.

With the institutions for the insane you have in your country prisons which can hold a million persons and can hold them without civil rights or any hope of freedom. And upon these people can be practiced shock and surgery so that never again will they draw a sane breath. You must make these treatments common and accepted. And you must sweep aside any treatment or any group of persons seeking to treat by effective means.

You must dominate as respected men the fields of psychiatry and psychology. You must dominate the hospitals and universities. You must carry forward the myth that only a European doctor is competent in the field of insanity and thus excuse amongst you the high incidence of foreign birth and training. If and when we seize Vienna, you shall have then a common ground of meeting and can come and take your instructions as worshippers of Freud along with other psychiatrists.

Psychopolitics is a solemn charge. With it you can erase our enemies as insects. You can cripple the efficiency of leaders by striking insanity into their families through the use of drugs. You can wipe them away with testimony as to their insanity. By our technologies, you can even bring about insanity itself when they seem to

resistive.

You can change their loyalties by psychopolitics. Given a short time with a psychopolitician you can alter forever their loyalty of a soldier in our hands or a statesman or a leader in his own country, or you can destroy his mind.

However, you labor under certain dangers. It may happen that remedies for our "treatments" may be discovered. It may occur that a public hue and cry may arise against "mental healing." It may thus occur that all mental healing might be placed in the hands of ministers and taken out of the hands of our psychologists and psychiatrists. But the Capitalistic thirst for control, Capitalistic in-humanity and general public terror of insanity can be brought to guard against these things. But should they occur, should independent researchers actually discover means to undo psychopolitical procedures, you must not rest, you must not eat or sleep, you must not stint one tiniest bit of available money to campaign against it, dis-credit it, strike it down and render it void. For by an effective means all our actions and researches could be undone.

In a Capitalistic state you are aided on all sides by the corruption of the philosophy of man and the times. You will discover that everything will aid you in your campaign to seize, control and use all "mental healing" to spread our doctrine and rid us of our enemies within their own borders.

Use the courts, use the judges, use the Constitution of the country, use its medical societies and its laws to further our ends. Do not stint in your labor in this direction. And when you have succeeded you will discover that you can now effect your own legislation at will and you can, by careful organization of healing societies, by constant campaign about the terrors of society, by pretense as to your effectiveness make you Capitalist himself, by his own appropriations, finance a large portion of the quiet Communist conquest of the nation.

By psychopolitics create chaos. Leave a nation leaderless. Kill our enemies. And bring to Earth, through Communism, the greatest peace Man has ever known.

Thank You

## **CHAPTER I**

### **THE HISTORY AND DEFINITION OF PSYCHOPOLITICS**

Although punishment for its own sake may not be entirely without recompense, it is, nevertheless, true that the end and goal of all punishment is the indoctrination of the person being punished with an idea, whether that idea be one of restraint or obedience.

In that any ruler has, from time beyond memory, needed the obedience of his subject in order to accomplish his ends, he has thus resorted to punishment. This is true of every tribe and state in the history of Man. Today, Russian culture has evolved more certain and definite methods of aligning and securing the loyalties of persons and populace, and of enforcing obedience upon them. This modern outgrowth of old practice is called Psychopolitics.

The stupidity and narrowness of nations not blessed with Russian reasoning has caused them to rely upon practices which are, today, too ancient and out-moded for the rapid and heroic pace of our time. And in view of the tremendous advance of Russian Culture in the field of mental technologies, begun with the glorious work of Pavlov and carried forward so ably by later Russians, it would be strange that an art and science would not evolve totally devoted to the aligning of loyalties and extracting the obedience of individuals and multitudes.

Thus we see that psychopolitical procedures are a natural outgrowth of practices as old as Man, practices which are current in every group of men throughout the world. Thus, in psychopolitical procedures there is no ethical problem, since it is obvious and evident that Man is always coerced against his will to the greater good of the State, whether by economic gains or indoctrination into the wishes and desires of the State.

Basically, Man is an animal. He is an animal which has been given a civilized veneer. Man is a collective animal, grouped together for his own protection before the threat of the environment. Those who so group and control him must have in their possession specialized techniques to direct the vagaries and energies of the animal Man toward greater efficiency in the accomplishment of the goals of the State.

Psychopolitics, in one form or another, have long been used in Russia, but the subject is all but unknown outside the borders of our nation, save only where we

have carefully transplanted our information and where it is used for the greater good of the nation.

The definition of Psychopolitics follows.

Psychopolitics is the art and science of asserting and maintaining dominion over the thoughts and loyalties of the individuals, officers, bureaus, and masses, and the effecting of the conquest of the enemy nations through "mental healing."

The subject of Psychopolitics breaks down into several categories, each a natural and logical proceeding from the last. Its first subject is the constitution and anatomy of Man, himself, as a political organism. The next is an examination of Man as an economic organism, as this might be controlled by his desires. The next is a classification of State goals for the individual and masses. The next is an examination of loyalties. The next is the general subject of obedience. The next is the anatomy of the stimulus-response mechanisms of Man. The next is the subjects of shock and endurance. The next is categories of experience. The next is the catalyzing and aligning of experience. The next is the use of drugs. The next is the use of implantation. The next is the general application of Psychopolitics within Russia. The next is the organizations outside Russia, their composition and activity. The next is the creation of slave philosophy in a hostile nation. The next is countering anti-psychopolitical activities abroad, and the final one, the destiny of psychopolitical rule in a scientific age. To this might be added many sub categories, such as the nullification of modern weapons by psychopolitical activity.

The strength and power of Psychopolitics cannot be overestimated, particularly when used in a nation decayed by pseudo-intellectualism, where exploitation of the masses combines readily with psychopolitical actions, and particularly where the greed of Capitalistic or Monarchical regimes has already brought about an overwhelming incidence of neurosis which can be employed as the groundwork for psychopolitical action and psychopolitical corps.

It is part of your mission, student, to prevent psychopolitical activity to the detriment of the Russian State, just as it is your mission to carry forward in our nation and outside it, if you are so assigned, the missions and goals of Psychopolitics. No agent of Russia could be even remotely effective without a thorough grounding in Psychopolitics, and so you carry forward with you a Russian trust to use well what you are learning here.

## **CHAPTER II**

### **THE CONSTITUTION OF MAN AS A POLITICAL ORGANISM**

Man is already a colonial aggregation of cells, and to consider him an individual would be an error. Colonies of cells have gathered together as one organ or another of the body, and then these organs have, themselves, gathered together to form the whole. Thus we see that man, himself, is already a political organism, even if we do not consider a mass of men.

Sickness could be considered to be a disloyalty to the remaining organisms on the part of one organism. This disloyalty, becoming apparent, brings about a revolt of some part of the anatomy against the remaining whole, and thus we have, in effect, an internal revolution. The heart, becoming disaffected, falls away from close membership and service to the remainder of the organism, and we discover the entire body in all of its activities is disrupted because of the revolutionary activity of the heart. The heart is in revolt because it cannot or will not co-operate with the remainder of the body. If we permit the heart thus to revolt, the kidneys, taking the example of the heart, may in their turn rebel and cease to work for the good of the organism. This rebellion, multiplying to the other organs and the glandular system, brings about the death of the "individual." We can see with easy that the revolt is death, that the revolt of any part of the organism results in death. Thus we see that there can be no compromise with rebellion.

Like the "individual" man, the State is a collection of aggregations. The political entities within the State must, all of them, co-operate for the greater good of the State lest the State itself fall asunder and die, for with the disaffection of any single distrust we discover and example set for other districts, and we discover, at length, the entire State falling. This is the danger of revolution.

Look at Earth. We see here one entire organism. The organism of Earth is an individual organism. Earth has as its organs the various races and nations of men. Where one of these is permitted to remain disaffected, Earth itself is threatened with death. The threatened rebellion of one country, no matter now small, against the total organism of Earth, would find Earth sick, and the cultural state of man to

suffer in consequence . Thus, the putrescent illness of Capitalist States, spreading their puss and bacteria into the healthy countries of the world would not do otherwise than bring about the death of Earth, unless these ill organisms are brought into loyalty and obedience and made to function for the greater good of the world-wide State.

The constitution of Man is so composed that the individual cannot function efficiently without the alignment of each and every part and organ of his anatomy. As the average individual is incapable, in an unformed and uncultured state, as witness the barbarians of the jungle, so must he be trained into a co-ordination of his organic functions by exercise, education, and work toward specific goals. We particularly and specifically note that the individual must be directed from without to accomplish his exercise, education, and work. He must be made to realize this, for only then can he be made to function efficiently in the role assigned to him.

The tenets of rugged individualism, personal determinism, self-will, imagination, and personal creativeness are alike in the masses antipathetic to the good of the Greater State. These willful and unaligned forces are no more than illnesses which will bring about the disaffection, disunity, and at length the collapse of the group to which the individual is attached.

The constitution of Man lends itself easily and thoroughly to certain and positive regulation from without of all of its functions, including those of thinking, obedience, and loyalty, and these things must be controlled if a greater State is to ensue.

While it may seem desirable to the surgeon to amputate one or another limb or organ in order to save the remainder, it must be pointed out that this expediency is not entirely possible of accomplishment where one considers entire nations. A body deprived of organs can be observed to be lessened by its effectiveness. The world deprived of the workers now enslaved by the insane and nonsensical idiocies of the Capitalists and Monarchs of Earth, would, if removed, create a certain disability in the world-wide State. Just as we see the victor forced to rehabilitate the population of a conquered country at the end of a war, thus any effort to depopulate a disaffected portion of the world might have some consequence. However, let us consider the inroad of virus and bacteria hostile to the organism, and we see that unless we can conquer the germ, the organ or organism which it is attacking will, itself, suffer.

In any State we have certain individuals who operate in the role of the virus and germ, and these, attacking the population or any group within the population, produce, by their self-willed greed, a sickness in the organ, which then generally spreads to the whole.

The constitution of Man as an individual body, or the constitution of a State or a portion of the State as a political organism are analogous. It is the mission of Psychopolitics first to align the obedience and goals of the group, and then maintain their alignment by the eradication of the effectiveness of the persons and personalities which might swerve the group towards disaffection. In our own nation, where things are better managed and where reason reigns above all else, it is not difficult to eradicate the self-willed bacteria which might attack one of our political entities. But in the field of conquest, in nations less enlightened, where the Russian State does not yet have power, it is not as feasible to remove the entire self-willed individual. Psychopolitics makes it possible to remove that art of his personality which, in itself, is making havoc with the person's own constitution as well as the group with which the person is connected.

If the animal man were permitted to continue undisturbed by counter-revolutionary propaganda, if he were left to work under the well-planned management of the State, we would discover little sickness amongst Man, and we would discover no sickness in the State. But where the individual is troubled by conflicting propoganda, where he is made the effect of revolutionary activities, where he is permitted to think thoughts critical of the State itself, where he is permitted to question of those in whose natural charge he falls, we would discover his constitution to suffer. We would discover, from this disaffection, the additional disaffection of his heart and of other portions of his anatomy;. So certain is this principle that when one finds a sick individual, could one search deeply enough, he would discover a mis-aligned loyalty and an interrupted obedience to that person's group unit.

There are those who foolishly have embarked upon some spiritual Alice-in-Wonderland voyage into what they call the "subconscious" or the "unconscious" mind, and who, under the guise of "psychotherapy" would seek to make well the disaffection of body organs, but it is to be noted that their results are singularly lacking in success. There is no strength in such an approach. When hypnotism was first invented in Russia, it was observed that all that was necessary was to command the unresisting individual to be well in order, many times, to accomplish that fact. The limitation of hypnotism was that many subjects were not susceptible



to its uses, and thus hypnotism has had to be improved upon in order to increase the suggestibility of individuals who would not otherwise be reached. Thus, any nation has had the experience of growing well again, as a whole organism, when placing sufficient force in play against a disaffected group. Just as in hypnotism any organ can be commanded into greater loyalty and obedience, so can any political group be commanded into greater loyalty and obedience should sufficient force be employed. However, force often brings about destruction and it is occasionally not feasible to use broad mass force to accomplish the ends in view. Thus, it is necessary to align the individual against his desire not to conform.

Just as it is a recognized truth that Man must conform to his environment, so it is a recognized truth, and will become more so as the years proceed, that even the body of Man can be commanded into health.

The constitution of Man renders itself peculiarly adapted to re-alignment of loyalties. Where these loyalties are indigestible to the constitution of the individual itself, such as loyalties to the 'petit bourgeoisie,' the Capitalist, to anti-Russian ideas, we find the individual body peculiarly susceptible to sickness, and thus we can clearly understand the epidemics, illnesses, mass-neuroses, tumults and confusions of the United States and other capitalist countries. Here we find the worker improperly and incorrectly loyal, and thus we find the worker ill. To save him and establish him correctly and properly upon his goal toward a greater State, it is an overpowering necessity to make it possible for him to grant his loyalties in a correct direction. In that his loyalties are swerved and his obedience cravenly demanded by persons antipathetic to his general good, and in that these persons are few, even in a Capitalist nation, the goal and direction of Psychopolitics is clearly understood. To benefit the worker in such a plight, it is necessary to eradicate, by general propaganda, by other means, and by his own co-operation, and self-willedness of perverted leaders. It is necessary, as well, to indoctrinate the educated strata into the tenets and principles of co-operation with the environment, and thus to insure the worker less warped leadership, less craven doctrine, and more co-operation with the ideas and ideals of the Communist State.

The technologies of Psychopolitics are directed to this end.

### **CHAPTER III** **MAN AS AN ECONOMIC ORGANISM**

Man is subject to certain desires and needs which are as natural to his being as they are to that of any other animal. Man, however, has the peculiarity of exaggerating some of these beyond the bounds of reason. This is obvious through the growth of leisure classes, pseudo-intellectual groups, the "petit bourgeoisie," Capitalism, and other ills.

It has been said, with truth, that one tenth of a man's life is concerned with politics and nine-tenths with economics. Without food, the individual dies. Without clothing, he freezes. Without houses and weapons, he is prey to the starving wolves. The acquisition of sufficient items to answer these necessities of food, clothing and shelter, in reason, is the natural right of a member of an enlightened State. An excess of such items brings about unrest and disquiet. The presence of luxury items and materials, and the artificial creation and whetting of appetites, as in Capitalist advertising, are certain to accentuate the less-desirable characteristics of Man.

The individual is an economic organism, in that he requires a certain amount of food, a certain amount of water, and must hold within himself a certain amount of heat in order to live. When he has more food than he can eat, more clothing than he needs to protect him, he then enters upon a certain idleness which dulls his wits and awareness, and makes him prey to difficulties which, in a less toxic state, he would have foreseen and avoided. Thus, we have a glut of being a menace to the individual.

It is no less different in a group. Where the group acquires too much, its awareness of its own fellows and of the environment is accordingly reduced, and the effectiveness the group in general is lost.

The maintaining of a balance between gluttony and need is the province of Economics proper, and is the fit subject and concern of the Communist State.

Desire and want are a state of mind. Individuals can be educated into desiring and wanting more than they can ever possibly obtain, and such individuals are unhappy. Most of the self-willed characteristics of the Capitalists come entirely from greed. He exploits the worker far beyond any necessity on his own part, as a Capitalist, to need.

In a nation where economic balances are not controlled, the appetite of the

individual is unduly whetted by enchanting and fanciful persuasions to desire, and a type of insanity ensues, where each individual is persuaded to possess more than he can use, and to possess it even at the expense of his fellows.

There is, in economic balances, the other side. Too great and too long privation can bring about unhealthy desires, which, in themselves, accumulate in left action, more than the individual can use. Poverty, itself, as carefully cultivated in Capitalist States, can bring about an imbalance of acquisition. Just as a vacuum will pull into it masses, in a country where enforced privation upon the masses is permitted, and where desire is artificially whetted, need turns to greed, and one easily discovers in such states exploitation of the many for the benefit of the few.

If one, by the technologies of Psychopolitics, were to dull the excessive greed in the few who possess it, the worker would be freed to seek a more natural balance.

Here we have two extremes. Either one of them are an insanity. If we wish to create an insanity we need only glut or deprive an individual at long length beyond the ability to withstand and we have a mental imbalance. A simple example of this is the alternation of too low with too high pressures in a chamber, an excellent psychopolitical procedure. The rapidly varied pressure brings about a chaos wherein the individual will cannot act and where other wills then, perforce, assume control.

Essentially, in an entire country, one must remove the greedy by whatever means and must then create and continue a semi-privation in the masses in order to command and utterly control the nation.

A continuous hope for prosperity must be indoctrinated into the masses with many dreams and visions of glut of commodity and this hope must be counter-played against the actuality of privation and the continuous threat of loss of all economic factors in case of disloyalty to the State in order to suppress the individual wills of the masses.

In a nation under conquest, such as America, our slow and stealthy approach need take advantage only of the cycles of booms and depressions inherent in Capitalistic nations in order to assert of more and more strong control over individual wills. A boom is as advantageous as a depression for our ends, for during prosperity our propaganda lines must only continue to point up the wealth the period is delivering to the selected few to divorce their control of the State. During a depression one must only point out that it ensued as a result of the avarice of a few and the general political incompetence of the national leaders.

The handling of economic propaganda is not properly the sphere of psychopolitics but the psychopolitician must understand the economic measures and Communist goals connected with them.

The masses must at last come to believe that only excessive taxation of the rich can deliver them of the "burdensome leisure class" and can thus be brought to accept such a thing as income tax, a Marxist principle smoothly slid into Capitalistic framework in 1909-1913 in the United States. This, even though the basic law of the United States forbade it and even though Communism at that time had been active only a few years in America. Such success as the Income Tax law, had it been followed thoroughly could have brought the United States and not Russia into the world scene as the first Communist nation. But the virility and good sense of the Russian peoples won. It may not be that the United States will become entirely Communist until past the middle of the century, but when it does it will be because of our superior understanding of economics and of psychopolitics.

The Communist agent skilled in economics has as his task the suborning of tax agencies and their personnel to create the maximum disturbances and chaos and the passing of laws adapted to our purposes and to him we must leave this task. The psychopolitical operator plays a distinctly different role in this drama.

The rich, the skilled in finance, the well informed in government are particular and individual targets for the psychopolitician. His is the role of taking off the board those individuals who would halt or corrupt Communist economic programs. Thus every rich man, every statesman, every person well informed and capable in government, must have brought to his side as a trusted confidant, a psychopolitical operator.

The families of these persons are often deranged from idleness and glut and this fact must be played upon, even created. The normal health and wildness of a rich man's son must be twisted and perverted and explained into neurosis and then, assisted by a timely administration of drugs or violence, turned into criminality or insanity. This brings at once someone in "mental healing" into confidential contact with the family and from this point on the very most must then be made of that contact.

Communism could best succeed if at the side of every rich or influential man there could be placed a psychopolitical operator, an undoubted authority in the field of "mental healing" who could then by his advice or through the medium of a wife or daughter by his guided options direct the optimum policy to embroil or upset the economic policies of the country and, when the time comes to do away forever with the rich or influential man, to administer the proper drug or treatment to bring about his complete demise in an institution as a patient or dead, as a suicide.

Planted beside a country's powerful persons the psychopolitical operator can also guide other policies to the betterment of our battle.

The Capitalist does not know the definition of war. He things of war as attack with force performed by soldiers and machines. He does not know that a more effective if somewhat longer war can be fought with bread or, in our case, with drugs and the wisdom of our art. The Capitalist has never won a war in truth. The psychopolitician is having little trouble winning this one.

#### **CHAPTER IV STATE GOALS FOR THE INDIVIDUAL AND MASSES**

Just as we would discover an individual to be ill, whose organs, each one, had a different goal from the rest, so we discover the individuals and the State to be ill where goals are not rigorously codified and enforced.

There are those who, in less enlightened times, gave Man to believe that goals should be personally sought and held, and that, indeed, Man's entire impulse toward higher things stemmed from Freedom. We must remember that the same peoples who embraced this philosophy also continued in Man the myth of spiritual existence.

All goals proceed from duress. Life is a continuous escape. Without force and threat, there can be no striving. Without pain, there can be no desire to escape from pain. Without the threat of punishment, there can be no gain. Without duress and command, there can be no alignment of bodily functions. Without rigorous and forthright control, there can be no accomplished goals for the State.

Goals of the State should be formulated by the State for the obedience and concurrence of the individuals within that State. A State without goals so formulated is a sick State. A State without the power and forthright wish to enforce its goals is a sick State.

When an order is issued by the Communist State, and is not obeyed, a sickness will be discovered to ensue. Where obedience fails, the masses suffer.

State goals depend upon loyalty and obedience for their accomplishment. When one discovers a State goal to be interpreted, one discovers inevitably that there has been an interposition of self-willedness, of greed, of idleness, or of rugged individualism and self-centered initiative. The interruption of a State goal will be discovered as having been interrupted by a person whose disloyalty and disobedience is the direct result of his own mis-alignment with life.

It is not always necessary to remove the individual. It is possible to remove his self-willed tendencies to the improvement of the goals and gains of the whole. The technologies of Psychopolitics are graduated upon the scale which starts somewhat above the removal of the individual himself, upward toward the removal only of those tendencies which bring about his lack of co-operation.

It is not enough for the State to have goals. These goals, once put forward, depend upon their completion, upon the loyalty and obedience of the workers. These, engaged for the most part, in hard labors, have little time for idle speculation, which is good. But, above them, unfortunately, there must be foremen of one or another position, and one of whom might have sufficient idleness and lack of physical occupation to cause some disaffecting independency in his conduct and behaviour.

Psychopolitics remedies this tendency toward disaffection when it exceeds the common persuasions of the immediate superiors of the person in question.

#### **CHAPTER V AN EXAMINATION OF LOYALTIES**

If loyalty is so important in the economic and social structure, it is necessary to examine it further as itself.

In the field of Psychopolitics, loyalty means simply 'alignment.' It means, more fully,

alignment with the goals of the Communist State. Disloyalty means entirely mis-alignment, and more broadly, mis-alignment with the goals of the Communist State.

When we consider that the goals of the Communist State are to the best possible benefit of the masses, we can see that disloyalty, as a term, can embrace Democratic alignment. Loyalty to persons not communistically indoctrinated would be quite plainly a mis-alignment.

The cure of disloyalty is entirely contained in the principles of alignment. All that is necessary to do, where disloyalty is encountered, is to align the purposes of the individual toward the goals of Communism, and it will be discovered that a great many circumstances hitherto distasteful in his existence will cease to exist.

A heart, or a kidney in rebellion against the remainder of the organism is being disloyal to the remainder of the organism. To cure the heart or kidney it is actually only necessary to bring its activities into alignment with the remainder of the body.

The technologies of Psychopolitics adequately demonstrate the workability of this. Mild shock of the electric variety can, and does, produce the re-cooperation of a rebellious body organ. It is the shock and punishment of surgery which, in the main, accomplishes the re-alignment of a disaffected portion of the body, rather than the surgery itself. It is the bombardment of X-Rays, rather than the therapeutic value of X-Rays which causes some disaffected organ to once again turn its attention to the support of the general organism.

While it is not borne out that electric shock has any therapeutic value, so far as making the individual more sane, it is adequately brought out that its punishment value will create in the patient a greater co-operative attitude. Brain surgery has no statistical data to recommend it beyond its removal of the individual personality from amongst the paths of organs which were not permitted to co-operate. These two Russian developments have never pretended to alter the state of sanity. They are only effective and workable in introducing an adequate punishment mechanism to the personality to make it cease and desist from its courses and egotistical direction of the anatomy itself. It is the violence of the electric shock and the surgery which is useful in subduing the recalcitrant personality, which is all that stands in the road of the masses or the State. It is occasionally to be discovered that the removal of the preventing personality by shock and surgery then permits the regrowth and re-establishment of organs which have been rebelled against by that personality. In what a well-regulated state is composed of organisms, not personalities, the use of electric shock and brain surgery in Psychopolitics is clearly demonstrated.

The changing of loyalty consists, in its primary step, of the eradication of existing loyalties. This can be done in one of two ways. First, by demonstrating that previously existing loyalties have brought about perilous physical circumstances, such as imprisonment, lack of recognition, duress, or privation, and second by eradicating the personality itself.

The first is accomplished by a steady and continuous indoctrination of the individual in the belief that his previous loyalties have been granted to an unworthy source. One of the primary instances in this is creating circumstances which apparently derive from the target of his loyalties, so as to rebuff the individual. As part of this there is the creation of a state of mind in the individual, by actually placing him under duress, and then furnishing him with false evidence to demonstrate that the target of his previous loyalties is, itself, the cause of the duress. Another portion of this same method consists of defaming or degrading the individual whose loyalties are to be changed to the target of his loyalties, i.e., superiors or government, to such a degree that this target, at length, actually does hold the individual in disrepute, and so does rebuff him and serve to convince him that his loyalties have been misplaced. These are the milder methods, but have proven extremely effective. The greatest drawback in their practice is that they require time and concentration, the manufacture of false evidence, and a psychopolitical operator's time.

In moments of expediency, of which there are many, the personality itself can be rearranged by shock, surgery, duress, privation, and in particular, that best of psychopolitical techniques, implantation, with the technologies of neo-hypnotism. Such duress must have in its first part a defamation of the loyalties, and in its second, the implantation of new loyalties. A good and experienced psychopolitical operator, working under the most favorable circumstances, can, by the use of psychopolitical technologies, alter the loyalties of an individual so deftly that his own companions will not suspect that they have changed. This, however, requires considerably more finesse than is usually necessary to the situation. Mass neo-hypnotism can accomplish more or less the same results when guided by an experienced psychopolitical operator. An end goal in such a procedure would be the alteration of the loyalties of an entire nation in a short period of time by mass neo-hypnotism, a thing which has been effectively accomplished among the less-usable

states of Russia.

It is adequately demonstrated that loyalty is entirely lacking in that mythical commodity known as 'spiritual quality.' Loyalty is entirely a thing of dependence, economic or mental, and can be changed by the crudest implementations. Observation of workers in their factories or fields demonstrates that they easily grant loyalty to a foreman or a woman, and then as easily abandon it and substitute another individual, revolting, at the same time, toward the person to whom loyalty was primarily granted. The queasy insecurity of the masses in Capitalistic nations finds this more common than in an enlightened State, such as Russia. In Capitalistic states, dependencies are so craven, wants and privations are so exaggerated, that loyalty is entirely without ethical foundation and exists only in the realm of dependency, duress, or demand.

It is fortunate that Communism so truly approaches an ideal state of mind, for this brings a certain easiness into any changing loyalties, since all other philosophies extant and practiced on Earth today are degraded and debased, compared to Communism. It is then with a certain security that a psychopolitical operator functions, for he knows that he can change the loyalty of an individual to a more ideal level by reason alone, and only expediency makes it necessary to employ the various shifts of psychopolitical technology. Any man who cannot be persuaded into Communist rationale is, of course, to be regarded as somewhat less than sane, and it is, therefore completely justified to use the techniques of insanity upon the non-Communist.

In order to change loyalty it is necessary to establish first the existing loyalties of the individual. The task is made very simple in view of the fact that Capitalistic and Fascistic nations have no great security in the loyalty of their subjects. And it may be found that the loyalties of the subjects, as we call any person against whom psychopolitical technology is to be exerted, are already too faint to require eradication. It is generally only necessary to persuade with the rationale and overwhelming reasonability of Communism to have the person grant his loyalty to the Russian State. However, regulated only by the importance of the subject, no great amount of time should be expended upon the individual, but emotional duress, or electric shock, or brain surgery should be resorted to, should Communist propaganda persuasion fail. In a case of a very important person, it may be necessary to utilize the more delicate technologies of Psychopolitics so as to place the person himself, and his associates, in ignorance of the operation. In this case a simple implantation is used, with a maximum duress and command value. Only the most skilled psychopolitical operator should be employed on such a project, as in this case of the very important person, for a bungling might disclose the tampering with his mental processes. It is much more highly recommended, if there is any doubt whatever about the success of an operation against an important person, to select out as a psychopolitical target persons in his vicinity in whom he is emotionally involved. His wife or children normally furnish the best targets, and these can be operated against without restraint. In securing the loyalty of a very important person one must place at his side a constant pleader who enters a sexual or familial chord into the situation on the side of Communism. It may not be necessary to make a Communist out of the wife, or the children, or one of the children, but it might prove efficacious to do so. In most instances, however, this is not possible. By the use of various drugs, it is, in this modern age, and well within the realm of psychopolitical reality, entirely too easy to bring about a state of severe neurosis or insanity in the wife or children, and thus pass them, with full consent of the important person, and the government in which he exists, or the bureau in which he is operating, into the hands of a psychopolitical operator, who then in his own laboratory, without restraint or fear of investigation or censor, can, with electric shock, surgery, sexual attack, drugs, or other useful means, degrade or entirely alter the personality of a family member, and create in that person a psychopolitical slave subject who, then, on command or signal, will perform outrageous actions, thus discrediting the important person, or will demand, on a more delicate level, that certain measures be taken by the important person, which measures are, of course, dictated by the psychopolitical operator.

Usually when the party has no real interest in the activities or decisions of the important person, but merely wishes to remove him from effective action, the attention of the psychopolitical operator need not to be so intense, and the person need only be passed into the hands of some unwitting mental practitioner, who taught as he is by psychopolitical operators, will bring about sufficient embarrassment.

When the loyalty of an individual cannot be swerved, and where the opinion, weight, or effectiveness of the individual stands firmly in the road of Communist goals, it is usually best to occasion a mild neurosis in the person by any available means, and then, having carefully given him a history of mental imbalance, to see to it that he disposes of himself by suicide, or by bringing about his demise in such a way as to resemble suicide. Psychopolitical operators have handled such situations skillfully

tens of thousands of times, within and without Russia.

It is a firm principle of Psychopolitics that the person to be destroyed must be involved at first or second hand in the stigma of insanity, and must have been placed in contact with psychopolitical operators or persons trained by them, with a maximum amount of tumult and publicity. The stigma of insanity is properly placed at the door of such persons' reputations and is held there firmly by bringing about irrational acts, either on his own part or in his vicinity. Such an activity can be classified as a partial destruction of alignment, and if this destruction is carried forward to its furthest extent the mis-alignment on the subject of all loyalties can be considered to be complete, and alignment on new loyalties can be embarked upon safely. By bringing about insanity or suicide on the part of the wife of an important political personage, a sufficient mis-alignment has been instigated to change his attitude. And this, carried forward firmly, or assisted by psychopolitical implantation can begin the rebuilding of his loyalties, but now slanted in a more proper and fitting direction.

Another reason for the alignment of psychopolitical activities with the mis-alignment of insanity in that insanity, itself, is a despised and disgraced state, and anything connected with it is lightly viewed. Thus, a psychopolitical operator, working in the vicinity of an insane person, can refute and disprove any accusations made against him by demonstrating that the family itself is tainted with mental imbalance. This is surprisingly effective in Capitalistic countries where insanity is so thoroughly feared that no one would dream of investigating any circumstances in its vicinity. Psychopolitical propaganda works constantly and must work constantly to increase and build up this aura of mystery surrounding insanity, and must emphasize the horribleness of insanity in order to excuse non-therapeutic actions taken against the insane. Particularly in Capitalistic countries, an insane person has no rights under law. No person who is insane may hold property. No person who is insane may testify. Thus, we have an excellent road along which we can travel toward our certain goal and destiny.

Entirely by bringing about public conviction that the sanity of a person is in question, it is possible to discount and eradicate all of the goals and activities of that person. By demonstrating the insanity of a group, or even a government, it is possible, then, to cause its people to disavow it. By magnifying the general human reaction to insanity, through keeping the subject of insanity, itself, forever before the public eye, and then, by utilizing this reaction by causing a revulsion on the part of a populace against its leaders or leaders, it is possible to stop any government or movement.

It is important to know that the entire subject of loyalty is thus as easily handled as it is. One of the first and foremost missions of the psychopolitician is to make an attack upon Communism and insanity synonymous. It should become the definition of insanity, of the paranoid variety, that "A paranoid believes he is being attacked by Communists." Thus, at once the support of the individual so attacking Communism will fall away and wither.

Instead of executing national leaders, suicide for them should be arranged under circumstances which question their demise. In this way we can select out all opposition to the Communist extension into the social orders of the world, and render populace who would oppose us leaderless, and bring about a state of chaos or mis-alignment into which we can thrust, with great simplicity, the clear and forceful doctrines of Communism.

The cleverness of our attack in this field of Psychopolitics is adequate to avoid the understanding of the layman and the usual stupid official, and by operating entirely under the banner of authority, with the oft-repeated statement that the principles of psychotherapy are too devious for common understanding, an entire revolution can be effected without the suspicion of a populace until it is an accomplished fact.

As insanity is the maximum mis-alignment, it can be grasped to be the maximum weapon in severance of loyalties to leaders and old social orders. Thus, it is of the utmost importance that psychopolitical operative infiltrate the healing arts of a nation marked for conquest, and bring that quarter continuous pressure against the population and the government until at last the conquest is affected. This is the subject and goal of Psychopolitics, itself.

In rearranging loyalties we must have a command of their values. In the animal the first loyalty is to himself. This is destroyed by demonstrating errors to him, showing him that he does not remember, cannot act or does not trust himself. The second loyalty is to his family unit, his parents and brothers and sisters. This is destroyed by making a family unit economically non-dependent, by lessening the value of marriage, by making an easiness of divorce and by raising the children whenever possible by the State. The next loyalty is to his friends and local environment. This is destroyed by lowering his trust and bringing about reportings upon him allegedly

by his fellows or the town or village authorities. The next is to the State and this, for the purposes of Communism, is the only loyalty which should exist once the state is founded as a Communist State. To destroy loyalty to the State all manner of forbidding for youth must be put into effect so as to disenfranchise them as members of the Capitalist state and, by promises of a better lot under Communism, to gain their loyalty to a Communist movement.

Denying a Capitalist country easy access to courts, bringing about and supporting propaganda to destroy the home, creating and continuous juvenile delinquency, forcing upon the state all manner of practices to divorce the child from it will in the end create chaos necessary to Communism.

Under the saccharine guise of assistance to them, rigorous child labor laws are the best means to deny the child any right in society. By refusing to let him earn, by forcing him into unwanted dependence upon a grudging parent, by making certain in other channels that the parent is never in other than economic stress, the child can be driven in his teens into revolt. Delinquency will ensue.

By making readily available drugs of various kinds, by giving the teen-ager alcohol, by praising his wildness, by stimulating him with sex literature and advertising to him or her practices as taught at the Sexpol, the psychopolitical operator can create the necessary attitude of chaos, idleness and worthlessness into which can then be cast the solution which will give the teen ager complete freedom everywhere -- Communism.

Should it be possible to continue conscription beyond any reasonable time by promoting unpopular wars and other means, the draft can always stand as a further barrier to the progress of youth in life, destroying any immediate hope to participate in his nation's civil life.

By these means the patriotism of youth for their Capitalistic flag can be dulled to a point where they are no longer dangerous as soldiers. While this might require many decades to effect, Capitalisms short term view will never envision the lengths across which we can plan.

If we could effectively kill the national pride and patriotism of just one generation, we will have won that country. Therefore, there must be continual propoganda abroad to undermine the loyalty of the citizens in general and the teen-ager in particular.

The role of the psychopolitical operator in this is very strong. He can, from his position as an authority on the mind, advise all manner of destructive measures. He can teach the lack of control of this child at home. He can instruct, in an optimum situation, the entire nation in how to handle children -- and instruct them so that the children, given no control, given no real home, can run wildly about with no responsibility for their nation or themselves.

The mis-alignment of the loyalty of youth to a Capitalistic nation sets the proper stage for a realignment of their loyalties toward Communism. Creating a greed for drugs, sexual misbehavior and uncontrolled freedom and presenting this to them as a benefit of Communism, will with ease, bring about our alignment.

In the case of strong leaders amongst youthful groups, a psychopolitical operator can work in many ways to use or discard that leadership. If it is to be used, the character of a girl or boy must be altered carefully into criminal channels and a control by blackmail, or other means, must be maintained. But where the leadership is not susceptible, where it resists all persuasions and might become dangerous to our Cause, no pains must be spared to direct the attention of the authorities to that person and to harass him in one way or another until he can come into the hands of the juvenile authorities. When this has been effected, it can be hoped that a psychopolitical operator, by reason of child advisor status, can, in the security of the jail and cloaked by processes of law, destroy the sanity of that person. Particularly brilliant scholars, athletes and youth group leaders must be handled in either one of these two ways.

In the matter of guiding the activities of juvenile courts, the psychopolitical operator entertains here one of his easier tasks. A Capitalistic nation is so filled with injustice in general that a little more passes without comment. In juvenile courts there are always persons with strange appetites whether these be judges or police man or women. If such do not exist, they can be created. By making available to them young girls or boys in the "security" of the jail or the detention home and by appearing with flash cameras or witnesses one becomes equiped with a whip adequate to direct all the future decisions of that person when these are needed.

The handling of youth cases by courts should be led further and further away from law and further and further into "mental problems" until the entire nation thinks of "mental problems" instead of criminals. This places vacancies everywhere in the

courts, in the offices of district attorneys, or police staffs which could then be filled with psychopolitical operators and these become the judges of the land by their influence and into their hands comes the total control of the criminal, without whose help a revolution cannot ever be accomplished.

By stressing this authority over the problems of youth and adults in courts one day the demand for psychopolitical operators could become such that even the armed services will use "authorities on the mind" to work their various justices and when this occurs, the armed forces of the nation then enter into our hands as solidly as if we commanded them ourselves. With the slight bonus of having thus a skilled interrogator near every technician or handler of secret war apparatus, the country, in even of revolution, as did Germany in 1918 and 1919 will find itself immobilized by its own Army and Navy fully and entirely in Communist hands.

Thus the subject of loyalties and their re-alignment is in fact the subject of non-armed conquest of an enemy.

## **CHAPTER VI**

### **THE GENERAL SUBJECT OF OBEDIENCE**

Obedience is the result of force.

Everywhere we look in the history of the Earth we discover that obedience to new rulers has come about entirely through the demonstration on the part of those rulers of greater force than was to be discovered in the old ruler. A population overridden, conquered by war, is obedient to its conqueror. It is obedient to its conqueror because its conqueror has exhibited more force.

Concurrent with force is brutality, for there are human considerations involved which also represent force. The most barbaric, unrestrained, brutal use of force, if carried far enough, invokes obedience. Savage force, sufficiently long displayed toward any individual, will bring about his concurrence with any principle or order.

Force is the antithesis of humanizing actions. It is so synonymous in the human mind with savageness, lawlessness, brutality, and barbarism, that it is only necessary to display an inhuman attitude toward people, to be granted by those people the possession of force.

Any organization which has the spirit and courage to display inhumanity, savageness, brutality, and an uncompromising lack of humanity, will be obeyed. Such a use of force is, itself, the essential ingredient of greatness. We have on hand no less an example to our great Communist Leaders, who, in moments of duress and trial, when faced by Czarist rule, continued over the heads of an enslaved populace, yet displayed sufficient courage never to stay their hands in the execution of the conversion of the Russian State to Communist rule.

If you would have obedience you must have no compromise with humanity. If you would have obedience you must make it clearly understood that you have no mercy. Man is an animal. He understands, in the final analysis, only those things which a brute understands.

As an example of this, we find an individual refusing to obey and being struck. His refusal to obey is now less vociferous. He is struck again, and his resistance is lessened once more. He is hammered and pounded again and again, until, at length, his only thought is direct and implicit obedience to that person from whom the force has emanated. This is a proven principle. It is proven because it is the main principle of Man, the animal, has used since his earliest beginnings. It is the only principle which has been effective, the only principle which has brought about a wide and continued belief. For it is to our benefit that an individual who is struck again, and again, and again from a certain source, will, at length, hypnotically believe anything he is told by the source of the blows.

The stupidity of Western civilizations is best demonstrated by the fact that they believe hypnotism is a thing of the mind, of attention, and a desire for unconsciousness. This is not true. Only when a person has been beaten, punished, and mercilessly hammered, can hypnotism upon him be guaranteed in its effectiveness. It is stated by Western authorities on hypnosis that only some twenty percent of the people are susceptible to hypnotism. This statement is very untrue. Given enough punishment, all of the people in any time and place are susceptible to hypnotism. In other words, by adding force, hypnotism is made uniformly effective. Where unconsciousness could not be induced by simple concentration upon the hypnotist, unconsciousness can be induced by drugs, by blows, by electric shock, and by other means. And where unconsciousness cannot be induced so as to make an implantation or an hypnotic command effective, it is only necessary to amputate the



functioning portions of the animal man's brain to render him null and void and no longer a menace. Thus, we find that hypnotism is entirely effective.

The mechanisms of hypnotism demonstrate clearly that people can be made to believe in certain conditions, and even in their environments or in politics, by the administration of force. Thus, it is necessary for a psychopolitician to be an expert in the administration of forces. Thus, he can bring about implicit obedience, not only on the part of individual members of the populace, but on the entire populace itself and its government. He need only take unto himself a sufficiently savage role, a sufficiently uncompromising inhuman attitude, and he will be obeyed and believed.

The subject of hypnotism is a subject of belief. What can people be made to believe? They can be made to believe anything which is administered to them with sufficient brutality and force. The obedience of a populace is as good as they will believe.

Despicable religions, such as Christianity, knew this. They knew that if enough faith could be brought into being a populace could be enslaved by the Christian mockeries of humanity and mercy, and thus could be disarmed. But one need not count upon this act of faith to bring about a broad belief. One must only exhibit enough force, enough inhumanity, enough brutality and savageness to create implicit belief and therefore and thereby implicit obedience. As Communism is a matter of belief, its study is a study of force.

The earliest Russian psychiatrists, pioneering this science of psychiatry, understood thoroughly that hypnosis is induced by acute fear. They discovered it could also be induced by shock of an emotional nature, and also by extreme privation, as well as by blows and drugs.

In order to induce a high state of hypnosis in an individual, a group, or a population, an element of terror must always be present on the part of those who would govern. The psychiatrist is aptly suited to this role, for his brutalities are committed in the name of science and are inexplicably complex, and entirely out of the view of the human understanding. A sufficient popular terror of the psychiatrist will, in itself, bring about insanity on the part of many individuals. A psychopolitical operative, then, can, entirely cloaked with authority, commence and continue a campaign of propaganda, describing various "treatments" which are administered to the insane. He can, in all of his literature and his books, list large numbers of pretended cures by these means. But these "cures" need not actually produce any recovery from a state of disturbance. As long as the psychopolitical operative or his dupes are the only authorities as to the difference between sanity and insanity, their word as to the therapeutic value of such treatment will be the final word. No layman would dare adventure to place judgement upon the state of sanity of an individual who the psychiatrist has already declared insane. The individual, himself, is unable to complain, and his family, as will be covered later, is already discredited by the occurrence of insanity in their midst. There must be no other adjudicators of insanity, otherwise it could be disclosed that the brutalities practiced in the name of treatment are not therapeutic.

A psychopolitical operative has no interest in "therapeutic means" or "cures." The greater number of insane in the country where he is operating, the larger number of the populace will come under his view, and the greater will become his facilities. Because the problem is apparently mounting into uncontrollable heights, he can more and more operate in an atmosphere of emergency, which again excuses his use of such treatments as electric shock, the pre-frontal lobotomy, trans-orbital leucotomy, and other operations long-since practiced in Russia on political prisoners.

It is to the interest of the psychopolitical operative that the possibility of curing the insane be outlawed and ruled out at all times. For the sake of obedience on the part of the population and their general reaction, a level of brutality must, at all costs, be maintained. Only in this way can the absolute judgement of the psychopolitical operative as to the sanity or insanity of public figures be maintained in complete belief. Using sufficient brutality upon their patients, the public at large will come to believe utterly anything they say about their patients. Furthermore, and much more important, the field of the mind must be sufficiently dominated by the psychopolitical operative, so that whatever tenets of the mind are taught they will be hypnotically believed. The psychopolitical operative, having under his control all psychology classes in an area, can thus bring about a complete reformation of the future leaders of a country in their educational processes, and so prepare them for Communism.

To be obeyed, once must be believed. If one is sufficiently believed, one will unquestioningly be obeyed.

When he is fortunate enough to obtain into his hands anyone near to a political or important figure, this factor of obedience becomes very important. A certain amount

of fear or terror must be engendered in the person under treatment so that this person will then take immediate orders, completely and unquestioningly, from the psychopolitical operative, and so be able to influence the actions of that person who is to be reached.

Bringing about this state of mind on the part of a population and its leaders -- that a psychopolitical operative must, at all times, be believed -- could eventually be attended by very good fortune. It is not too much to hope that psychopolitical operatives would then, in a country such as the United States, become the very intimate advisors to political figures, even to the point of advising the entirety of a political party as to its actions in an election.

The long view is the important view. Belief is engendered by a certain amount of fear and terror from an authoritative level, and this will be followed by obedience.

The general propaganda which would best serve Psychopolitics would be a continual insistence that certain authoritative levels of healing, deemed this or that the correct treatment of insanity. These treatments must always include a certain amount of brutality. Propaganda should continue and stress the rising incidence of insanity in a country. The entire field of human behaviour, for the benefit of the country, can, at length, be broadened into abnormal behaviour. Thus, anyone indulging in any eccentricity, particularly the eccentricity of combatting psychopolitics, could be silenced by the authoritative opinion on the part of a psychopolitical operative that he is acting in an abnormal fashion. This, with some good fortune, could bring the person into the hands of the psychopolitical operative so as to forever more disable him, or to swerve his loyalties by pain-drug hypnotism.

On the subject of obedience itself, the most optimum obedience is unthinking obedience. The command given must be obeyed without any rationalizing on the part of the subject. The command must, therefore, be implanted below the thinking process of the subject to be influenced, and must react upon him in such a way as to bring no mental alertness on his part.

It is in the interest of Psychopolitics that a population be told that an hypnotized person will not do anything against his actual will, will not commit immoral acts, and will not act so as to endanger himself. While this may be true of light, parlour hypnotism, it certainly is not true of commands implanted with the use of electric shock, drugs, or heavy punishment. It is counted upon completely that this will be discredited to the general public by psychopolitical operatives, for if it were to be generally known that individuals would obey commands harmful to themselves, and would commit immoral acts while under the influence of deep hypnotic commands, the actions of many people, working unknowingly in favor of Communism, would be too-well understood. People acting under deep hypnotic commands should be acting apparently of their own volition and out of their own convictions.

The entire subject of psychopolitical hypnosis, Psychopolitics in general, depends for its defense upon continual protest from authoritative sources that such things are not possible. And, should anyone unmask a psychopolitical operative, he should at once declare the whole thing a physical impossibility, and use his authoritative position to discount any accusation. Should any writings of Psychopolitics come to view, it is only necessary to brand them a hoax and laugh them out of countenance. Thus, psychopolitical activities are easy to defend.

When psychopolitical activities have reached a certain peak, from there on it is almost impossible to undo them, for the population is already under the duress of obedience to the psychopolitical operatives and their dupes. The ingredient of obedience is important, for the complete belief in the psychopolitical operative renders this statement cancelling any challenge about psychopolitical operations irrefutable. The optimum circumstances would be to occupy every position which would be consulted by officials on any question or suspicion arising on the subject of Psychopolitics. Thus, a psychiatric advisor should be placed near at hand in every government operation. As all suspicions would then be referred to him, no action would ever be taken, and the goal of Communism could be realized in that nation.

Psychopolitics depends, from the viewpoint of the layman, upon its fantastic aspects. These are its best defense, but above all these defenses is implicit obedience on the part of officials and the general public, because of the character of the psychopolitical operative in the field of healing.

## CHAPTER VII ANATOMY OF STIMULUS-RESPONSE MECHANISMS OF MAN

Man is a stimulus-response animal. His entire reasoning capabilities, even his ethics

and morals, depends upon stimulus-response machinery. This has long been demonstrated by such Russians as Pavlov, and the principles have long been used in handling the recalcitrant, in training children, and in bringing about a state of optimum behaviour on the part of a population.

Having no independent will of his own, Man is easily handled by stimulus-response mechanisms. It is only necessary to install a stimulus into the mental anatomy of Man to have that stimulus reactivate and respond any time an exterior command source calls it into being.

The mechanisms of stimulus-response are easily understood. The body takes pictures of every action in the environment around the individual. When the environment includes brutality, terror, shock, and other such activities, the mental image picture gained, contains in itself all the ingredients of the environment. If the individual, himself, was injured during the moment, the injury, itself, will re manifest when called upon to respond by an exterior command source.

As an example of this, if an individual is beaten, and is told during the entirety of the beating that he must obey certain officials, he will, in the future, feel the beginnings of the pain the moment he begins to disobey. The installed pain, itself, reacts as a policeman, for the experience of the individual demonstrates to him that he cannot combat, and will receive pain from, certain officials.

The mind can become very complex in its stimulus responses. As easily demonstrated in hypnotism, an entire chain of commands, having to do with a great many complex actions, can be beaten, shocked, or terrorized into a mind, and will there lie dormant until called into view by some similarity in the circumstances of the environment to the incident of punishment.

The stimulus we call the "incident of punishment" where the response mechanism need only contain small part of the stimulus to call into view the mental image picture, and cause it to exert against the body, the pain sequence. So long as the individual obeys the picture, or follows the commands of the stimulus implantation he is free from pain.

The behaviour of children is regulated in this fashion in every civilized country. The father, finding himself unable to bring about immediate obedience and training on the part of his child, resorts to physical violence, and after administering punishment of a physical nature to the child on several occasions, is gratified to experience complete obedience on the part of the child each time the father speaks. In that parents are wont to be lenient with their children, they seldom administer sufficient punishment to bring about entirely optimum obedience. The ability of the organism to withstand punishment is very great. Complete and implicit response can be gained only by stimuli sufficiently brutal to actually injure the organism. The Kossack method of breaking wild horses is a useful example. The horse will not restrain itself or take any of its rider's commands. The rider, wishing to break it, mounts, and takes a flask of strong Vodka, and smashes it between the horse's ears. The horse, struck to its knees, its eyes filled with alcohol, mistaking the dampness for blood, instantly and thereafter gives its attention to the rider and never needs further breaking. Difficulty in breaking horses is only occasioned when light punishments are administered. There is some mawkish sentimentality about "breaking the spirit," but what is desired here is an obedient horse, and sufficient brutality brings about an obedient horse.

The stimulus-response mechanisms of the body are such that the pain and the command subdivide so as to counter each other. The mental image picture of the punishment will not become effective upon the individual unless the command content is disobeyed. It is pointed out in many early Russian writings that this is a survival mechanism. It has already been well and thoroughly used in the survival of Communism.

It is only necessary to deliver into the organism a sufficient stimulus to gain an adequate response.

So long as the organism obeys the stimulus whenever it is restimulated in the future, it does not suffer from the pain of the stimulus. But should it disobey the command content of the stimulus, the stimulus reacts to punish the individual. Thus, we have an optimum circumstance, and one of the basic principles of Psychopolitics. A sufficiently installed stimulus will thereafter remain as a police mechanism within the individual to cause him to follow the commands and directions given to him. Should he fail to follow these commands and directions, the stimulus mechanism will go into action. As the commands are there with the moment of duress, the commands themselves need never be repeated, and if the individual were to depart thousands of miles away from the psychopolitical operative, he will still obey the psychopolitical operative, or, himself, become extremely ill and in agony. These principles, built from the earliest days of Pavlov, by constant and continuous Russian

development, have, at last, become of enormous use to us in our conquest. For less modern and well-informed countries of Earth, lacking this mechanism, failing to understand it, and coaxed into somnolence by our own psychopolitical operatives, who discount and disclaim it, cannot avoid succumbing to it.

The body is less able to resist a stimulus if it has insufficient food and is weary. Therefore, it is necessary to administer all such stimuli to individuals when their ability to resist has been reduced by privation and exhaustion. Refusal to let them sleep over many days, denying them adequate food, then brings about an optimum state for the receipt of a stimulus. If the person is then given an electrical shock, and is told while the shock is in action that he must obey and do certain things, he has no choice but to do them, or to re-experience, because of his mental image picture of it, the electric shock. This highly scientific and intensely workable mechanism cannot be over-estimated in the practice of psychopolitics.

Drugging the individual produces an artificial exhaustion, and if he is drugged, or shocked and beaten, and given a string of commands, his loyalties, themselves, can be definitely rearranged. This is P.D.H., or Pain-Drug Hypnosis.

The psychopolitical operative in training should be thoroughly studied in the subject of hypnotism and post-hypnotic suggestion. He should pay particular attention to the "forgetter mechanism" aspect of hypnotism, which is to say, implantation in the unconscious mind. He should note particularly that a person given a command in a hypnotic state, and then told when still in that condition to forget it, will execute it on a stimulus-response signal in the environment after he has "awakened" from his hypnotic trance.

Having mastered these details fully, he should, by practicing upon criminals and prisoners, or inmates available to him, produce the hypnotic trance by drugs, and drive home post-hypnotic suggestions by pain administered to the drugged person. He should then study the reactions of the person when "awakened," and should give him the stimulus-response signal which would throw into action the commands given while in a drugged state of duress. By much practice he can then learn the threshold dosages of various or additional drug shock necessary to produce the optimum obedience to the commands. He should also satisfy himself that there is no possible method known to Man -- there must be no possible method known to Man -- of bringing the patient to awareness of what has happened to him, keeping him in a state of obedience and response while ignorant of its cause.

Using criminals and prisoners, the psychopolitical operative in training should then experiment with duress in the absence of privation, administering electric shocks, beatings, and terror-inducing tactics, accompanied by the same mechanisms as those employed in hypnotism, and watch the conduct of the person when no longer under duress.

The operative in training should carefully remark those who show a tendency to protest, so that he may recognize possible recovery of memory of the commands implanted. Purely for his own education, he should then satisfy himself as to the efficiency of brain surgery in disabling the non-responsive prisoner.

The boldness of the psychopolitical operative can be increased markedly by permitting persons who have been given pain-drug hypnosis and who have demonstrated symptoms of rebelling or recalling into the society to observe how the label of "insanity" discredits and discounts the statements of the person.

Exercises in bringing about insanity seizures at will, simply by demonstrating a signal to persons upon whom pain-drug hypnosis has been used, and exercises in making the seizures come about through talking to certain persons in certain places and times should also be used.

Brain surgery, as developed in Russia, should also be practiced by the psychopolitical operative in training, to give him full confidence in 1) the crudeness with which it can be done, 2) the certainty of erasure of the stimulus-response mechanism itself, 3) the production of imbecility, idiocy, and dis-coordination on the part of the patient, and 4) the small amount of comment which casualties in brain surgery occasion.

Exercises in sexual attack on patients should be practiced by the psychopolitical operative to demonstrate the inability of the pain-drug hypnosis to recall the attack, while indoctrinating a lust for further sexual activity on the part of the patient. Sex, in all animals, is a powerful motivator, and is no less so in the animal Man, and the occasioning of sexual liaison between females of a target family and indicated males, under the control of the psychopolitical operative, must be demonstrated to be possible with complete security for the psychopolitical operative, thus giving into his hands and excellent weapon for the breaking down of familial relations and consequent public disgraces for the psychopolitical target.

Just as a dog can be trained, so can a man be trained. Just as a horse can be

trained, so can a man be trained. Sexual lust, masochism, and any other desirable perversion can be induced by pain-drug hypnosis and the benefit of the Psychopolitics.

The changes of loyalties, allegiances, and sources of command can be occasioned easily by psychopolitical technologies, and these should be practiced and understood by the psychopolitical operative before he begins to tamper with psychopolitical targets of magnitude.

The actual simplicity of the subject of pain-drug hypnosis, the use of electric shock, drugs, insanity-producing injections, and other material, should be masked entirely by technical nomenclature, the protest of benefit to the patient, by an authoritarian pose and position, and by carefully cultivating governmental positions in the country to be conquered.

Although the psychopolitical operative working in universities where he can direct the curricula of psychology classes is often tempted to teach some of the principles of Psychopolitics to the susceptible students in the psychology classes, he must be thoroughly enjoined to limit his information in psychology classes to the transmittal of the tenets of Communism under the guise of psychology, and must limit his activities in bringing about a state of mind on the part of the students where they will accept Communist tenets as those of their own action and as modern scientific principles. The psychopolitical operative must not, at any time, educate students fully in stimulus-response mechanisms, and must not impart to them, save those who will become his fellow workers, the exact principles of Psychopolitics. It is not necessary to do so, and it is dangerous.

## **CHAPTER VIII** **DEGRADATION, SHOCK AND ENDURANCE**

Degradation and conquest are companions.

In order to be conquered, a nation must be degraded, either by acts of war, by being overrun, by being forced into humiliating treaties of peace, or by the treatment of her populace under the armies of the conqueror. However, degradation can be accomplished much more insidiously and much more effectively by consistent and continual defamation.

Defamation is the best and foremost weapon of Psychopolitics on the broad field. Continual and constant degradation of national leaders, national institutions, national practices, and national heroes must be systematically carried out, but this is the chief function of the Communist Party Members, in general, not the psychopolitician.

The realm of defamation and degradation, of the psychopolitician, is Man himself. By attacking the character and morals of Man himself, and by bringing about, through contamination of youth, a general degraded feeling, command of the populace is facilitated to a very marked degree.

There is a curve of degradation which leads downward to a point where the endurance of an individual is almost at end, and any sudden action toward him will place him in a state of shock. Similarly, a soldier held prisoner can be abused, denied, defamed, and degraded until the slightest motion on the part of his captors will cause him to flinch. Similarly, the slightest word on the part of his captors will cause him to obey, or vary his loyalties and beliefs. Given sufficient degradation, a prisoner can be caused to murder his fellow countrymen in the same stockade. Experiments on German prisoners have lately demonstrated that only after seventy days of filthy food, little sleep, and nearly untenable quarters, that the least motion toward the prisoner would bring about a state of shock beyond his endurance threshold, and would cause him to hypnotically receive anything said to him. Thus, it is possible, in an entire stockade of prisoners, to the number of thousands, to bring about a state of complete servile obedience, and without the labor of personally addressing each one, to pervert their loyalties and implant in them adequate commands to insure their future conduct, even when released to their own people.

By lower the endurance of a person, a group, or a nation, and by constant degradation and defamation, it is possible to induce, thus, a state of shock which will receive adequately any command given.

The first thing to be degraded in any nation is the state of Man, himself. Nations which have high ethical tone are difficult to conquer. Their loyalties are hard to shake, their allegiance to their leaders is fanatical, and what they usually call their spiritual integrity cannot be violated by duress. It is not efficient to attack a nation in such a frame of mind. It is the basic purpose of Psychopolitics to reduce that

state of mind to a point where it can be ordered and enslaved. Thus, the first target is Man, himself. He must be degraded from a spiritual being to an animalistic reaction pattern. He must think of himself as an animal, capable only of animalistic reactions. He must no longer think of himself, or of his fellows, as capable of "spiritual endurance," or nobility.

The best approach toward degradation in its first stages is the propaganda of "scientific approach" to Man. Man must be consistently demonstrated to be a mechanism without individuality, and it must be educated into a populace under attack that Man's individualistic reactions are the product of mental derangement. The populace must be brought into the belief that every individual within it who rebels in any way, shape, or form against the efforts and activities to enslave the whole, must be considered to be a deranged person whose eccentricities are neurotic and insane, and who must have at once the treatment of a psychopolitician.

An optimum condition in such a program of degradation would address itself to the military forces of the nation, and bring them rapidly away from any other belief than the disobedient one must be subjected to "mental treatment." An enslavement of a population can fail only if these rebellious individuals are left to exert their individual influences upon their fellow citizens, sparking them into rebellion, calling into account their nobilities and freedoms. Unless these restless individuals are stamped out and given into the hands of psychopolitical operatives early in the conquest, there will be nothing but trouble as the conquest continues. The officials of the government, students, readers, partakers of entertainment, must all be indoctrinated, by whatever means, into the complete belief that the restless, the ambitious, the natural leaders, are suffering from environmental maladjustments, which can only be healed by recourse to psychopolitical operatives in the guise of mental healers.

By thus degrading the general belief in the status of Man it is relatively simple, with co-operation from the economic salients being driven into the country, to drive citizens apart, one from another, to bring about a question of the wisdom of their own government, and to cause them to actively beg for enslavement.

The educational programs of Psychopolitics must, at every hand, seek out the levels of youth who will become the leaders in the country's future, and educate them into the belief of the animalistic nature of Man. This must be made fashionable. They must be taught to frown upon ideas, upon individual endeavor. They must be taught, above all things, that the salvation of Man is to be found only by his adjusting thoroughly to this environment.

This educational program in the field of Psychopolitics, can best be followed by bringing about a compulsory training in some subject such as psychology or other mental practice, and ascertaining that each broad program of psychopolitical training be supervised by a psychiatrist who is a trained psychopolitical operative.

As it seems in foreign nations that the church is the most ennobling influence, each and every branch and activity of each and every church, must, one way or another, be discredited. Religion must become unfashionable by demonstrating broadly, through psychopolitical indoctrination, that the soul is non-existent, and that Man is an animal. The lying mechanisms of Christianity lead men to foolishly brave deeds. By teaching them that there is a life here-after, the liability of courageous acts, while living, is thus lessened. The liability of any act must be markedly increased if a populace is to be obedient. Thus, there must be no standing belief in the church, and the power of the church must be denied at every hand.

The psychopolitical operative, in his program of degradation, should at all times bring into question any family which is deeply religious, and, should any neurosis or insanity be occasioned in that family, to blame and hold responsible their religious connections for the neurotic or psychotic condition. Religion must be made synonymous with neurosis and psychosis. People who are deeply religious would be less and less held responsible for their own sanity, and should more and more be relegated to the ministrations of psychopolitical operatives.

By perverting the institutions of a nation and bringing about a general degradation, by interfering with the economics of a nation to the degree that privation and depression come about, only minor shocks will be necessary to produce, on the populace as a whole, an obedient reaction or an hysteria. Thus, the mere threat of war, the mere threat of aviation bombings, could cause the population to sue instantly for peace. It is a long and arduous road for the psychopolitical operative to achieve this state of mind on the part of the whole nation, but no more than twenty or thirty years should be necessary in the entire program. Having to hand, as we do, weapons with which to accomplish the goal.

## CHAPTER IX THE ORGANIZATION OF MENTAL HEALTH CAMPAIGNS

Psychopolitical operatives should at all times be alert to the opportunity to organize "for the betterment of the community" mental health clubs or groups. By thus inviting the co-operation of the population as a whole in mental health programs, the terrors of mental aberration can be disseminated throughout the populace. Furthermore, each one of these mental health groups, properly guided, can bring, at last, legislative pressure against the government to secure adequately the position of the psychopolitical operative, and to obtain for him government grants and facilities, thus bringing a government to finance its own downfall.

Mental health organizations must carefully delete from their ranks anyone actually proficient in the handling or treatment of mental health. Thus must be excluded priests, ministers, actually trained psychoanalysts, good hypnotists, or trained Dianeticists. These, with some cognizance on the subject of mental aberration and its treatment, and with some experience in observing the mentally deranged, if allowed frequency within institutions, and if permitted to receive literature, would, sooner or later, become suspicious of the activities engaged upon by the psychopolitical operative. These must be defamed and excluded as "untrained," "unskillful," "quacks," or "perpetrators of hoaxes."

No mental health movement with actual goals of mental therapy should be continued in existence in any nation. For instance, the use of Chinese acupuncture in the treatment of mental and physical derangement must, in China, be stamped out and discredited thoroughly, as it has some efficacy, and, more importantly, its practitioners understand, through long conversation with it, many of the principles of actual mental health and aberration.

In the field of mental health, the psychopolitician *must* occupy, and continue to occupy, through various arguments, the authoritative position on the subject. There is always the danger that problems of mental health may be resolved by some individual or group, which might then derange the program of the psychopolitical operative in his mental health clubs.

City officials, socialites, and other unknowing individuals, on the subject of mental health, should be invited to full co-operation in the activity of mental health groups. But the entirety of this activity should be to finance better facilities for the psychopolitical practitioner. To these groups it must be continually stressed that the entire subject of mental illness is so complex that none of them, certainly, could understand any part of it. Thus, the club should be kept on a social and financial level.

Where groups interested in the health of the community have already been formed, they should be infiltrated and taken over, and if this is not possible, they should be discredited and debarred, and the officialdom of the area should be invited to stamp them out as dangerous.

When a hostile group dedicated to mental health is discovered, the psychopolitician should have recourse to the mechanisms of peyote, mescaline, and later drugs which cause temporary insanity. He should send persons, preferably those well under his control, into the mental health group, whether Christian Science or Dianetics or faith preachers to demonstrate their abilities upon this new person. These, in demonstrating their abilities, will usually act with enthusiasm. Midway in the course of their treatment, a quiet injection of peyote, mescaline, or other drug, or an electric shock, will produce the symptoms of insanity in the patient which has been sent to the target group. The patient thus demonstrating momentary insanity should be immediately be reported to the police and taken away to some area of incarceration managed by psychopolitical operatives, and so placed out of site. Officialdom will thus come into a belief that this group drives individuals insane by their practices, and the practices of the group will them be despised and prohibited by law.

The values of a widespread mental health organization are manifest when one realizes that any government can be forced to provide facilities for psychopolitical operatives in the form of psychiatric wards in all hospitals, in national institutions totally in the hands of psychopolitical operatives, and in the establishment of clinics where youth can be contacted and arranged more seemingly to the purposes of Psychopolitics.

Such groups form a political force, which can then legalize any law or authority desired for the psychopolitical operative.

The securing of authority over such mental health organizations is done mainly by appeal to education. A psychopolitical operative should make sure that those

psychiatrists he controls, those psychologists whom he has under his orders, have been trained for an excessively long period of time. The longer the training period which can be required, the safer the psychopolitical program, since no new group of practitioners can arise to disclose and dismay psychopolitical programs. Furthermore, the groups themselves cannot hope to obtain any full knowledge of the subject, not having behind them many, many years of intensive training.

Vienna has been carefully maintained by Psychopolitics, since it was the home of Psychoanalysis. Although our activities have long been dispersed any of the gains made by Freudian groups, and have taken over these groups, the proximity of Vienna to Russia, where Psychopolitics is operating abroad, and the necessity "for further study" by psychopolitical operatives in the birth-place of Psychoanalysis, makes periodic contacts with headquarters possible. Thus the word "psychoanalysis" must be stressed at all times, and must be pretended to be a thorough part of the psychiatrist's training.

Psychoanalysis has the very valuable possession of a vocabulary, and a workability which is sufficiently poor to avoid recovery of psychopolitical implantations. It can be made fashionable throughout mental health organizations, and by learning its patter, and by believing they see some of its phenomena, the members of mental health groups can believe themselves conversant with mental health. Because its stress is sex, it is, itself, adequate defamation of character, and serves the purposes of degradation well. Thus, in organizing mental health groups, the literature furnished such groups should be psychoanalytical in nature.

If a group of persons interested in suppressing juvenile delinquency, in caring for the insane, and the promotion of psychopolitical operatives and their actions can be formed in every major city of a country under conquest, the success of a psychopolitical program is assured, since these groups seem to represent a large segment of the population. By releasing continuing propaganda on the subject of dope addiction, homosexuality, and depraved conduct on the part of the young, even the judges of a country can become suborned into reacting violently against the youth of the country, thus mis-aligning and aligning the support of youth.

The communication lines of psychopolitics, if such mental health organizations can be well established, can thus run from its most prominent citizens to its government. It is not too much to hope that the influence of such groups could bring about a psychiatric ward in every hospital in the land, and psychiatrists in every company and regiment of the nation's army, and whole government institutes manned entirely by psychopolitical operatives, into which ailing government officials could be placed, to the advantage of the psychopolitician.

If a psychiatric ward could be established in every hospital in every city of a nation, it is certain that, at one time or another, every prominent citizen of that nation could come under the ministrations of psychopolitical operatives or their dupes.

The validation of psychiatric position in the armed forces and security-minded institutions of the nation under conquest could bring about a flow and fund of information unlike any other program which could be conceived. If every pilot who flies a new plane could come under the questioning of a psychopolitical operative, if the compiler of every military action could thus come under the review of psychopolitical operatives, the simplicity with which information can be extracted by the use of certain drugs, without the after-knowledge of the soldier, would entirely cripple any over action toward Communism. If the nation could be educated into turning over to psychopolitical operatives ever recalcitrant or rebellious soldier, it would lose its best fighters. Thus, the advantage of mental health organizations can be seen, for these, by exerting an apparent public pressure against the government, can achieve these ends and goals.

The financing of a psychopolitical operation is difficult unless it is done by the citizens and government. Although vast sums of money can be obtained from private patients, and from relatives who wish persons put away, it is, nevertheless, difficult to obtain millions, unless the government itself is co-operating. The co-operation of the government to obtain these vast sums of money is best obtained by the organization of mental health groups composed of leading citizens, and who bring their lobbying abilities to bear against the nation's government. Thus can be financed many programs, which might otherwise have to be laid aside by the psychopolitician.

The psychopolitical operative should bend consistent and continual effort toward forming and continuing in action innumerable mental health groups.

The psychopolitical operative should also spare no expense in smashing out of existence, by whatever means, any actual healing group, such as that of acupuncture, in China; such as Christian Science, Dianetics and faith healing, in the United States; such as Catholicism in Italy and Spain; and the practical psychological



groups of England.

## CHAPTER X CONDUCT UNDER FIRE

The psychopolitician may well find himself under attack as an individual or a member of a group. He may be attacked as a Communist, through some leak in the organization, he may be attacked for malpractice. He may be attacked by the families of people whom he has injured. In all cases his conduct of the situation should be calm and aloof. He should have behind him the authority of many years of training, and he should have participated fully in the building of defense in field of insanity which give him the only statement as to the conditions of the mind.

If he has not done his work well, hostile feeling groups may expose an individual psychopolitician. These may call into question the efficacy of psychiatric treatment such as shock, drugs, and brain surgery. Therefore, the psychopolitical operative must have to hand innumerable documents which assert enormously encouraging figures on the subject of recovery by reason of shock, brain surgery, drugs and general treatment. Not one of these cases cited need be real, but they should be documented and printed in such a fashion as to form excellent court evidence.

When his allegiance is attacked, the psychopolitical operative should explain his connection with Vienna on the grounds that Vienna is the place of study for all important matters of the mind.

More importantly, he should rule into scorn, by reason of his authority, the sanity of the person attacking him, and if the psychopolitical archives of the country are adequate many defamatory data can be unearthed and presented as a rebuttal.

Should anyone attempt to expose psychotherapy as a psychopolitical activity, the best defense is calling into question the sanity of the attacker. The next best defense is authority. The next best defense is a validation of psychiatric practices in terms of long and impressive figures. The next best defense is the actual removal of the attacker by giving him, or them, treatment sufficient to bring about a period of insanity for the duration of the trial. This, more than anything else, would discredit them, but it is dangerous to practice this, in the extreme.

Psychopolitics should avoid murder and violence, unless it is done in the safety of the institution, on persons who have been proven to be insane. Where institution deaths appear to be unnecessary, or to rise in "unreasonable number," political capital might be made of this by city officials or legislature. If the psychopolitical operative has, himself, or if his group has done a thorough job, defamatory data concerning the person, or connections, of the would-be attacker should be on file, should be documented, and should be used in such a way as to discourage the inquiry.

After a period of indoctrination, a country will expect insanity to be met by psychopolitical violence. Psychopolitical activities should become the only recognized treatment for insanity. Indeed, this can be extended to such a length that it could be made illegal for electric shock and brain surgery to be omitted in the treatment of a patient.

In order to defend psychopolitical activities, a great complexity should be made of psychiatric, psychoanalytical, and psychological technology. Any hearing should be burdened by terminology too difficult to be transcribed easily. A great deal should be made out of such terms as schizophrenia, paranoia, and other relatively undefinable states.

Psychopolitical tests need not necessarily be in agreement, one to another, where they are available to the public. Various types of insanity should be characterized by difficult terms. The actual state should be made obscure, but by this verbiage it can be built into the court or investigating mind that a scientific approach exists and that it is too complex for him to understand. It is not to be imagined that a judge or a committee of investigation should inquire too deeply into the subject of insanity, since they, themselves, part of the indoctrinated masses, are already intimidated if the psychopolitical activity has caused itself to be well-documented in terms of horror in magazines.

In case of a hearing or trial, the terribleness of insanity itself, its threat to the society, should be exaggerated until the court or committee believes that the psychopolitical operative is vitally necessary in his post and should not be harassed for the activities of persons who are irrational.

An immediate attack upon the sanity of the attacker before any possible hearing can take place is the very best defense. It should become well-known that "only the

insane attack psychiatrists." The by-word should be built into the society that paranoia is a condition "in which the individual believes he is being attacked by Communists." It will be found that this defense is effective.

Part of the effective defenses should include the entire lack in the society of any real psychotherapy. This must be systematically stamped out, since a real psychotherapy might possibly uncover the results of psychopolitical activities.

Jurisprudence, in a Capitalistic nation, is of such clumsiness that cases are invariably tried in their newspapers. We have handled these things much better in Russia, and have uniformly brought people to trial with full confessions already arrived at (being implanted) before the trial took place.

Should any whisper, or pamphlet, against psychopolitical activities be published, it should be laughed into scorn, branded an immediate hoax, and its perpetrator or publisher should be, at the first opportunity, branded as insane and by the use of drugs the insanity should be confirmed.

## **CHAPTER XI** **THE USE OF** **PSYCHOPOLITICS IN SPREADING COMMUNISM**

Reactionary nations are of such a composition that they attack a word without understanding of it. As the conquest of a nation by Communism depends upon imbuing its population with communistic tenets, it is not necessary that the term "Communism" be applied at first to the educative measures employed.

As an example, in the United States we have been able to alter the works of William James, and others, into a more acceptable pattern, and to place the tenets of Karl Marx, Pavlov, Lamarck, and the data of Dialectic Materialism into the textbooks of psychology, to such a degree that anyone thoroughly studying psychology becomes at once a candidate to accept the reasonableness of Communism.

As every chair of psychology in the United States is occupied by persons in our connection, the consistent employment of such texts is guaranteed. They are given the authoritative ring, and they are carefully taught.

Constant pressure in the legislatures of the United States can bring about legislation to the effect that every student attending a high school or university must have classes in psychology.

Educating broadly the educated strata of the populace into the tenets of Communism is thus rendered relatively easy, and when the choice is given them whether to continue in a Capitalistic or a Communistic condition, they will see, suddenly, in Communism, much more reasonability than in Capitalism, which will now be of our own definition.

## **CHAPTER XII** **VIOLENT REMEDIES**

As a populace, in general, understand that a violence is necessary in the handling of the insane, violent remedies seem to be reasonable. Starting from a relatively low level of violence, such as strait-jackets and other restraints, it is relatively easy to encroach upon the public diffidence for violence by adding more and more cruelty into the treatment of the insane.

By increasing the brutality of "treatment," the public acceptance of such treatment will be assisted, and the protest of the individual to whom the treatment is given is impossible, since immediately after the treatment he is incapable. The family of the individual under treatment is suspect for having had in its midst, already, an insane person. The family's protest should be discredited.

The more violent the treatment, the more command value the psychopolitical operative will accumulate. Brain operations should become standard and commonplace. While the figures of actual deaths should be repressed wherever possible, nevertheless, it is of no great concern to the psychopolitical operative that many deaths do occur.

Gradually, the public should be educated into electric shock, first by believing that it is very therapeutic, then by believing that it is quieting, then by being informed that electric shock usually injures the spine and teeth, and finally, that it very often kills or at least breaks the spine and removes, violently, the teeth of the patient. It is very doubtful if anyone from the lay levels of the public could tolerate the

observation of a single electric shock treatment. Certainly they could not tolerate witnessing a prefrontal lobotomy or trans-orbital leucotomy. However, they should be brought up to a level where this is possible, where it is the expected treatment, and where the details, of the treatment itself can be made known, thus to the increase of psychopolitical prestige.

The more violent the treatment, the more hopeless insanity will seem to be.

The society should be worked up to the level where every recalcitrant young man can be brought into court and assigned to a psychopolitical operative, be given electric shocks, and reduced into unimaginative docility for the remainder of his days.

By continuous and increasing advertising of the violence of treatment, the public will at last come to tolerate the creation of zombie conditions to such a degree that they will probably employ zombies, if given to them. Thus a large strata of the society, particularly that which was rebellious, can be reduced to the service of the psychopolitician.

By various means, a public must be convinced, at least, that insanity can only be met by shock, torture, deprivation, defamation, discrediting, violence, maiming, death, punishment in all its forms. The society, at the same time, must be educated into the belief of increasing insanity within its ranks. This creates an emergency, and places the psychopolitician in a saviour role, and places him, at length, in charge of the society.

### **CHAPTER XIII** **THE RECRUITING OF PSYCHOPOLITICAL DUPES**

The psychopolitical dupe is a well-trained individual who serves in complete obedience to the psychopolitical operative.

In that nearly all persons in training are expected to undergo a certain amount of treatment in any field of the mind, it is not too difficult to persuade persons in the field of mental healing to subject themselves to mild or minor drugs or shock. If this can be done, a psychological dupe on the basis of pain-drug hypnosis can immediately result.

Recruitment into the ranks of "mental healing" can best be done by carefully bringing to it only those healing students who are, to some slight degree, already depraved, or who have been "treated" by psychopolitical operatives.

Recruitment is effected by making the field of mental healing very attractive, financially, and sexually.

The amount of promiscuity which can be induced in mental patients can work definitely to the advantage of the psychopolitical recruiting agent. The dupe can thus be induced into many lurid sexual contacts, and these, properly witnessed, can thereafter be used as blackmail material to assist any failure of pain-drug hypnosis in causing him to execute orders.

The promise of unlimited sexual opportunities, the promise of complete dominion over the bodies and minds of helpless patients, the promise of having lawlessness without detection, can thus attract to "mental healing" many desirable recruits who will willingly fall in line with psychopolitical activities.

In that the psychopolitician has under his control the insane of the nation, most of them have criminal tendencies, and as he can, as his movement goes forward, recruit for his ranks the criminals themselves, he has unlimited numbers of human beings to employ on whatever projects he may see fit. In that the insane will execute destructive projects without question, if given the proper amount of punishment and implantation, the degradation of the country's youth, the defamation of its leaders, the suborning of its courts becomes childishly easy.

The psychopolitician has the advantage of naming as a delusory symptom any attempt on the part of the patient to expose commands.

The psychopolitician should carefully adhere to institutions and should eschew practice whenever possible, since this gives him the greatest number of human beings to control to the use of Communism. When he does act in private practice, it should be only in contact with the families of the wealthy and the officials of the country.

### **CHAPTER XIV**

## THE SMASHING OF RELIGIOUS GROUPS

You must know that until recent times the complete subject of mental derangement, whether so light as simple worry or so heavy as insanity, was the sphere of activity of the church and only the church.

Traditionally in civilized nations and barbaric ones the priesthood alone had in complete charge the mental conditions of the citizen. As a matter of great concern to the psychopolitician this tendency still exists in every public in the Western World and scientific inroads into this sphere has occurred only in official and never in public quarters.

The magnificent tool wielded for us by Wundt would be as nothing if it were not for official insistence in civilized countries that "scientific practices" be applied to the problem of the mind. Without this official insistence or even if it relapsed for a moment, the masses would grasp stupidly for the priest, the minister, and the clergy when mental condition came in question. Today in Europe and America "scientific practices" in the field of the mind would not last moments if not enforced entirely by officialdom.

It must be carefully hidden that the incidence of insanity has increased only since the "scientific practices" were applied. Great remarks must be made of the "the pace of modern living" and other myths as the cause of the increased neurosis in the world. It is nothing to us what causes it if anything does. It is everything to us that no evidence of any kind shall be tolerated afoot to permit the public tendency toward the church its way. If given their heads, if left to themselves to decide, independent of officialdom, where they would place their deranged loved ones the public would choose religious sanitariums and would avoid as if plagued places where "scientific practices" prevail.

Given any slightest encouragement, public support would swing on an instant all mental healing into the hands of the churches. And there are Churches waiting to receive it, clever churches. That terrible monster, the Roman Catholic Church, still dominates mental healing heavily throughout the Christian world and their well schooled priests are always at work to turn the public their way. Among Fundamentalist and Pentecostal groups, healing campaigns are conducted, which, because of their results, win many to the cult of Christianity. In the field of pure healing the Church of Christ Science of Boston, Massachusetts excels in commanding the public favor and operates many sanitariums. All of these must be swept aside. They must be ridiculed and defamed and every cure they advertise must be asserted a hoax. A full fifth of a psychopolitician's time should be devoted to smashing these threats. Just as in Russia we had to destroy, after many, many years of most arduous work, the Church, so we must destroy all faiths in nations marked for conquest.

Insanity must be made to hound the footsteps of every priest and practitioner. His best results must be turned to jabbering insanities no matter what means we have to use.

You need not care what effect you have upon the public. The effect you care about is the one upon officials. You must recruit every agency of the nation marked for slaughter into a foaming hatred of religious healing. You must suborn district attorneys and judges into an intense belief as fervent as an ancient faith in God that Christian Science or any other religious practice which might devote itself to mental healing is vicious, bad, insanity-causing, publicly hated and intolerable.

You must suborn and recruit any medical healing organization into collusion in this campaign. You must appeal to their avarice and even their humanity to invite their co-operation in smashing all religious healing and thus, to our end, care of the insane. You must see that such societies have only qualified Communist-indoctrinees as their advisors in this matter. For you can use such societies. They are stupid and stampede easily. Their cloak and degrees can be used quite well to mask any operation we care to have masked. We must make them partners in our endeavor so that they will never be able to crawl from beneath our thumb and discredit us.

We have battled in America since the century's turn to bring to nothing any and all Christian influences and we are succeeding. While we today seem to be kind to the Christian, remember, we have yet to influence the "Christian world" to our ends. When that is done we shall have an end of them everywhere. You may see them here in Russia as trained apes. They do not know their tether is long only until the apes in other lands have become unwary.

**You must work until "religion" is synonymous with "insanity."** You must work until the officials of city, county and state governments will not think twice before they pounce upon religious groups as public enemies.

Remember, all lands are governed by the few and only pretend to consult with the many. It is no different in America. The petty official, the maker of laws alike can be made to believe the worst. It is not necessary to convince the masses. It is only necessary to work incessantly upon the official, using personal defamations, wild lies, false evidences and constant propaganda to make him fight for you against the church or against any practitioner.

Like the official, the bona-fide medical healer also believes the worst if it can be shown to him as dangerous competition. And like the Christian, should he seek to take from us any right we have gained, we shall finish him as well.

We must be like the vine upon the tree. We use the tree to climb and then, strangling it, grow into power on the nourishment of its flesh.

We must strike from our path any opposition. We must use for our tools any authority that comes to hand. And then at last, the decades sped, we can dispense with all authority save our own and triumph the greater glory of the Party.

## **CHAPTER XV** **PROPOSALS WHICH MUCH BE AVOIDED**

There are certain damaging movements which could interrupt the psychopolitical conquest. These coming from some quarters of the country, might gain headway and should be spotted before they do, and stamped out.

Proposals may be made by large and powerful groups in the country to return the insane to the care of those who have handled mental healing for tribes and populace for centuries--the priest. Any movement to place clergymen in charge of institutions should be fought on the grounds of incompetence and the insanity brought about by religion. The most destructive thing which could happen to a psychopolitical program would be the investment of the ministry with the care of the nation's insane.

If mental hospitals operated by religious groups are in existence, they must be discredited and closed, no matter what the cost, for it might occur that the actual figures of recovery in such institutions would become known, and that the lack of recovery in general institutions might be compared to them, and this might lead to a movement to place the clergy in charge of the insane. Every argument must be advanced early, to overcome any possibility of this ever occurring.

A country's law must carefully be made to avoid any rights of person to the insane. Any suggested laws or Constitutional Amendments which make the harming of the insane unlawful, should be fought to the extreme, on the grounds that only violent measures can succeed. If the law were to protect the insane, as it normally does not, the entire psychopolitical program would very possibly collapse.

Any movements to increase or place under surveillance the orders required to hospitalize the mentally ill should be discouraged. This should be left entirely in the hands of persons well under the control of psychopolitical operatives. It should be done with minimum formality, and no recovery of the insane from an institution should be possible by any process of law. Thus, any movement to add to the legal steps of the processes of commitment and release should be discouraged on the grounds of emergency. To obviate this, the best action is to place a psychiatric and detention ward for the mentally ill in every hospital in a land.

Any writings of a psychopolitical nature, accidentally disclosing themselves, should be prevented. All actual literature on the subject of insanity and its treatment should be suppressed, first by actual security, and second by complex verbage which renders it incomprehensible. The actual figures of recovery or death should never be announced in any papers. Any investigation attempting to discover whether or not psychiatry or psychology has ever cured anyone should be immediately discouraged and laughed to scorn, and should mobilize at the point all psychopolitical operatives. At first, it should be ignored, but if this is not possible, the entire weight of all psychopoliticians in the nation should be pressed into service. Any tactic possible should be employed to prevent this from occurring. To rebut it, technical appearing papers should exist as to the tremendous number of cures effected by psychiatry and psychology, and whenever possible, percentages of cures, no matter how fictitious, should be worked into legislative papers, thus forming a background of "evidence" which would immediately rebut any effort to actually discover anyone who had ever been helped by psychiatry or psychology.

If the Communistic connections of an psychopolitician should become disclosed, it should be attributed to his own carelessness, and he should, himself, be immediately branded as eccentric within his own profession.

Authors of literature which seek to demonstrate the picture of a society under

complete mental control and duress should be helped toward infamy or suicide to discredit their works.

Any legislation liberalizing any healing practice should be immediately fought and defeated. All healing practices should gravitate entirely to authoritative levels, and no other opinions should be admitted, as these might lead to exposure.

Movements to improve youth should be invaded and corrupted, as this might interrupt campaigns to produce in youth delinquency, addiction, drunkenness, and sexual promiscuity.

Communist workers in the field of newspapers and radio should be protected wherever possible by striking out of action, through Psychopolitics, any persons consistently attacking them. These, in their turn, should be persuaded to give every possible publicity to the benefits of psychopolitical activities under the heading of "science."

No healing group devoted to the mind must be allowed to exist within the borders of Russia or its satellites. Only well-vouched-for psychopolitical operatives can be continued in their practice, and this only for the benefit of the government or against enemy prisoners.

Any effort to exclude psychiatrists or psychologists from the armed services must be fought.

Any inquest into the "suicide" or sudden mental derangement of any political leader in a nation must be conducted only by psychopolitical operatives or their dupes, whether Psychopolitics is responsible or not.

Death and violence against persons attacking Communism in a nation should be eschewed as forbidden. Violent activity against such persons might bring about their martyrdom. Defamation, and the accusation of insanity, alone should be employed, and they should be brought at last under the ministrations of psychopolitical operatives, such as psychiatrists and controlled psychologists.

## CHAPTER XVI IN SUMMARY

In this time of unlimited weapons, and in national antagonisms, where atomic war with Capitalistic powers is possible, Psychopolitics must act efficiently as never before.

Any and all programs of Psychopolitics must be increased to aid and abet the activities of other Communist agents throughout the nation in question.

The failure of Psychopolitics might well bring about the atomic bombing of the Motherland.

If Psychopolitics succeeds in its mission throughout the Capitalistic nations of the world, there will never be an atomic war, for Russia will have subjugated all of her enemies.

Communism has already spread across one-sixth of the inhabited world. Marxist Doctrines have already penetrated the remainder. An extension of the Communist social order is everywhere victorious. The spread of Communism has never been by force of battle, but by conquest of the mind. In Psychopolitics we have refined this conquest to its last degree.

The psychopolitical operative must succeed, for his success means a world of Peace. His failure might well mean the destruction of the civilized portions of Earth by atomic power in the hands of Capitalistic madmen.

**The end thoroughly justifies the means.** The degradation of populace is less inhuman than their destruction by atomic fission, for to an animal who lives only once, any life is sweeter than death.

The end of war is the control of a conquered people. If a people can be conquered in the absence of war, the end of war will have been achieved without the destruction of war. A worth goal.

The psychopolitician has his reward in the nearly unlimited control of populace, in the uninhibited exercise of passion, and the glory of Communist conquest over the stupidity of the enemies of the People.

The End

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## **L. Ron Hubbard, Kenneth Goff, and the "Brain-Washing Manual" of 1955**

**by Massimo Introvigne**

Still mentioned today, and the subject matter of considerable controversy, is a document published in the 1950s, when, one after the other, several different editions were published of a book known as *Brain-Washing: A Synthesis of the Russian Textbook of Psychopolitics*. The book is, ostensibly, a summary of manuals circulating in the Soviet Union, allegedly written by the chief of the secret police, Lavrenti Beria (1899-1953).

The text opens with a discourse by Beria addressed to "American students at the Lenin University ". It goes on by stating some key ideas of dialectical and historical materialism, before examining "psychopolitics" in itself. It suggests creating in the victims an "artificial exhaustion" through drugs and pain, before "implanting" communist doctrines through hypnosis. The process is presented under the name PDH, "pain-drug hypnosis"[1]. In the 1950s a frequent objection to brainwashing theories was that, according to academic hypnologists, ultimately an individual in hypnotic trance would not perform acts radically contrary to his or her will and best interests. The "Manual" claims that this objection in fact comes from communist propaganda: "It is in the interest of Psychopolitics that population be told that an hypnotized person will not do anything against his actual will, will not commit immoral acts, and will not act so as to endanger himself. While this may be true of light, parlour hypnotism, it certainly is not true of commands implanted with the use of electric shocks, drugs, or heavy punishment"[2]. The booklet then relates brainwashing to a larger picture, where two main dangers for the communists are indicated: American individualism (to be substituted, through brainwashing, by a form of group thinking), and religion.

The "Manual" was reprinted some twenty times, and quoted even more often; it played an important role in the discussion on brainwashing. The question of its authorship remains controversial. A curious character, Kenneth Goff (1909-1972), constantly claimed that he was the one who compiled it. Goff was a member of the U.S. Communist Party in the 1930s. He later converted to Fundamentalist Protestantism, only to evolve later towards anti-Semitism, neo-Nazism, and Identity Churches [3]. In the 1940s and 1950s Goff published several autobiographical books and pamphlets, where he graphically described both his conversion and his previous "conditioning" as an American communist by Soviet agents[4]. In 1955, the "Manual" (without mentioning Goff at all) was published by The American Saint Hill Organization, a Scientology agency, with the indication "Published as a public service by the Church of Scientology", and with an "editorial note" signed by a professor Charles Stickley, about whom no information is available (in all the other editions, there is also an "editorial note", but Goff is indicated as its author)[5]. Both the early Goff edition, and the edition published by Scientology, include references to Christian Science and Dianetics as groups that Communist psychopolitics should try to discredit; the Goff version also includes Pentecostals, not mentioned in the Scientology edition.

Critics of Scientology have no doubt that the book was authored by Lafayette Ronald ("L. Ron") Hubbard (1911-1986), the founder of both Dianetics and Scientology. For example, Bent Corydon is very positive when he claims, based on a statement by Hubbard's son L. Ron Hubbard Jr. (Ron DeWolf, 1934-1991), that "Dad wrote every word of it", having apparently been influenced by John Sanborn (1922-) who at the time assisted Hubbard in editing his works[6]. (Subsequently, DeWolf was to state under oath that Corydon had incorrectly quoted many of his statements.) This version has been repeated by countless anti-Scientology works, and has been even quoted as a "confession" by Hubbard that he did indeed know about brainwashing.

In fact, it is alleged by critics, Hubbard discussed brainwashing in several other works, thus "confessing" that he was capable of using it. The latter argument is somewhat contradictory. In fact, Hubbard's works *expose* brainwashing as something

that *should not* be practiced, not only for moral reasons, but also because, in Hubbard's system, brainwashing represents all that Scientology regards as reprehensible and harmful in modern psychiatry. The practice of brainwashing could only end up in disaster, and convert those subject to it into pathetic victims, as such of no much use to any organization[7].

Scientology critics are often confusing two different meanings of the word "brainwashing", the first referred to techniques using drugs and physical violence in connection with "hypnosis", and the second to religious indoctrination. The word used, "brainwashing", is the same, but the meaning is different. Hubbard regards "brainwashing", in the first meaning, as something very much real (but to be avoided and exposed). In the second meaning, on the other hand, "brainwashing" for Hubbard is just another false argument used by critics in order to assault Scientology and other religions.

Be it as it may be, is Hubbard in any sense the "author" of the "Manual" as published by Scientology in 1955? It is true that the text does include a reference to Dianetics, and paragraphs germane to Scientology's well-known concerns about psychiatry in general. Goff and his organization, the Soldiers of the Cross, always maintained that the compiler was none else than Goff himself, on the basis of information acquired when he was a Communist[8]. It is also true that what seems to be the earliest Goff edition of the "Manual" has no date[9], and there is no conclusive evidence of whether it had been published before, or after, Scientology's edition of 1955. On the other hand, several themes about Communist "conditioning" were developed in works by Goff certainly published before 1955[10].

The argument used by some Scientology critics, that Goff died in 1943 (and could not have known about later development, nor as a consequence could he have written the book), is simply wrong. Goff remained active in the US right-wing subculture until the early 1970s, and in fact died in 1972. Those concluding that Goff is the "author" of the book should, on the other hand, face the objection that the style of the "Manual" is more sophisticated if compared with the somewhat crude style of Goff's earlier works.

Hubbard's version is told in two technical bulletins of 13 and 19 December 1955. According to the second bulletin, "two manuscripts" were "left at the front desk [of our Phoenix office] with the request that they be mailed back to their owner" (i.e. "Charles Stickley"), and "we are not sure exactly from whom these came". Subsequently, according to the first bulletin, "it was discovered that a book called *Psychopolitics* (spelled with a K) is in the Library of Congress. It is in German. It was written by a man called Paul Fadkeller, and was published in Berlin in 1947. Although I may be misinformed, Hubbard goes on to say, and definitely do not read German, this book [the "manual"] is probably the Russian translation". In the second bulletin, Hubbard also refers that he "read it off onto a tape, compiling the two manuals, and removing from them some of their very verbose nomenclature". He decided to publish the text for the benefit of the auditors who may face victims of brainwashing[11].

"Paul Fadkeller" is, in fact, neo-Kantian German philosopher Paul Feldkeller (1889-1972). His text "published in Berlin in 1947" [12], a copy of which is in fact at the Library of Congress in Washington D.C., shares with the "Manual" only the first part of the title and the use (but with a quite different meaning) of the word "psychopolitics". Hubbard's story, apart from any controversy, is compatible with those who said that he, in fact, read the text onto a tape.

How, however, can Hubbard's and Goff's stories be reconciled? Perhaps, both may be right and combining their versions is not impossible. If one compares the "Manual" with the respective works of Hubbard and Goff (obviously, two very different authors), in both cases the style and the ideas are quite different[13]. It may perhaps be possible to solve this problem by suggesting, on the basis of the US government's and the CIA's interest in brainwashing in general in the 1950s, that the text was compiled by some governmental agency of the on the basis of a variety of sources (Soviet and US Communist documents, texts on psychopolitics in general, exposes of brainwashing allegedly practiced by both Nazis and Communists). This agency would then have sent the text more or less anonymously to several different organizations (Scientology, Goff's group, and perhaps others), with sentences which would have captured their attention (including, for Scientology, a specific reference to Dianetics), in the hope that they will publish it[14]. This would confirm both the interest in brainwashing by the CIA and other U.S. governmental agencies during the Cold War and their dissemination of false documents about "Communist brainwashing" through a variety of sources.

[1] *Brain-Washing: A Synthesis of the Russian Textbook of Psychopolitics*, Los Angeles : The American St. Hill Organization, 1955, p. 36.

[2] *Ibid.*, pp. 32-33.

[3] On Goff see the entry "Kenneth Goff" in Jeffrey Kaplan, *Encyclopedia of White*



*Power. A Sourcebook on the Radical Racist Right*, Walnut Creek-Lanham ( Maryland )- New York - Oxford : Altamira Press, 2000, pp. 120-122.

[4] See, for example, Kenneth Goff, *This is My Story: Confessions of Stalin's Agent*, Englewood ( Colorado ): The Author, 1948; Idem, *The Red Betrayal of Youth*, Englewood ( Colorado ): by the Author, 1948; Idem, *Strange Fire*, Englewood (Colorado): The Author, 1954.

[5] In 1970, Morris Kominsky (1901-1975), a left-wing activist and one-time candidate of the US Communist Party for governor of Rhode Island (in 1938), published a book whose intent was to expose the pathological anti-communism of the American right (*The Hoaxers: Plain Liars, Fancy Liars, and Damned Liars*, Boston: Branden Press, 1970). There, at pages 537-586, Kominsky published a detailed analysis of the "Manual", whose aim was to show that it could not have been written in the Soviet Union. Kominsky had no doubt that the author was Goff, and published (*ibid.*, pp. 547-549) the text of an interview with Goff himself. Goff claimed to have distributed 1,000 mimeographed copies of the "Manual" certainly before 1955, and even offered a \$500 reward for any information about the mysterious Mr. Stickley.

[6] See Bent Corydon - L. Ron Hubbard, Jr., *L. Ron Hubbard: Messiah or Madman?*, Lyle Stuart Inc., Secaucus (New Jersey) 1987, pp. 101-111.

[7] In another text by L.R. Hubbard, included in *All About Radiation (Man's Inhumanity to Man) by a nuclear physicist and a medical doctor*, London : Hubbard Association of Scientologists International, 1957, pp. 62-63, brainwashing is again connected with "torture", and it is stated that the Soviets knew it since 1927-1928. It is also noted that "brainwashing was attempted on Mindzensky [*sic*]. It didn't work but, for a moment, he quivered and wavered at his trial" – a reference to Roman Catholic Hungarian Cardinal József Mindszenty (1892-1975). In a technical bulletin of July 22, 1956, Hubbard wrote that "We can brainwash faster than the Russians. 20 secs to total amnesia against three years to slightly confused loyalty" (Idem., *The Technical Bulletins of Dianetics and Scientology. Vol. II, 1954-1956, reprint*, Copenhagen - Los Angeles : Scientology Publications, 1986, p. 474). The context, however, is an invitation to Scientology auditors to keep a higher moral standard, according to which not all what is technically possible should be practiced. However, in this case also, the effect of brainwashing is "total amnesia", confirming that Hubbard used the work "brainwashing" with a meaning different from the prevailing literature of that time ("total amnesia" being something different from the conversion to new ideas).

[8] See Colonel Gordon "Jack" Mohr, "Editorial's Note", in the version he edited of *Brain-Washing (Mind-Changing). A Synthesis of a Russian Textbook on Mass Mind-Control (Psychopolitics)*, Phoenix (Arizona): Lord's Covenant Church-America's Promise Broadcasts, 1982, pp. 4-5. Mohr, who was close to Goff for several years and part of the same subculture, is still certain to this date that "Hubbard did not write the book" (letter by G.J. Mohr to M. Introvigne, June 5, 2001).

[9] See K. Goff, *Brainwashing. A Synthesis of the Russian Textbook on Psychopolitics*, Englewood (Colorado): Kenneth Goff, n.d.

[10] See for example K. Goff, *This is My Story. Confessions of Stalin's Agent*, op. cit.

[11] L. Ron Hubbard, *The Technical Bulletins of Dianetics and Scientology. Volume II: 1954-1956, reprint*, op. cit., pp. 309-310 and pp. 312-313. In Corydon's book, *L. Ron Hubbard: Messiah or Madman?*, op. cit., p. 103, there is an allusion to the Feldkeller reference as follows: "Ron Jr.: (...) Years later, they [the Scientologists] snuck it into the Library of Congress, and somebody else came by, and said 'Oh, look, it was found in the Library of Congress!', which is a lot of baloney". The problem here, however, is that the Library of Congress *does not own* either the Scientology or the Goff version of the "Manual". It owns, on the other hand, the work by Feldkeller, quite well-known by the scholars of this German philosopher, and by no means "snuck" by Scientologists into the Library.

[12] See also Idem., *Psycho-Politik. Zur Demokratisierung, politischen Erziehung und Säuberung*, Berlin : Chronos-Verlag, 1947, where at pp. 106-110 there is a definition of "Psychopolitics", quite different from the one found in the "Manual".

[13] Some have remarked that «pain-drug hypnosis» and at least one other expression, «thinkingness,» are only found in the «Manual» and in Scientology publications. «Pain-drug hypnosis» is mentioned only in the «Manual,» in Scientology works, and in Goff (after the 1950s): but did Hubbard and Goff derive it from the «Manual» or viceversa? For «thinkingness,» however, there are pre-Hubbard precedents. On the other hand, L. R. Hubbard's position on hypnosis in his 1951 *Science of Survival. Simplified, Faster Dianetic Techniques* (Hubbard Dianetic Foundation, Wichita 1951, pp. 223-224) was the exact opposite of the *Manual's*: «an individual in an hypnotic trance will rarely perform an immoral act even though commanded to do so by the hypnotist, unless that individual would normally perform such acts.»

[14] The argument on which Hubbard's critics insist, that having received the tract from the Church of Scientology, the FBI suspected its authenticity, is not very telling, for often the FBI was not kept informed of CIA or military services projects in this or other fields.

Reproduced gratefully from: [http://www.cesnur.org/2005/brainwash\\_13.htm](http://www.cesnur.org/2005/brainwash_13.htm)

## Brainwashing

An anonymous analysis of the book "Brain-Washing: A Synthesis of the Russian Textbook on Psychopolitics" was posted this week. The author has collected several versions of the book, allegedly written by L. Ron Hubbard as an anti-Communism tactic.

"In brief, 'Brain- Washing' presents itself as an address by Lavrenty Pavlovich Beria to American students at the Lenin University on the use of psychiatry as a means of social control.

"'L. Ron Hubbard: Messiah or Madman' by Bent Corydon and L. Ron Hubbard Jr. quotes from 'Brain-Washing' at length and postulates on its source. According to Corydon and Hubbard, the book first appeared in 1955. Hubbard Jr., however, states: 'Dad wrote every word of it. Barbara Bryan and my wife typed the manuscript off his dictation.'

"I found a copy for sale in a drawer of paper ephemera at a former employer's book store.

"The second copy of 'Brain-Washing' I bought was published by Kenneth Goff of Englewood, Colorado. This undated edition contains much more information as to the source of 'Brain- Washing' than the Scientology edition.

"Kenneth Goff claimed to have been a member of the Communist Party from 2 May 1936 to 10 October 1939.

"The two editions of the book are nearly identical. The typeface, size, page count, covers and over-all look of the books have only minor variations. The significant differences in the two editions can be found only in a line- by-line, word-by-word comparison.

"Page 3 paragraph 5 of the Goff edition reads: 'To achieve these goals the psychopolitician must crush every 'home-grown' variety of mental healing in America. Actual teachings of James, Eddy and Pentecostal Bible faith healers amongst your misguided people must be swept aside.

"Page 3 paragraph 5 of the Scientology edition reads: To achieve these goals the psychopolitician must crush every 'home-grown' variety of mental healing in America. Actual teachings of Freud, James, Eddy and others amongst your misguided peoples must be swept away.

"In March 1996 I had the chance to examine yet another edition of this book, one transcribed and posted on the Internet by Martin Hunt. This edition was also published by Scientologists, but includes several neologism and Scientology terms not found in my copies.

"And yet another edition of the book is quoted in 'Vampire Killer 2000.' This time the title is 'The Soviet Art of Brainwashing: A Synthesis of the Russian Textbook on Psycho-politics' and is attributed to Kenneth Goff. Here, Beria is the Head of the Lenin School of Psycho-politics and speaks to a group of American/Marxist Psychology students in 1933.

"And yet another edition of the book is listed in the catalog of A-Albionic Research: 'Brainwashing: A Synthesis of the Russian Textbook on Psychopolitics; Psychopolitics and the Suppression of Man and Civilization.' This edition is attributed to Kenneth Goff, and to 'Stalin's head of the KGB,' and to L. Ron Hubbard (all in the same sentence). It was published in 1988.

"The Goff edition speaks favorably of Pentecostal religion and faith healing: one wonders what denomination Goff was. Goff also states that earlier editions did not mention atomic warfare, which was included in later editions. The early Scientology edition does not include references to faith healing, and later editions add Scientology terms. The contents of the book also appear fluid, reflecting the personal interests and the times of the publisher.

"The book appears some time in the 1930s, and is used by (if not written by) Kenneth Goff to speak against Communism and for Pentecostal Christianity. Later he adds an afterward on atomic bombs, to update the red menace. When L. Ron Hubbard had need of the book in the 1950s, he reads it into a transcription machine

as if he 'wrote' it. Initially he removes references to Pentecostal Christianity and faith healing and does not speak entirely unkindly of Freud; later on he demonizes psychiatry more than Communism. The John Birch Society uses the book for their ends, as do the Vampire Killers. Hubbard did indeed 'write' 'Brain-Washing' - but so did Kenneth Goff, the John Birch Society, the authors of Vampire Killers 2000 and probably many others."

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## Why American's are SHEEPLES: FLUORIDE

### To Whom It May Concern:

**I, Oliver Kenneth Goff** was a member of the Communist Party and the Young Communist League, from May 2, 1936 to October 9, 1939. During this period of time, I operated under the alias of John Keats and the number 18-B-2. My testimony before the Government is incorporated in Volume 9 of the Un-American Activities Report for the year 1939.

While a member of the Communist Party, I attended Communist underground training schools outside the City of New York: In the Bues Hall, and 113 East Wells Street, Milwaukee, Wisconsin. The East Wells Street School operated under the name of the Eugene Debs School. Here, under the tutoring of Eugene Dennis, M. Sparks, Morris Childs, Jack Kling and others, we were schooled in the art of revolutionary overthrow of the established Government.

We were trained on how to dismantle and assemble mimeograph machines, to use for propaganda purposes during the revolution; how to work on guide wires and fuel lines of airplanes so that they would either burst into flames or crash to the ground because of lack of control; how to work on ties and rails to wreck trains; and also the art of poisoning water supplies.

**We discussed quite thoroughly the fluoridation of water supplies** and how we were using it in Russia as a tranquilizer in the prison camps. The leaders of our school felt that if it could be induced into the American water supply, it would bring-about a spirit of lethargy in the nation; where it would keep the general public docile during a steady encroachment of Communism. We also discussed the fact that keeping a store of deadly fluoride near the water reservoir would be advantageous during the time of the revolution, as it would give us opportunity to dump this poison into the water supply and either kill off the populace or threaten them with liquidation, so that they would surrender to obtain fresh water.

We discussed in these schools, the complete art of revolution: the seizure of the main utilities, such as light, power, gas, and water; but it was felt by the leadership, that if a program of fluoridating of the water could be carried out in the nation, it would go a long way toward the advancement of the revolution.

The above statements are true.

/s/ Oliver Kenneth Goff

STATE OF COLORADO ) ) S5 COUNTY OF ARAPAHOE )

OLIVER KENNETH GOFF, being first duly sworn upon his oath, deposes and says that he has the above and foregoing instrument and knows the contents thereof, and that the same are true of his own knowledge except as to those matters stated on the information and belief as to those he believes them to be true.

(SEAL)subscribed and sworn to before me this 22rd day of June A.D., 1957.

The above information was faxed to APFN on Aug. 6, 1993 from ULTRA LIFE From FAX: 618-594-7712. This FAX included the following page:

## FLUORIDE UPDATE. AUGUST 1993

RECENT DISCLOSURES SHOW THE DANGER OF FLUORIDE AND THE SUPPRESSION OF DAMAGING INFORMATION FROM THE PUBLIC.

FRIDAY MAY 15, 1992, WILLIAM MARCUS, Ph.D, CHIEF TOXICOLOGIST AND SENIOR ADVISOR AT THE ENVIRONMENTAL PROTECTION AGENCY, (EPA) WAS FIRED FOR HIS DISCLOSURES OF HIP FRACTURE, CARCINOGENIC, AND OTHER HEALTH AND LIFE THREATENING EFFECTS OF FLUORIDATION.

JUNE 3, 1993, NEW JERSEY ASSEMBLYMAN JOHN V. KELLY, 242 WASHINGTON AVE. NUTLEY, NJ 07110, MADE A STATEMENT BEFORE THE STATE ASSEMBLY, PARTS OF WHICH ARE HEREIN QUOTED. "WEBSTER'S DICTIONARY DEFINES SODIUM FLUORIDE AS A COLORLESS CRYSTALLINE, WATER SOLUBLE, POISONOUS SOLID, USED CHIEFLY IN THE FLUORIDATION OF WATER, AS AN INSECTICIDE, AND AS A RODENTICIDE. THE NJ HEALTH DEPT RELEASED A STUDY LAST NOVEMBER SHOWING AREAS WITH FLUORIDATED WATER SUPPLIES IN NJ HAD FOUR TIMES MORE OSTEOSCAROMA, A RARE FORM OF BONE CANCER, THAN AREAS NON-FLUORIDATED."

"THE AMERICAN ACADEMY OF PEDIATRICS RECOMMENDED PRESCRIPTION FLUORIDE SUPPLEMENTS FOR CHILDREN--FLUORIDE DROPS FOR NEW BORN AND TABLETS FOR OLDER CHILDREN."

"MY OFFICE CONTACTED AMERICAN ACADEMY OF PEDIATRIC DENTISTRY FOR STUDIES OF SAFETY AND EFFECTIVNESS OF THESE SUPPLEMENTS" "THEY WERE NOT IN POSSESSION, ADVISED THESE COULD BE OBTAINED FROM NATIONAL INSTITUTE OF DENTAL RESEARCH IN WASHINGTON, THEY DID NOT HAVE THEM AND ADVISED THESE STUDIES ARE IN DOMAIN OF U.S. FOOD AND DRUG ADMINISTRATION." FDA HAS HAD NO DRUG APPLICATION, NO STUDIES SHOWING SAFETY OR EFFECTIVENESS OF FLUORIDE DROPS OR TABLETS, ACCORDING TO FRANK FAZZARI, CHIEF OF FDA DRUG COMPLIANCE BRANCH, THESE ARE UNAPPROVED NEW DRUGS.!!!

THESE POISONOUS DRUGS HAVE BEEN PRESCRIBED FOR OVER 30 YEARS TO MILLIONS OF CHILDREN. IT IS IRRESPONSIBLE TO PERMIT THESE PRODUCTS TO BE PRESCRIBED TO THE MOST VULNERABLE SEGMENT OF OUR POPULATION, OUR CHILDREN.

THE UNION REPRESENTING EPA SCIENTISTS HAS BEEN VERY CRITICAL OF FLUORIDE, CHARGING THAT MANY STUDIES LINKING FLUORIDE TO A WIDE RANGE OF HEALTH PROBLEMS INCLUDING CANCER, HIP AND OTHER BONE FRACTURES, ARE SUPPRESSED. ASSEMBLYMAN KELLY THEN REQUESTED DR. D. KESSLER, COMMISSIONER, FDA IMMEDIATELY REMOVE THESE FROM THE MARKET, LETTER DATED JUNE 3, 1993. AT THIS DATE NOTHING HAS BEEN DONE TO STOP THIS NATIONWIDE POISONING.

FOR MORE INFO CONTACT: FRANK FAZZARI AT FDA 301-295-8073 - DR. WM. MARCUS (301) 972-0707, DR. ROBT. CARTON, (301) 874-2948 OR (301) 619-2004, FORMER PRESIDENT EPA SCIENTIST UNION.

COULD THERE BE A DEEPER, MORE SINISTER REASON FOR FORCING FLUORIDE ON THE PUBLIC? READ THE NOTORIZED STATEMENT FROM OLIVER KENNETH GOFF. YOU DECIDE IF FLUORIDATION IS ONE MAJOR REASON WHY WE ARE A NATION OF "SHEEPLE" AND "COUCH POTATOES".

<http://www.peg.apc.org/~nexus/fluoridebomb.html>

## TOXIC SECRETS

### Fluoride & the A-Bomb Program

During the ultra-secret Manhattan Project, a report was commissioned to assess the effect of fluoride on humans. That report was classified "secret" for reasons of "national security".

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 Extracted from Nexus Magazine, Volume 5, #3 (April-May 1998). PO Box 30, Mapleton Qld 4560 Australia. [nexus@peg.apc.org](mailto:nexus@peg.apc.org) Telephone: +61 (0)7 5442 9280; Fax: +61 (0)7 5442 9381 From our web page at: <http://www.peg.apc.org/~nexus/>

Joel Griffiths and Chris Bryson 1997 4 West 104th Street New York, NY 10025, USA

Some 50 years after United States authorities began adding fluoride to public water supplies to reduce cavities in children's teeth, recently discovered declassified government documents are shedding new light on the roots of that still-controversial public health measure, revealing a surprising connection between the use of fluoride and the dawning of the nuclear age.

Today, two-thirds of US public drinking water is fluoridated. Many municipalities still resist the practice, disbelieving the government's assurances of safety.

Since the days of World War II when the US prevailed by building the world's first atomic bomb, the nation's public health leaders have maintained that low doses of fluoride are safe for people and good for children's teeth.

That safety verdict should now be re-examined in the light of hundreds of once-secret WWII-era documents obtained by these reporters [authors Griffiths and Bryson], including declassified papers of the Manhattan Project-the ultra-secret US military program that produced the atomic bomb.

Fluoride was the key chemical in atomic bomb production, according to the documents. Massive quantities-millions of tons-were essential for the manufacture of bomb-grade uranium and plutonium for nuclear weapons throughout the Cold War. One of the most toxic chemicals known, fluoride emerged as the leading chemical health hazard of the US atomic bomb program, both for workers and for nearby communities, the documents reveal.

Other revelations include: Ñ Much of the original proof that fluoride is safe for humans in low doses was generated by A-bomb program scientists who had been secretly ordered to provide "evidence useful in litigation" against defence contractors for fluoride injury to citizens. The first lawsuits against the American A-bomb program were not over radiation, but over fluoride damage, the documents show. Ñ Human studies were required. Bomb program researchers played a leading role in the design and implementation of the most extensive US study of the health effects of fluoridating public drinking water, conducted in Newburgh, New York, from 1945 to 1955. Then, in a classified operation code-named "Program F", they secretly gathered and analysed blood and tissue samples from Newburgh citizens with the cooperation of New York State Health Department personnel. Ñ The original, secret version (obtained by these reporters) of a study published by Program F scientists in the August 1948 Journal of the American Dental Association<sup>1</sup> shows that evidence of adverse health effects from fluoride was censored by the US Atomic Energy Commission (AEC)-considered the most powerful of Cold War agencies-for reasons of "national security". Ñ The bomb program's fluoride safety studies were conducted at the University of Rochester-site of one of the most notorious human radiation experiments of the Cold War, in which unsuspecting hospital patients were injected with toxic doses of radioactive plutonium. The fluoride studies were conducted with the same ethical mindset, in which "national security" was paramount.

## EVIDENCE OF FLUORIDE'S ADVERSE HEALTH EFFECTS

The US Government's conflict of interest and its motive to prove fluoride safe in the furious debate over water fluoridation since the 1950s has only now been made clear to the general public, let alone to civilian researchers, health professionals and journalists. The declassified documents resonate with a growing body of scientific evidence and a chorus of questions about the health effects of fluoride in the environment.

Human exposure to fluoride has mushroomed since World War II, due not only to fluoridated water and toothpaste but to environmental pollution by major industries, from aluminium to pesticides, where fluoride is a critical industrial chemical as well as a waste by-product.

The impact can be seen literally in the smiles of our children. Large numbers (up to 80 per cent in some cities) of young Americans now have dental fluorosis, the first visible sign of excessive fluoride exposure according to the US National Research Council. (The signs are whitish flecks or spots, particularly on the front teeth, or dark spots or stripes in more severe cases.)

Less known to the public is that fluoride also accumulates in bones. "The teeth are windows to what's happening in the bones," explained Paul Connett, Professor of Chemistry at St Lawrence University, New York, to these reporters. In recent years, paediatric bone specialists have expressed alarm about an increase in stress fractures among young people in the US. Connett and other scientists are concerned that fluoride-linked to bone damage in studies since the 1930s-may be a contributing factor.

The declassified documents add urgency: much of the original 'proof' that low-dose fluoride is safe for children's bones came from US bomb program scientists, according to this investigation.

Now, researchers who have reviewed these declassified documents fear that Cold War national security considerations may have prevented objective scientific evaluation of vital public health questions concerning fluoride.

"Information was buried," concludes Dr Phyllis Mullenix, former head of toxicology at Forsyth Dental Center in Boston and now a critic of fluoridation. Animal studies which Mullenix and co-workers conducted at Forsyth in the early 1990s indicated that

fluoride was a powerful central nervous system (CNS) toxin and might adversely affect human brain functioning even at low doses. (New epidemiological evidence from China adds support, showing a correlation between low-dose fluoride exposure and diminished IQ in children.) Mullenix's results were published in 1995 in a reputable peer-reviewed scientific journal.<sup>2</sup>

During her investigation, Mullenix was astonished to discover there had been virtually no previous US studies of fluoride's effects on the human brain. Then, her application for a grant to continue her CNS research was turned down by the US National Institutes of Health (NIH), when an NIH panel flatly told her that "fluoride does not have central nervous system effects".

Declassified documents of the US atomic bomb program indicate otherwise. A Manhattan Project memorandum of 29 April 1944 states: "Clinical evidence suggests that uranium hexafluoride may have a rather marked central nervous system effect... It seems most likely that the F [code for fluoride] component rather than the T [code for uranium] is the causative factor." The memo, from a captain in the medical corps, is stamped SECRET and is addressed to Colonel Stafford Warren, head of the Manhattan Project's Medical Section. Colonel Warren is asked to approve a program of animal research on CNS effects. "Since work with these compounds is essential, it will be necessary to know in advance what mental effects may occur after exposure... This is important not only to protect a given individual, but also to prevent a confused workman from injuring others by improperly performing his duties."

On the same day, Colonel Warren approved the CNS research program. This was in 1944, at the height of World War II and the US nation's race to build the world's first atomic bomb.

For research on fluoride's CNS effects to be approved at such a momentous time, the supporting evidence set forth in the proposal forwarded along with the memo must have been persuasive. The proposal, however, is missing from the files at the US National Archives. "If you find the memos but the document they refer to is missing, it's probably still classified," said Charles Reeves, chief librarian at the Atlanta branch of the US National Archives and Records Administration where the memos were found. Similarly, no results of the Manhattan Project's fluoride CNS research could be found in the files.

After reviewing the memos, Mullenix declared herself "flabbergasted". "How could I be told by NIH that fluoride has no central nervous system effects, when these documents were sitting there all the time?" She reasons that the Manhattan Project did do fluoride CNS studies: "That kind of warning, that fluoride workers might be a danger to the bomb program by improperly performing their duties-I can't imagine that would be ignored." But she suggests that the results were buried because of the difficult legal and public relations problems they might create for the government.

The author of the 1944 CNS research proposal attached to the 29 April memo was Dr Harold C. Hodge-at the time, chief of fluoride toxicology studies for the University of Rochester division of the Manhattan Project.

Nearly 50 years later at the Forsyth Dental Center in Boston, Dr Mullenix was introduced to a gently ambling elderly man, brought in to serve as a consultant on her CNS research. This man was Harold C. Hodge. By then, Hodge had achieved status emeritus as a world authority on fluoride safety. "But even though he was supposed to be helping me," said Mullenix, "he never once mentioned the CNS work he had done for the Manhattan Project."

The "black hole" in fluoride CNS research since the days of the Manhattan Project is unacceptable to Mullenix who refuses to abandon the issue. "There is so much fluoride exposure now, and we simply do not know what it is doing. You can't just walk away from this."

Dr Antonio Noronha, an NIH scientific review advisor familiar with Dr Mullenix's grant request, told us that her proposal was rejected by a scientific peer-review group. He termed her claim of institutional bias against fluoride CNS research "far-fetched". He then added: "We strive very hard at NIH to make sure politics does not enter the picture." \

## THE NEW JERSEY FLUORIDE POLLUTION INCIDENT

The documentary trail begins at the height of World War II, in 1944, when a severe pollution incident occurred downwind of the E.I. DuPont de Nemours Company chemical factory in Deepwater, New Jersey. The factory was then producing millions of pounds of fluoride for the Manhattan Project whose scientists were racing to produce the world's first atomic bomb.

The farms downwind in Gloucester and Salem counties were famous for their high-quality produce. Their peaches went directly to the Waldorf Astoria Hotel in New York City; their tomatoes were bought up by Campbell's Soup.

But in the summer of 1944 the farmers began reporting that their crops were blighted: "Something is burning up the peach crops around here." They said that poultry died after an all-night thunderstorm, and that farm workers who ate produce they'd picked would sometimes vomit all night and into the next day.

"I remember our horses looked sick and were too stiff to work," Mildred Giordano, a teenager at the time, told these reporters. Some cows were so crippled that they could not stand up; they could only graze by crawling on their bellies.

The account was confirmed in taped interviews with Philip Sadtler (shortly before he died), of Sadtler Laboratories of Philadelphia, one of the nation's oldest chemical consulting firms. Sadtler had personally conducted the initial investigation of the damage.

Although the farmers did not know it, the attention of the Manhattan Project and the federal government was riveted on the New Jersey incident, according to once-secret documents obtained by these reporters.

A memo, dated 27 August 1945, from Manhattan Project chief Major-General Leslie R. Groves to the Commanding General of Army Service Forces at the Pentagon, concerns the investigation of crop damage at Lower Penns Neck, New Jersey. It states: "At the request of the Secretary of War, the Department of Agriculture has agreed to cooperate in investigating complaints of crop damage attributed...to fumes from a plant operated in connection with the Manhattan Project."

After the war's end, Dr Harold C. Hodge, the Manhattan Project's chief of fluoride toxicology studies, worriedly wrote in a secret memo (1 March 1946) to his boss, Colonel Stafford L. Warren, chief of the Medical Section, about "problems associated with the question of fluoride contamination of the atmosphere in a certain section of New Jersey".

"There seem to be four distinct (though related) problems: "1. A question of injury of the peach crop in 1944. "2. A report of extraordinary fluoride content of vegetables grown in this area. "3. A report of abnormally high fluoride content in the blood of human individuals residing in this area. "4. A report raising the question of serious poisoning of horses and cattle in this area."

## FLUORIDE DAMAGE: THE FIRST LAWSUITS

The New Jersey farmers waited until the war was over before suing DuPont and the Manhattan Project for fluoride damage-reportedly the first lawsuits against the US atomic bomb program. Although seemingly trivial, the lawsuits shook the government, the secret documents reveal.

Under the personal direction of Major-General Groves, secret meetings were convened in Washington, with compulsory attendance by scores of scientists and officials from the US War Department, the Manhattan Project, the Food and Drug Administration, the Agriculture and Justice departments, the US Army's Chemical Warfare Service and Edgewood Arsenal, the Bureau of Standards, as well as lawyers from DuPont. Declassified memos of the meetings reveal a secret mobilisation of the full forces of the government to defeat the New Jersey farmers.

In a memo (2 May 1946) copied to General Groves, Manhattan Project Lt Colonel Cooper B. Rhodes notes that these agencies "are making scientific investigations to obtain evidence which may be used to protect the interest of the Government at the trial of the suits brought by owners of peach orchards in...New Jersey".

Regarding these lawsuits, General Groves wrote to the Chairman of the Senate Special Committee on Atomic Energy in a memo of 28 February 1946, advising that "the Department of Justice is cooperating in the defense of these suits".

Why the national security emergency over a few lawsuits by New Jersey farmers? In 1946 the United States began full-scale production of atomic bombs. No other nation had yet tested a nuclear weapon, and the A-bomb was seen as crucial for US leadership of the postwar world. The New Jersey fluoride lawsuits were a serious roadblock to that strategy. "The specter of endless lawsuits haunted the military," wrote Lansing Lamont in *Day of Trinity*, his acclaimed book about the first atomic bomb test.<sup>3</sup>

"If the farmers won, it would open the door to further suits which might impede the bomb program's ability to use fluoride," commented Jacqueline Kittrell, a Tennessee public interest lawyer who examined the declassified fluoride documents. (Kittrell

specialises in nuclear-related litigation and has represented plaintiffs in several human radiation experiment cases.) "The reports of human injury were especially threatening because of the potential for enormous settlements-not to mention the PR problem," she added.

Indeed, DuPont was particularly concerned about the "possible psychologic reaction" to the New Jersey pollution incident, according to a secret Manhattan Project memo of 1 March 1946. Facing a threat from the Food and Drug Administration (FDA) to embargo the region's produce because of "high fluoride content", DuPont dispatched its lawyers to the FDA offices in Washington, DC, where an agitated meeting ensued. According to a memo sent next day to General Groves, DuPont's lawyer argued that "in view of the pending suits...any action by the Food and Drug Administration...would have a serious effect on the DuPont Company and would create a bad public relations situation". After the meeting adjourned, Manhattan Project Captain John Davies approached the FDA's Food Division chief and "impressed upon Dr White the substantial interest which the Government had in claims which might arise as a result of action which might be taken by the Food and Drug Administration".

There was no embargo. Instead, according to General Groves' memo of 27 August 1946, new tests for fluoride in the New Jersey area were to be conducted not by the Department of Agriculture but by the US Army's Chemical Warfare Service (CWS)-because "work done by the Chemical Warfare Service would carry the greatest weight as evidence if...lawsuits are started by the complainants".

Meanwhile, the public relations problem remained unresolved: local citizens were in a panic about fluoride. The farmers' spokesman, Willard B. Kille, was personally invited to dine with General Groves (then known as "the man who built the atomic bomb") at his office at the War Department on 26 March 1946. Although diagnosed by his doctor as having fluoride poisoning, Kille departed the luncheon convinced of the government's good faith. Next day he wrote to the general, expressing his wish that the other farmers could have been present so that "they too could come away with the feeling that their interests in this particular matter were being safeguarded by men of the very highest type whose integrity they could not question".

A broader solution to the public relations problem was suggested by Manhattan Project chief fluoride toxicologist Harold C. Hodge in a second secret memo (1 May 1946) to Medical Section chief Colonel Warren: "Would there be any use in making attempts to counteract the local fear of fluoride on the part of residents of Salem and Gloucester counties through lectures on F toxicology and perhaps the usefulness of F in tooth health?" Such lectures were indeed given, not only to New Jersey citizens but to the rest of the nation throughout the Cold War.

The New Jersey farmers' lawsuits were ultimately stymied by the government's refusal to reveal the key piece of information that would have settled the case: how much fluoride DuPont had vented into the atmosphere during the war. "Disclosure would be injurious to the military security of the United States," Manhattan Project Major C. A. Taney, Jr, had written in a memo soon after the war's end (24 September 1945).

The farmers were pacified with token financial settlements, according to interviews with descendants still living in the area.

"All we knew is that DuPont released some chemical that burned up all the peach trees around here," recalled Angelo Giordano whose father James was one of the original plaintiffs. "The trees were no good after that, so we had to give up on the peaches." Their horses and cows acted and walked stiffly, recalled his sister Mildred. "Could any of that have been the fluoride?" she asked. (The symptoms she detailed are cardinal signs of fluoride toxicity, according to veterinary toxicologists.) The Giordano family has also been plagued by bone and joint problems, Mildred added. Recalling the settlement received by the family, Angelo Giordano told these reporters that his father said he "got about \$200".

The farmers were stonewalled in their search for information about fluoride's effects on their health, and their complaints have long since been forgotten. But they unknowingly left their imprint on history: their complaints of injury to their health reverberated through the corridors of power in Washington and triggered intensive, secret, bomb program research on the health effects of fluoride.

## **"PROGRAM F": SECRET FLUORIDE RESEARCH**

A secret memo (2 May 1946) to General Groves from Manhattan Project Lt Colonel Rhodes states: "Because of complaints that animals and humans have been injured by hydrogen fluoride fumes in [the New Jersey] area, although there are no pending suits involving such claims, the University of Rochester is conducting experiments to determine the toxic effect of fluoride."



Much of the proof of fluoride's alleged safety in low doses rests on the postwar work done at the University of Rochester in anticipation of lawsuits against the bomb program for human injury.

For the top-secret Manhattan Project to delegate fluoride safety studies to the University of Rochester was not surprising. During WWII the US Federal Government became involved for the first time in large-scale funding of scientific research at government-owned labs and private colleges. Those early spending priorities were shaped by the nation's often-secret military needs.

The prestigious upstate New York college in particular had housed a key wartime division of the Manhattan Project to study the health effects of the new "special materials" such as uranium, plutonium, beryllium and fluoride which were being used in making the atomic bomb. That work continued after the war, with millions of dollars flowing from the Manhattan Project and its successor organisation, the Atomic Energy Commission (AEC). (Indeed, the bomb left an indelible imprint on all of US science in the late 1940s and 1950s. Up to 90 per cent of all federal funds for university research came from either the Department of Defense or the AEC in this period, according to Noam Chomsky in his 1997 book, *The Cold War and the University*.<sup>4</sup>)

The University of Rochester Medical School became a revolving door for senior bomb-program scientists. The postwar faculty included Stafford Warren, the top medical officer of the Manhattan Project, and Harold C. Hodge, chief of fluoride research for the bomb program.

But this marriage of military secrecy and medical science bore deformed offspring. The University of Rochester's classified fluoride studies, code-named "Program F", were started during the war and continued up until the early 1950s. They were conducted at its Atomic Energy Project (AEP), a top-secret facility funded by the AEC and housed at Strong Memorial Hospital. It was there that one of the most notorious human radiation experiments of the Cold War took place, in which unsuspecting hospital patients were injected with toxic doses of radioactive plutonium. Revelation of this experiment-in a Pulitzer Prize-winning account by Eileen Welsome-led to a 1995 US presidential investigation and a multimillion-dollar cash settlement for victims.

Program F was not about children's teeth. It grew directly out of litigation against the bomb program, and its main purpose was to furnish scientific ammunition which the government and its nuclear contractors could use to defeat lawsuits for human injury. Program F's director was none other than Dr Harold C. Hodge- who led the Manhattan Project investigation of alleged human injury in the New Jersey fluoride pollution incident.

Program F's purpose is spelled out in a classified 1948 report. It reads: "To supply evidence useful in the litigation arising from an alleged loss of a fruit crop several years ago, a number of problems have been opened. Since excessive blood-fluoride levels were reported in human residents of the same area, our principal effort has been devoted to describing the relationship of blood fluorides to toxic effects."

The litigation referred to and the claims of human injury were of course against the bomb program and its contractors. Thus the purpose of Program F was to obtain evidence useful in litigation against the bomb program. The research was being conducted by the defendants.

The potential conflict of interest is clear. If lower dose ranges were found hazardous by Program F, this might have opened the bomb program and its contractors to public outcry and lawsuits for injury to human health.

Lawyer Jacqueline Kittrell commented further: "This and other documents indicate that the University of Rochester's fluoride research grew out of the New Jersey lawsuits and was performed in anticipation of lawsuits against the bomb program for human injury. Studies undertaken for litigation purposes by the defendants would not be considered scientifically acceptable today because of their inherent bias to prove the chemical safe."

Unfortunately, much of the proof of fluoride's safety rests on the work performed by Program F scientists at the University of Rochester. During the postwar period, that university emerged as the leading academic centre for establishing the safety of fluoride as well as its effectiveness in reducing tooth decay, according to Rochester Dental School spokesperson William H. Bowen, MD. The key figure in this research, Bowen said, was Dr Harold C. Hodge-who also became a leading national proponent of fluoridating public drinking water.

## THE A-BOMB AND WATER FLUORIDATION

Program F's interest in water fluoridation was not just "to counteract the local fear of fluoride on the part of residents", as Hodge had earlier written to Colonel Warren. The bomb program required human studies of fluoride's effects, just as it needed human studies of plutonium's effects. Adding fluoride to public water supplies provided one opportunity.

Bomb-program scientists played a prominent, if unpublicised, role in the nation's first-planned water fluoridation experiment in Newburgh, New York. The Newburgh Demonstration Project is considered the most extensive study of the health effects of fluoridation, supplying much of the evidence that low doses are allegedly safe for children's bones and good for their teeth.

Planning began in 1943 with the appointment of a special New York State Health Department committee to study the advisability of adding fluoride to Newburgh's drinking water. The chairman of the committee was, again, Dr Harold C. Hodge, then chief of fluoride toxicity studies for the Manhattan Project. Subsequent members of the committee included Henry L. Barnett, a captain in the Project's Medical Section, and John W. Fertig, in 1944 with the Office of Scientific Research and Development—the super-secret Pentagon group which sired the Manhattan Project. Their military affiliations were kept secret. Hodge was described as a pharmacologist, Barnett as a paediatrician. Placed in charge of the Newburgh project was David B. Ast, chief dental officer of the New York State Health Department. Ast had participated in a key secret wartime conference on fluoride, held by the Manhattan Project in January 1944, and later worked with Dr Hodge on the Project's investigation of human injury in the New Jersey incident, according to once-secret memos.

The committee recommended that Newburgh be fluoridated. It selected the types of medical studies to be done, and it also "provided expert guidance" for the duration of the experiment.

The key question to be answered was: "Are there any cumulative effects, beneficial or otherwise, on tissues and organs other than the teeth, of long-continued ingestion of such small concentrations?" According to the declassified documents, this was also key information sought by the bomb program. In fact, the program would require "long-continued" exposure of workers and communities to fluoride throughout the Cold War.

In May 1945, Newburgh's water was fluoridated, and over the next 10 years its residents were studied by the New York State Health Department.

In tandem, Program F conducted its own secret studies, focusing on the amounts of fluoride Newburgh citizens retained in their blood and tissues—information called for by the bomb program in connection with litigation. "Possible toxic effects of fluoride were in the forefront of consideration," the advisory committee stated. Health department personnel cooperated, shipping blood and placenta samples to the Program F team at the University of Rochester. The samples were collected by Dr David B. Overton, the department's chief of paediatric studies at Newburgh.

The final report of the Newburgh Demonstration Project, published in 1956 in the *Journal of the American Dental Association*,<sup>5</sup> concluded that "small concentrations" of fluoride were safe for US citizens. The biological proof, "based on work performed...at the University of Rochester Atomic Energy Project", was delivered by Dr Hodge.

Today, news that scientists from the A-bomb program secretly shaped and guided the Newburgh fluoridation experiment and studied the citizens' blood and tissue samples is greeted with incredulity.

"I'm shocked...beyond words," said present-day Newburgh Mayor Audrey Carey, commenting on these reporters' findings. "It reminds me of the Tuskegee experiment that was done on syphilis patients down in Alabama."

As a child in the early 1950s, Mayor Carey was taken to the old Newburgh firehouse on Broadway which housed the public health clinic. There, doctors from the Newburgh fluoridation project studied her teeth, and a peculiar fusion of two fingerbones on her left hand which she's had since birth. (Carey said that her granddaughter has white dental-fluorosis marks on her front teeth.)

Mayor Carey wants answers from the government about the secret history of fluoride and the Newburgh fluoridation experiment. "I absolutely want to pursue it," she said. "It is appalling to do any kind of experimentation and study without people's knowledge and permission."

When contacted by these reporters, the now 95-year-old David B. Ast, former director of the Newburgh experiment, said he was unaware that Manhattan Project scientists were involved. "If I had known, I would have been certainly investigating

why, and what the connection was," he said. Did he know that blood and placenta samples from Newburgh were being sent to bomb-program researchers at the University of Rochester? "I was not aware of it," Ast replied. Did he recall participating in the Manhattan Project's secret wartime conference on fluoride in January 1944, or going to New Jersey with Dr Hodge to investigate human injury in the DuPont case, as secret memos state? He told these reporters he had no recollection of any such events.

Bob Loeb, a spokesperson for the University of Rochester Medical Center, confirmed that blood and tissue samples from Newburgh had been tested by the University's Dr Hodge. On the ethics of secretly studying US citizens to obtain information useful in litigation against the A-bomb program, he said: "That's a question we cannot answer." He referred inquiries to the US Department of Energy (DOE), successor to the Atomic Energy Commission.

Jayne Brady, a spokesperson for the Department of Energy in Washington confirmed that a review of DOE files indicated that a "significant reason" for fluoride experiments conducted at the University of Rochester after the war was "impending litigation between the DuPont company and residents of New Jersey areas". However, she added: "DOE has found no documents to indicate that fluoride research was done to protect the Manhattan Project or its contractors from lawsuits."

On Manhattan Project involvement in Newburgh, Brady stated: "Nothing that we have suggests that the DOE or predecessor agencies-especially the Manhattan Project-authorized fluoride experiments to be performed on children in the 1940s."

When told that these reporters have several documents that directly tie the AEP-the Manhattan Project's successor agency at the University of Rochester-to the Newburgh experiment, DOE spokesperson Brady later conceded her study was confined to "the available universe" of documents.

Two days later, Brady faxed a statement for clarification. "My search only involved the documents that we collected as part of our human radiation experiments project; fluoride was not part of our research effort."

"Most significantly," the statement continued, "relevant documents may be in a classified collection at the DOE Oak Ridge National Laboratory, known as the Records Holding Task Group. This collection consists entirely of classified documents removed from other files for the purpose of classified document accountability many years ago [and was] a rich source of documents for the human radiation experiments projects."

**SUPPRESSION OF ADVERSE HEALTH FINDINGS** The crucial question arising from the investigation is whether adverse health findings from Newburgh and other bomb-program fluoride studies were suppressed. All AEC-funded studies had to be declassified before publication in civilian medical and dental journals. Where are the original classified versions?

The transcript of one of the major secret scientific conferences of World War II-on "fluoride metabolism"-is missing from the files of the US National Archives and is "probably still classified", according to the librarian. Participants in the January 1944 conference included key figures who promoted the safety of fluoride and water fluoridation to the public after the war: Harold Hodge of the Manhattan Project, David B. Ast of the Newburgh Demonstration Project, and US Public Health Service dentist H. Trendley Dean, popularly known as "the father of fluoridation".

A WWII Manhattan Project classified report (25 July 1944) on water fluoridation is missing from the files of the University of Rochester Atomic Energy Project, the US National Archives, and the Nuclear Repository at the University of Tennessee, Knoxville. The next four numerically consecutive documents are also missing, while the remainder of the "M-1500 series" is present.

"Either those documents are still classified, or they've been 'disappeared' by the government," said Clifford Honicker, Executive Director of the American Environmental Health Studies Project in Knoxville, Tennessee, which provided key evidence in the public exposure and prosecution of US human radiation experiments.

Seven pages have been cut out of a 1947 Rochester bomb project notebook entitled "DuPont Litigation". "Most unusual," commented the medical school's chief archivist, Chris Hoolihan.

Similarly, Freedom of Information Act (FOIA) requests lodged by these reporters over a year ago with the DOE for hundreds of classified fluoride reports have failed to dislodge any. "We're behind," explained Amy Rothrock, chief FOIA officer at Oak Ridge National Laboratories.

So, has information been suppressed? These reporters made what appears to be the

first discovery of the original classified version of a fluoride safety study by bomb program scientists. A censored version of this study was later published in the August 1948 Journal of the American Dental Association.<sup>6</sup> Comparison of the secret version with the published version indicates that the US AEC did censor damaging information on fluoride—to the point of tragicomedy. This was a study of the dental and physical health of workers in a factory producing fluoride for the A-bomb program; it was conducted by a team of dentists from the Manhattan Project.

Ñ The secret version reports that most of the men had no teeth left. The published version reports only that the men had fewer cavities. Ñ The secret version says the men had to wear rubber boots because the fluoride fumes disintegrated the nails in their shoes. The published version does not mention this. Ñ The secret version says the fluoride may have acted similarly on the men's teeth, contributing to their toothlessness. The published version omits this statement and concludes that "the men were unusually healthy, judged from both a medical and dental point of view".

After comparing the secret and published versions of the censored study, toxicologist Phyllis Mullenix commented: "This makes me ashamed to be a scientist." Of other Cold War-era fluoride safety studies, she asked: "Were they all done like this?"

Asked for comment on the early links of the Manhattan Project to water fluoridation, Dr Harold Slavkin, Director of the National Institute for Dental Research—the US agency which today funds fluoride research—said: "I wasn't aware of any input from the Atomic Energy Commission." Nevertheless, he insisted that fluoride's efficacy and safety in the prevention of dental cavities over the last 50 years is well proved. "The motivation of a scientist is often different from the outcome," he reflected. "I do not hold a prejudice about where the knowledge comes from."

Endnotes: 1. Dale, Peter P., and McCauley, H. B., "Dental Conditions in Workers Chronically Exposed to Dilute and Anhydrous Hydrofluoric Acid", Journal of the American Dental Association, vol. 37, no. 2, August 1948, pp. 131-140. Note that Dale and McCauley were both Manhattan Project and, later, Program F personnel; they also authored the secret Manhattan Project paper. 2. Mullenix, Phyllis et al., "Neurotoxicity of Sodium Fluoride in Rats", Neurotoxicology and Teratology, vol. 17, no. 2, 1995, pp. 169-177. 3. Lamont, Lansing, Day of Trinity, Atheneum, New York City, 1965. 4. Chomsky, Noam, The Cold War and the University, New Press, New York City, 1997 (distributed by W.W. Norton & Co. Inc., NYC). 5. Hodge, H. C., "Fluoride metabolism: its significance in water fluoridation", in "Newburgh-Kingston caries-fluorine study: final report", Journal of the American Dental Association, vol. 52, March 1956. 6. Dale and McCauley, *ibid*.

About the Authors: Joel Griffiths is a medical writer based in New York City. He is the author of a book on radiation hazards that included one of the first revelations of human radiation experiments, and has contributed numerous articles to medical journals and popular publications. Chris Bryson, who holds a Master's degree in journalism, is an independent reporter for BBC Radio, ABC-TV and public television in New York City, and writes for a variety of publications. The authors wish to thank Clifford Honicker, Executive Director of the American Environmental Health Studies Project, Knoxville, TN, for his indispensable archival research.

Resources: Copies of 155 pages of supporting documents, including all the declassified papers referred to in this article, can be obtained from the following contacts for a small fee to cover copying and postage: Ñ Australia: Australian Fluoridation News, GPO Box 935G, Melbourne, Victoria 3001, phone (03) 9592 5088, fax (03) 9592 4544. Ñ New Zealand: New Zealand Pure Water Association, 278 Dickson Road, Papamoa, Bay of Plenty, phone (07) 542 0499. Ñ UK: National Pure Water Association of the UK, 12 Dennington Lane, Cragglistone, Wakefield, WF4 3ET, phone 01924 254433, fax 01924 242380. Ñ USA: Waste Not newsletter, 82 Judson Street, Canton, NY 13617, phone (315) 379 9200, fax (315) 379 0448, e-mail wastenot@northnet.org .

## FLUORIDE: A PROTECTED POLLUTANT

Since 1937, the foreign medical literature has contained hundreds of articles on the wide variety of troubles that can be caused by fluorine. The same is true of the veterinary literature in this country. But none of this appears in our medical literature. The things that fluorine can do to people are seen every day everywhere. The trouble is to know which cases are actually caused by fluorine.

<http://www.cadvision.com/fluoride/exner.htm>

Fluoridation: The Overdosing of America - Fact or Fiction?

<http://www.icnr.com/FluoridePres/Slide1.html>

THE Water FAQ <http://www.siouxlan.com:80/water/faq.html>

American Dental Association. Fluoridation Facts. Chicago FLUORIDE TOXICITY There are many reported cases of fluorosis, a mottling (dark brown/gray staining and spotting of teeth) and crumbling of teeth due to too much flouride placed in municipal water supplies. A warning to parents of small children: if children eat large globs of toothpaste while brushing their teeth, stop the habit immediately, and place small amounts of toothpaste on a child's toothbrush. Teach the child not to swallow the toothpaste. <http://www.its.ilstu.edu/fcs106/fluoride.htm>

Fluorides and Fluoridation <http://www.ada.org/consumer/fluoride/articles/fa-05.html>

TIME-RELEASED FLUORIDE FOR OSTEOPOROSIS Report #6190 5/3/94  
<http://www.wdn.com/mirkin/6190.html>

EPA - HYDROGEN FLUORIDE (AND RELATED COMPOUNDS) (1) 7664-39-3 Chronic (long-term) exposure to fluoride at low levels has a beneficial effect of dental cavity prevention and may also be useful for the treatment of osteoporosis. Exposure to higher levels of fluoride through drinking water may cause dental fluorosis or mottling, while very high exposures through drinking water or air can result in skeletal fluorosis. <http://www.epa.gov/ttn/uatw/hlthef/hydrogen.html>

Fluoride the Aging Factor Price information not available. You can still order this item, and we will request approval of the price via e-mail prior to shipment. Paperback 2nd edition (June 1986) Health Action Pr; ISBN: 0913571008

<http://www.amazon.com/exec/obidos/ASIN/0913571008/o/qid=902214011/sr=2-3/002-9761417-6701215>

Subject: [MC] About Scientific Information! Date: Mon, 3 Aug 1998 23:32:07 -0700  
From: "Stephen A. Tueting" [whimpy.com@worldnet.att.net](mailto:whimpy.com@worldnet.att.net)

Unbelievably fabulous expose on the history and technologies involved. The ability to transmit from one brain to another is there. See the medical journal Electroencephalography and Clinical Neurophysiology, 1996, Suppl. 45. "Continuous Wave-Form Analysis". It's another piece of deciphering the brains EEG and translating to a different persons EEG and then writing it to that brain.

This is a brilliant piece of literature and extremely accurate.

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<http://www.law.cornell.edu/uscode/17/107.shtml>

AMERICA: OVERDOSED ON FLUORIDE  
<http://www.zerowasteamerica.org/Fluoride.htm>

TOP FLUORIDE EXPERT APOLOGIZES FOR PUSHING POISON  
[http://www.apfn.org/apfn/fluoride\\_expert.htm](http://www.apfn.org/apfn/fluoride_expert.htm)

Fluoridation / Fluoride Toxic Chemicals In Your Water Fluoride compounds which are put in water (fluoridation), toothpaste and supplement tablets (including some vitamins) were never tested for safety before approval.  
<http://www.holisticmed.com/fluoride/>

50 Reasons to Oppose Fluoridation <http://www.fluoridealert.org/50-reasons.htm>

Don't Swallow Your Toothpaste <http://www.fluoridealert.org/DSYT.htm>

Focus: Fluoride  
[http://www.hearstnp.com/san\\_antonio/bea/news/stories/san/storypage.cfm?xlc=115955&xla=saen](http://www.hearstnp.com/san_antonio/bea/news/stories/san/storypage.cfm?xlc=115955&xla=saen)

Shocking News About Fluoride <http://www.apfn.org/apfn/flouride.htm>

Fluoride - The Lunatic Drug <http://www.apfn.org/apfn/water.htm>

STOP FLUORIDEATION <http://rvi.net/~fluoride/index.htm>

Fluoridation status of some countries <http://www.fluoridation.com/c-country.htm>

FLUORIDE WEB SITES <http://www.npwa.freeseve.co.uk/links.html>

Fluoride is a corrosive poison <http://www.apfn.org/apfn/poison.htm>

FIGHT FLUORIDE! <http://www.fightfluoride.com/main.html>

Population Control <http://www.apfn.org/apfn/population.htm>

WATER <http://www.apfn.org/pdf/water.pdf>

FLUORIDE REALITY Fluoride ingestion has very little to do with dental health, it does have a lot to do with disposing of industrial waste and making people docile and subservient, it also has a lot to do with MONEY. Clearly, the dental profession would not and HAS not put itself out of business.

<http://www.webaxs.net/~noel/fluoride.htm>

Respected Medical Professionals and Scientists are warning that water fluoridation has dangerous long-term consequences to health. <http://www.nofluoride.com/>

TOXIC SECRETS Fluoride & the A-Bomb Program During the ultra-secret Manhattan Project, a report was commissioned to assess the effect of fluoride on humans. That report was classified "secret" for reasons of "national security".

<http://www.nexusmagazine.com//fluoridebomb.html>

Fluoride: An Invisible Killer <http://www.just-think-it.com/no-f.htm>

Fluoride Toxicity [http://www.health-science.com/fluoride\\_toxicity.htm](http://www.health-science.com/fluoride_toxicity.htm)

"FLUORIDE DANGERS TO THE THYROID"

<http://www.thyroid.about.com/health/thyroid/library/weekly/aa020700b.htm>

How Fluoride Kills Human Cells

[http://www.mercola.com/2000/sept/24/fluoride\\_kills\\_cells.htm](http://www.mercola.com/2000/sept/24/fluoride_kills_cells.htm)

Join The Nationwide Call for Congressional Hearings on Fluoridation 2001

[http://www.citizens.org/Food\\_Water\\_Safety/Fluoridation/fluoride.htm](http://www.citizens.org/Food_Water_Safety/Fluoridation/fluoride.htm)

## Fluoride Damages Children's Bones

### Study NYS Coalition Opposed To Fluoridation 6-7-5

NEW YORK (PRNewswire) -- White-spotted or yellow splotched teeth may reveal more than needed expensive cosmetic dentistry.

Children with fluoride-discolored teeth (dental fluorosis) are more likely to have bone damage, according to a study published in the journal "Fluoride."

Despite living in a low-water-fluoride district, 132 Tibetan children, aged 8 to 13-years-old, developed dental fluorosis from dietary fluoride sources such as brick tea, a popular Asian drink, fed to children as young as two years old. (1)

Wrist x-rays reveal that 96% of those children with dental fluorosis had "developmental skeletal abnormalities" including carpal bone hardening or thickening.

"Therefore, dental fluorosis in children should be viewed as more than a matter of cosmetic concern, since it can also be a sign of early-stage skeletal fluorosis that might lead to full-scale debilitating skeletal fluorosis in adulthood," write researchers Cao and colleagues.

Skeletal fluorosis with pain, stiffness and/or deforming bone defects, is common in Nalgonda, India (See: <http://www.nalgonda.org/flourosis.php> )

To avoid skeletal fluorosis in the U.S., the maximum-contaminant-level of fluoride allowed in drinking water by the Environmental Protection Agency is 4 parts per million (4 milligrams per liter).

But, some people exceed 4 milligrams daily from their diet, alone (2). Up to 63% of children living in optimally fluoridated areas (0.7 - 1.2 ppm) have dental fluorosis (3). More studies show a link between dental fluorosis and bone damage.

A British Medical Journal study reports that older white women from fluoridated communities have a 32% higher rate of wrist fracture. (4)

A Mexican study links dental fluorosis to bone fractures. (5)

Polish pediatricians found abnormal bone changes in 11 to 15 year-olds exhibiting dental fluorosis. (5a)

A Rheumatology International study links naturally fluoridated water to knee osteoarthritis in amounts many Americans consume daily. (6)

Early fluorosis warning signs include joint pain, stomach pain, excessive thirst and urination, muscle weakness, and/or anemia, especially if accompanied by discoloration in the patient's front row of teeth, according to Dr. A.K. Susheela, Director of India's Fluorosis Research and Rural Development Foundation. (7)

A U.S. woman's spine pain alleviated when she avoided fluoride.(8)

"Americans are unaware that their arthritis or irritable bowel syndrome could be fluoride-related," says attorney Paul Beeber, President, New York State Coalition Opposed to Fluoridation.

Additional bone/fluoride research can be found here:

<http://www.fluoridealert.org/health/bone/index.html>

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(1) <http://homepages.ihug.co.nz/%7Espittle/381%2044.pdf>

(2) [http://iadr.confex.com/iadr/2002SanDiego/techprogram/abstract\\_20316.htm](http://iadr.confex.com/iadr/2002SanDiego/techprogram/abstract_20316.htm)

(3)

[http://www.orgsites.com/ny/newyorkstatecoalitionopposedtofluoridation/\\_pgg6.php3](http://www.orgsites.com/ny/newyorkstatecoalitionopposedtofluoridation/_pgg6.php3)

(4) <http://www.pubmedcentral.nih.gov/articlerender.fcgi?artid=27493&rendertype=table&id=T4>

5) <http://www.fluoride-journal.com/01-34-2/342-139.pdf>

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(6)

[http://www.orgsites.com/ny/newyorkstatecoalitionopposedtofluoridation/\\_pgg7.php3](http://www.orgsites.com/ny/newyorkstatecoalitionopposedtofluoridation/_pgg7.php3)

(7) <http://education.vsnl.com/fluorosis/information.html>

(8) <http://mednews.wustl.edu/news/page/normal/4607.html> Contact: Paul S. Beeber, President nyscof@aol.com New York State Coalition Opposed to Fluoridation, Inc. PO Box 263, Old Bethpage, NY 11804

SOURCE NYS Coalition Opposed to Fluoridation <

<http://www.orgsites.com/ny/nyscof> > <http://www.orgsites.com/ny/nyscof> <

<http://www.orgsites.com/ny/nyscof> >

Fluoridation News Releases < <http://tinyurl.com/6kqtu> > <http://tinyurl.com/6kqtu>

## What's wrong with fluoridation?

... Follow the Money Excerpts from The Secret War and The Fluoride Conspiracy, by Dr. Geoffrey E. Smith The U.S. National Academy of Sciences has always measured the safety of fluoridation on the basis of one study of crippling skeletal fluorosis, which was first published in 1935.

EPA's regulation for the maximum allowable concentration of fluoride in drinking water was established for one purpose - to prevent this disease. However crippling is the end stage of chronic fluoride poisoning. The earlier stages involve gastrointestinal problems, arthritis, and osteoporosis. None of these earlier symptoms are considered in the regulation ... only the end stage.

In 1985, when EPA raised the maximum contaminant level to 4 milligrams of fluoride per liter of water, they used dosage figures miscalculated in 1953 by Harold C. Hodge, who was chairman of the NAS committee on toxicology. Hodge's original

figures (20-80 mg/day for 10-20 years) were corrected by Hodge in 1979, and by NAS in 1993. The corrected figures, based on Roholm's classic study of workers in the cryolite industry, amount to 0.2 to 0.35 milligrams of fluoride per kilogram of body weight per day, for eleven years. When extrapolated over a lifetime of 55 to 96 years, these crippling dosage figures equal 1 milligram of fluoride daily for each 55 pounds of body weight ... 0.04 mg/kg/day.

In the early years of water fluoridation, this dosage was not the norm. At that time, water was virtually the only source of fluoride in the American diet. The total intake for most adults was 0.02 mg/kg/day ... about one to one and a half milligrams of fluoride daily.

Today, the figure is 0.095 mg/kg/day... from food and drinking water alone ... more than 6 milligrams daily.

This increase in ingested fluoride, largely due to the use of artificial fertilizers containing fluoride, pesticide residues, dental products, and modern food processing, has changed a relatively safe dosage into one capable of causing crippling deformities of the spine and major joints, as well as the muscle pain associated with fibromyalgia.

Beer and wine often contain significant quantities of fluoride, as does ordinary tea. Grape juice often contains even larger quantities of fluoride, due to the widespread use of pesticides, which remain on the grape skin. Fluoride in toothpaste can be absorbed through the tissues of the mouth, as well as swallowed accidentally. Many prescription drugs also contain fluoride. None of these items are labeled to indicate the quantity of fluoride added to the daily dietary total.

In other words, what began as a reasonable risk has become the proverbial "straw that breaks the camel's back."

Why, then, does fluoridation continue to be an accepted public health practice? Why does the U.S. government offer grants to cities willing to add fluoride to their water supply?

Why, in light of the facts, would so many people and institutions allow the poisoning of an entire population?

In order to understand, we must go back in time, to the origin of water fluoridation, and the financial interests. We must follow the money trail.

We must also consider the concept of a control group in establishing cause and effect. Without a control group, the effect of fluoride gases are confused with the effect of fluoridated water or toothpaste. This camouflage has served the interests of powerful corporations since 1945.

Fluorine constitutes 0.065 per cent of the elements of the earth's crust and is a significant component of the total biogeochemical cycle in which life has evolved. Mankind has always been exposed to fluoride in the environment; and fluoride has always been a trace constituent of our diet and a component of our body fluids, tissues and skeleton.

Indeed, the ubiquitous occurrence of fluoride in nature means that it would be virtually impossible to prepare a diet entirely free of fluoride.

But, until the start of the industrial revolution, most of the fluoride in the environment was safely 'locked-up' in rocks, coal and clays, and only relatively small amounts were released either as a result of volcanic activity (HF can be detected in volcanic gases), coal burning, or the slow leaching of fluoride into some waters.

Today, most of the fluoride that enters the human body is from man-made sources.

Over the past 50 years, a variety of industries have released into the atmosphere more than 25,000,000 tons of fluoride gases and particulates.

Dentists will argue, correctly, that mankind has always been exposed to fluoride in the environment. We have also been exposed to trace amounts of arsenic, lead, cadmium, and background radiation. The human body can handle certain levels of potentially harmful substances, there's no doubt about that. But, remember, there are 'threshold levels' above which the poison begins to harm the body or the way it functions. Since each one of us is metabolically unique, some people are more sensitive to fluoride than others. Today, a significant proportion of the fluoride that enters the human body is from modern man-made sources, and all the indications are that you and your family are now being over-exposed to what scientists in the Manhattan Project named - the Devil's Element.

You will have heard of fluoride. It's the miracle ingredient in your toothpaste, and



the chemical they put in public water supplies to prevent cavities in teeth.

You may have heard of hydrogen fluoride. It's a common, particularly dangerous but relatively unknown air pollutant produced by the most powerful industries including: steel mills, iron foundries, copper, zinc and aluminum smelters, plastics manufacturers, fertilizer works, agro-chemical factories, petro-chemical refineries, brick works, glass factories, coal-burning power stations, and nuclear processing plants. The use of unleaded gasoline puts more fluoride into the air.

If health authorities were to set air pollution standards for hydrogen fluoride which were harmless, then certain key industries in our technologically-oriented society would almost grind to a halt.

This dilemma led to the most bizarre conspiracy of modern times in which captains of industry and national security agencies combined to ruthlessly suppress evidence of the dangers of hydrogen fluoride air pollution; and, cynically used a healing profession - dentistry - to promote an apparently beneficial image for fluoride.

The result is that we live in an increasingly 'fluoridated' world. The fluoride in water and toothpaste is potentially harmful; the hydrogen fluoride in contaminated air far more so. Each year, tens of thousands of tons of hydrogen fluoride create an environmental hazard more threatening than global warming or depletion of the ozone layer; and hydrogen fluoride, which can be 1,000 times more harmful than sulphur dioxide, is often a key, but rarely mentioned component of 'acid rain'.

Few people living in the developed countries of the world can escape exposure to hydrogen fluoride (HF). Workers in more than 60 occupations are now breathing HF-contaminated air, and anyone living in the vicinity of the fluoride-polluting industries is also at risk.

The World Health Organization has estimated that many millions of people live in areas with air pollution problems severe enough to cause tens of thousands of premature deaths each year and leave many more chronically ill and disabled.

During this century three major air pollution disasters emphasized the link between contaminated air, disaster and death. These occurred in the Meuse Valley, Belgium, in 1930; Donora, Pennsylvania in 1948, and London in 1952. The worst began in London on Thursday, 4th December, and lasted three days. During this period, 4,000 people in London died from heart and lung disease. Hydrogen fluoride was the chief killer in all three disasters.

At incredibly low concentrations HF can induce subtle changes in enzyme activities, nerve action potentials and host defence - the immune system.

Hydrogen fluoride at a concentration of just 0.1 parts per billion in air can damage sensitive vegetation; at a concentration of 1 part per billion it can devastate vineyards and orchards. Of all air pollutants which affect farm animals, hydrogen fluoride has caused the most severe and widespread damage. Yet health authorities insist that low-level long-term exposure to HF cannot harm human health!

If there is scientifically acceptable evidence to support these claims about the hazards of HF, how on earth have authorities managed to deceive people for so long? Why do we hear so much about sulphur dioxide, nitrogen oxides and carbon monoxide, and so little about hydrogen fluoride?

Because most people have been 'brain-washed' into believing that 'fluoride' is good for them. After all, it's put into water and toothpaste to prevent tooth decay. If you can drink water containing 1 part per million fluoride, and use toothpaste containing 1,000 parts per million fluoride, then how could fluoride in air at a level of parts per billion be harmful?

In other words, health authorities pretend that fluoride in the air is the same as fluoride in drinking water and toothpaste. They even present their measurements of hydrogen fluoride in air as - fluoride. When describing water fluoridation, the same tactic is used ... sodium fluoride and fluosilicic acid are described as "natural," avoiding the fact that in areas with "natural" fluoridation, the compounds involved are not these toxic wastes of industry, but a much less toxic compound of fluoride and calcium.

In the 1930's scientists in Britain, Europe and the United States knew that low levels of HF were harmful. Furthermore, they had identified a visible symptom of chronic HF poisoning.

Children who grew up near industries with fluoride-pollution problems could develop 'mottled' teeth; so too could cattle and sheep in the vicinity. The relationship between HF air pollution and 'mottled' teeth was an obvious threat to the Captains of Industry. They might argue whether it was sulphur dioxide, nitrogen oxides or

hydrogen fluoride that was responsible for damage to crops and livestock, but no other air pollutants caused mottled teeth.

In 1930 there were plenty of 'mottled' teeth amongst children in Pittsburgh, Pennsylvania, headquarters of the Aluminum Company of America, Alcoa. The head chemist of Alcoa, H.V. Churchill, was given the job of 'explaining' the 'mottled' teeth in a way that would deflect attention away from Alcoa's fluoride air pollution problems.

Tooth decay is caused by bacteria - single-celled organisms, which, like all cells - both enamel and vegetable - are extremely sensitive to fluoride which, above certain concentrations, is a potent poison.

The most common bacterium implicated in the cause of caries is *Streptococcus mutans*. Levels of fluoride above 20 parts per million are lethal to *S. mutans*; levels as low as 0.19 ppm fluoride can interfere with certain essential metabolic enzymes in the bacterium; and concentrations of fluoride between 4 and 20 ppm can cause *S. mutans* to - mutate.

In other words, fluoride is an anti-microbial agent of great potency.

The development of a cavity in a tooth proceeds in the following manner. *S. mutans* (or other cariogenic bacteria) must first gain attachment to the tooth surface. Once attached, and given a suitable food supply, the bacteria thrive and multiply, producing colonies known as dental plaque.

Within the plaque, millions of microbes are consuming carbohydrates and excreting dilute acids as waste products.

These acids begin to eat away - demineralize - the surface layers of the tooth enamel. As a result, the enamel is broken down into its component parts, which include, calcium, phosphate, carbonate and trace amounts of fluoride (which was incorporated into the enamel as it developed).

Gradually, the fluoride level in the plaque fluid builds up. When it reaches 0.19 ppm the metabolism of the bacteria slows down - less food is consumed and fewer acid wastes produced. As the level rises above 4 ppm fluoride, the 'mutation rate' of the bacteria increases dramatically. Finally, as the fluoride concentrations in the plaque rises to lethal levels, the bacteria die. And, there may even be some re-mineralization of the enamel.

Wonderful! A cavity has been prevented! But all this has taken place on the surface of the body, not inside it.

Of course fluoride is not the only element that can prevent decay topically. Any potentially toxic element which can become incorporated in tooth enamel, such as the bone-seeking elements - radium, uranium, cadmium, lead and strontium-90, will kill cariogenic bacteria as they are released from enamel as a consequence of the de-mineralizing effect of the microbes' acid wastes.

Trace amounts of fluoride are present in bone mineral - which is very similar to the mineral in tooth enamel. However, there is a crucial difference between bone and enamel. Once fully formed, tooth enamel is static - it doesn't undergo metabolic changes. Bone, on the other hand, is constantly being remodelled. This involves 'old' bone being resorbed and 'new' bone laid down. Cells called osteocytes and osteoclasts dissolve the 'old' bone and osteoblasts help form 'new' bone.

All bone contains some fluoride, and as old bone is dissolved it is released into the vicinity of the resorbing cells, and evolution has ensured that the bone cells can withstand very low levels of fluoride.

But, just as the cariogenic bacteria can be harmed by the excessive levels of fluoride, so too can bone cells and bone marrow cells - which include the progenitors of immune system cells.

The events described above explain the symptoms associated with both dental and skeletal fluorosis; unfortunately they also raise the spectre of bone cancer and leukemia.

As Dr. Frederick Exner noted: "If American Industry had to stop polluting our air, water, and our countryside with fluoride fumes and fall-out, and to dispose of its fluoride wastes without creating a public hazard, it would cost, not mere millions, but countless billions of dollars. and therein lies the explanation for the utterly relentless drive to fluoridate our water supplies by any means, fair or foul, and many other puzzling aspects of the drive to fluoridate."

Because of the dental profession's infatuation with fluoride, tens of millions of

people around the world have 'mottled' teeth caused by fluoridated drinking water, fluoridated dental health products, or fluoride air pollution. The evidence is inescapable.

Although cosmetic dentistry can cover up the visible damage to teeth, it is costly and highly profitable for dentists. The dental profession's long-time promotion of fluoride has created a need for cosmetic dentistry ... yet for years, dentists argued that by pushing fluoride they would be putting themselves out of business!

Well, guess what ... the litigation has now begun.

And once a jury accepts that fluoride can harm developing teeth, the next obvious question will be: If fluoride can damage tooth cells, what other cells and tissues in the human body are being harmed?

The flood-gates will open. Over the next decade it is conceivable that in North America, Britain and Australia, at least fifteen million people will be seeking damages for 'mottled' teeth - from toothpaste manufacturers, dentists, and local authorities who permitted fluoridation. A lot of money will be involved; even at \$10,000 per person, a pretty modest sum these days, we are talking about \$150 BILLION.

Are you beginning to get the picture? The dental profession, federal and state health authorities, and certain important industries, CANNOT admit, after 50 years, that fluoride has been damaging human health; the consequences are unthinkable.

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**Introduction:** The following article was commissioned by the Christian Science Monitor in the spring of 1997. Despite much favorable comment from editors, and full documentation, the story remains unpublished by the Monitor. By any yardstick, this report was an award-winning scoop for any national paper. The report offers a glimpse into the history of fluoride, a bio-accumulative toxic that Americans ingest every day. The authors, Griffiths and Bryson, spent more than a year on research. With the belief that the information should be withheld no longer, the authors gave their report to Waste Not, and others, with a short note: "use as you wish." This introduction is taken from Waste Not #414 (September 1997) where the article was first published. The article went on to be nominated as the year's 18th most censored story in the 1998 Project Censored Series.

## Fluoride, Teeth, and the Atomic Bomb by Chris Bryson & Joel Griffiths

Some fifty years after the United States began adding fluoride to public water supplies to reduce cavities in children's teeth, declassified government documents are shedding new light on the roots of that still-controversial public health measure, revealing a surprising connection between fluoride and the dawning of the nuclear age.

Today, two thirds of U.S. public drinking water is fluoridated. Many municipalities

still resist the practice, disbelieving the government's assurances of safety.

Since the days of World War II, when this nation prevailed by building the world's first atomic bomb, U.S. public health leaders have maintained that low doses of fluoride are safe for people, and good for children's teeth.

That safety verdict should now be re-examined in the light of hundreds of once-secret WWII documents obtained by Griffiths and Bryson --including declassified papers of the Manhattan Project, the U.S. military group that built the atomic bomb.

Fluoride was the key chemical in atomic bomb production, according to the documents. Massive quantities of fluoride-- millions of tons-- were essential for the manufacture of bomb-grade uranium and plutonium for nuclear weapons throughout the Cold War. One of the most toxic chemicals known, fluoride rapidly emerged as the leading chemical health hazard of the U.S atomic bomb program--both for workers and for nearby communities, the documents reveal.

### Other revelations include:

\* Much of the original proof that fluoride is safe for humans in low doses was generated by A-bomb program scientists, who had been secretly ordered to provide "evidence useful in litigation" against defense contractors for fluoride injury to citizens. The first lawsuits against the U.S. A-bomb program were not over radiation, but over fluoride damage, the documents show.

\* Human studies were required. Bomb program researchers played a leading role in the design and implementation of the most extensive U.S. study of the health effects of fluoridating public drinking water--conducted in Newburgh, New York from 1945 to 1956. Then, in a classified operation code-named "Program F," they secretly gathered and analyzed blood and tissue samples from Newburgh citizens, with the cooperation of State Health Department personnel.

\* The original secret version--obtained by these reporters--of a 1948 study published by Program F scientists in the Journal of the American Dental Association shows that evidence of adverse health effects from fluoride was censored by the U.S. Atomic Energy Commission (AEC) --considered the most powerful of Cold War agencies-- for reasons of national security.

\* The bomb program's fluoride safety studies were conducted at the University of Rochester, site of one of the most notorious human radiation experiments of the Cold War, in which unsuspecting hospital patients were injected with toxic doses of radioactive plutonium. The fluoride studies were conducted with the same ethical mind-set, in which "national security" was paramount.

\* The U.S. government's conflict of interest--and its motive to prove fluoride "safe" - has not until now been made clear to the general public in the furious debate over water fluoridation since the 1950's, nor to civilian researchers and health professionals, or journalists.

The declassified documents resonate with a growing body of scientific evidence, and a chorus of questions, about the health effects of fluoride in the environment.

Human exposure to fluoride has mushroomed since World War II, due not only to fluoridated water and toothpaste, but to environmental pollution by major industries from aluminum to pesticides: fluoride is a critical industrial chemical.

The impact can be seen, literally, in the smiles of our children. Large numbers of U.S. young people--up to 80 percent in some cities--now have dental fluorosis, the first visible sign of excessive fluoride exposure, according to the U.S. National Research Council. (The signs are whitish flecks or spots, particularly on the front teeth, or dark spots or stripes in more severe cases.)

Less-known to the public is that fluoride also accumulates in bones --"The teeth are windows to what's happening in the bones," explains Paul Connett, Professor of Chemistry at St. Lawrence University (N.Y.). In recent years, pediatric bone specialists have expressed alarm about an increase in stress fractures among U.S. young people. Connett and other scientists are concerned that fluoride --linked to bone damage by studies since the 1930's-- may be a contributing factor. The declassified documents add urgency: much of the original proof that low-dose fluoride is safe for children's bones came from U.S. bomb program scientists, according to this investigation.

Now, researchers who have reviewed these declassified documents fear that Cold War national security considerations may have prevented objective scientific evaluation of vital public health questions concerning fluoride.

"Information was buried," concludes Dr. Phyllis Mullenix, former head of toxicology at

Forsyth Dental Center in Boston, and now a critic of fluoridation. Animal studies Mullenix and co-workers conducted at Forsyth in the early 1990's indicated that fluoride was a powerful central nervous system (CNS) toxin, and might adversely affect human brain functioning, even at low doses. (New epidemiological evidence from China adds support, showing a correlation between low-dose fluoride exposure and diminished I.Q. in children.) Mullenix's results were published in 1995, in a reputable peer-reviewed scientific journal.

During her investigation, Mullenix was astonished to discover there had been virtually no previous U.S. studies of fluoride's effects on the human brain. Then, her application for a grant to continue her CNS research was turned down by the U.S. National Institutes of Health (NIH), where an NIH panel, she says, flatly told her that "fluoride does not have central nervous system effects."

Declassified documents of the U.S. atomic-bomb program indicate otherwise. An April 29, 1944 Manhattan Project memo reports: "Clinical evidence suggests that uranium hexafluoride may have a rather marked central nervous system effect.... It seems most likely that the F [code for fluoride] component rather than the T [code for uranium] is the causative factor."

The memo --stamped "secret"-- is addressed to the head of the Manhattan Project's Medical Section, Colonel Stafford Warren. Colonel Warren is asked to approve a program of animal research on CNS effects: "Since work with these compounds is essential, it will be necessary to know in advance what mental effects may occur after exposure...This is important not only to protect a given individual, but also to prevent a confused workman from injuring others by improperly performing his duties."

On the same day, Colonel Warren approved the CNS research program. This was in 1944, at the height of the Second World War and the nation's race to build the world's first atomic bomb. For research on fluoride's CNS effects to be approved at such a momentous time, the supporting evidence set forth in the proposal forwarded along with the memo must have been persuasive.

The proposal, however, is missing from the files of the U.S. National Archives. "If you find the memos, but the document they refer to is missing, its probably still classified," said Charles Reeves, chief librarian at the Atlanta branch of the U.S. National Archives and Records Administration, where the memos were found. Similarly, no results of the Manhattan Project's fluoride CNS research could be found in the files.

After reviewing the memos, Mullenix declared herself "flabbergasted." She went on, "How could I be told by NIH that fluoride has no central nervous system effects when these documents were sitting there all the time?" She reasons that the Manhattan Project did do fluoride CNS studies --"that kind of warning, that fluoride workers might be a danger to the bomb program by improperly performing their duties--I can't imagine that would be ignored"-- but that the results were buried because they might create a difficult legal and public relations problem for the government.

The author of the 1944 CNS research proposal was Dr. Harold C. Hodge, at the time chief of fluoride toxicology studies for the University of Rochester division of the Manhattan Project. Nearly fifty years later at the Forsyth Dental Center in Boston, Dr. Mullenix was introduced to a gently ambling elderly man brought in to serve as a consultant on her CNS research--Harold C. Hodge. By then Hodge had achieved status emeritus as a world authority on fluoride safety. "But even though he was supposed to be helping me," says Mullenix, "he never once mentioned the CNS work he had done for the Manhattan Project."

The "black hole" in fluoride CNS research since the days of the Manhattan Project is unacceptable to Mullenix, who refuses to abandon the issue. "There is so much fluoride exposure now, and we simply do not know what it is doing," she says. "You can't just walk away from this."

Dr. Antonio Noronha, an NIH scientific review advisor familiar with Dr. Mullenix's grant request, says her proposal was rejected by a scientific peer-review group. He terms her claim of institutional bias against fluoride CNS research "farfetched." He adds, "We strive very hard at NIH to make sure politics does not enter the picture."

### Fluoride and National Security

The documentary trail begins at the height of WW2, in 1944, when a severe pollution incident occurred downwind of the E.I. du Pont du Nemours Company chemical factory in Deepwater, New Jersey. The factory was then producing millions of pounds of fluoride for the Manhattan project, the ultra-secret U.S. military program racing to produce the world's first atomic bomb.

The farms downwind in Gloucester and Salem counties were famous for their high-quality produce -- their peaches went directly to the Waldorf Astoria Hotel in New York. Their tomatoes were bought up by Campbell's Soup.

But in the summer of 1943, the farmers began to report that their crops were blighted, and that "something is burning up the peach crops around here."

Poultry died after an all-night thunderstorm, they reported. Farm workers who ate the produce they had picked sometimes vomited all night and into the next day. "I remember our horses looked sick and were too stiff to work," these reporters were told by Mildred Giordano, who was a teenager at the time. Some cows were so crippled they could not stand up, and grazed by crawling on their bellies.

The account was confirmed in taped interviews, shortly before he died, with Philip Sadtler of Sadtler Laboratories of Philadelphia, one of the nation's oldest chemical consulting firms. Sadtler had personally conducted the initial investigation of the damage.

Although the farmers did not know it, the attention of the Manhattan Project and the federal government was riveted on the New Jersey incident, according to once-secret documents obtained by these reporters. After the war's end, in a secret Manhattan Project memo dated March 1, 1946, the Project's chief of fluoride toxicology studies, Harold C. Hodge, worriedly wrote to his boss Colonel Stafford L. Warren, Chief of the Medical Division, about "problems associated with the question of fluoride contamination of the atmosphere in a certain section of New Jersey. There seem to be four distinct (though related) problems," continued Hodge;

1. A question of injury of the peach crop in 1944.
2. A report of extraordinary fluoride content of vegetables grown in this area.
3. A report of abnormally high fluoride content in the blood of human individuals residing in this area.
4. A report raising the question of serious poisoning of horses and cattle in this area.

The New Jersey farmers waited until the war was over, then sued du Pont and the Manhattan Project for fluoride damage -- reportedly the first lawsuits against the U.S. A-bomb program.

Although seemingly trivial, the lawsuits shook the government, the secret documents reveal. Under the personal direction of Manhattan Project chief Major General Leslie R. Groves, secret meetings were convened in Washington, with compulsory attendance by scores of scientists and officials from the U.S. War Department, the Manhattan Project, the Food and Drug Administration, the Agriculture and Justice Departments, the U.S. Army's Chemical Warfare Service and Edgewood Arsenal, the Bureau of Standards, and du Pont lawyers. Declassified memos of the meetings reveal a secret mobilization of the full forces of the government to defeat the New Jersey farmers:

These agencies "are making scientific investigations to obtain evidence which may be used to protect the interest of the Government at the trial of the suits brought by owners of peach orchards in ... New Jersey," stated Manhattan Project Lieutenant Colonel Cooper B. Rhodes, in a memo c.c.'d to General Groves.

**27 August 1945**

Subject: Investigation of Crop Damage at Lower Penns Neck, New Jersey To: The Commanding General, Army Service Forces, Pentagon Building, Washington D.C.

"At the request of the Secretary of War the Department of Agriculture has agreed to cooperate in investigating complaints of crop damage attributed... to fumes from a plant operated in connection with the Manhattan Project."

Signed, L.R. Groves, Major General U.S.

"The Department of Justice is cooperating in the defense of these suits," wrote General Groves in a Feb. 28, 1946 memo to the Chairman of the U.S. Senate Special Committee on Atomic Energy.

Why the national-security emergency over a few lawsuits by New Jersey farmers? In 1946 the United States had begun full-scale production of atomic bombs. No other nation had yet tested a nuclear weapon, and the A-bomb was seen as crucial for U.S. leadership of the postwar world. The New Jersey fluoride lawsuits were a serious roadblock to that strategy.

"The specter of endless lawsuits haunted the military," writes Lansing Lamont in his acclaimed book about the first atomic bomb test, "Day of Trinity."

In the case of fluoride, "If the farmers won, it would open the door to further suits, which might impede the bomb program's ability to use fluoride," said Jacqueline Kittrell, a Tennessee public interest lawyer specializing in nuclear cases, who examined the declassified fluoride documents. (Kittrell has represented plaintiffs in several human radiation experiment cases.) She added, "The reports of human injury were especially threatening, because of the potential for enormous settlements -- not to mention the PR problem."

Indeed, du Pont was particularly concerned about the "possible psychologic reaction" to the New Jersey pollution incident, according to a secret 1946 Manhattan Project memo. Facing a threat from the Food and Drug Administration (FDA) to embargo the region's produce because of "high fluoride content," du Pont dispatched its lawyers to the FDA offices in Washington, where an agitated meeting ensued. According to a memo sent next day to General Groves, Du Pont's lawyer argued "that in view of the pending suits...any action by the Food and Drug Administration... would have a serious effect on the du Pont Company and would create a bad public relations situation." After the meeting adjourned, Manhattan Project Captain John Davies approached the FDA's Food Division chief and "impressed upon Dr. White the substantial interest which the Government had in claims which might arise as a result of action which might be taken by the Food and Drug Administration."

There was no embargo. Instead, new tests for fluoride in the New Jersey area would be conducted -- not by the Department of Agriculture -- but by the U.S. Army's Chemical Warfare Service because "work done by the Chemical Warfare Service would carry the greatest weight as evidence if... lawsuits are started by the complainants." The memo was signed by General Groves.

Meanwhile, the public relations problem remained unresolved -- local citizens were in a panic about fluoride.

The farmer's spokesman, Willard B. Kille, was personally invited to dine with General Groves --then known as "the man who built the atomic bomb" -- at his office at the War Department on March 26, 1946. Although he had been diagnosed with fluoride poisoning by his doctor, Kille departed the luncheon convinced of the government's good faith. The next day he wrote to the general, wishing the other farmers could have been present, he said, so "they too could come away with the feeling that their interests in this particular matter were being safeguarded by men of the very highest type whose integrity they could not question."

In a subsequent secret Manhattan project memo, a broader solution to the public relations problem was suggested by chief fluoride toxicologist Harold C. Hodge. He wrote to the Medical Section chief, Col. Warren: "Would there be any use in making attempts to counteract the local fear of fluoride on the part of residents of Salem and Gloucester counties through lectures on F toxicology and perhaps the usefulness of F in tooth health?" Such lectures were indeed given, not only to New Jersey citizens but to the rest of the nation throughout the Cold War.

The New Jersey farmers' lawsuits were ultimately stymied by the government's refusal to reveal the key piece of information that would have settled the case --how much fluoride du Pont had vented into the atmosphere during the war. "Disclosure... would be injurious to the military security of the United States," wrote Manhattan Project Major C.A Taney, Jr. The farmers were pacified with token financial settlements, according to interviews with descendants still living in the area.

"All we knew is that du Pont released some chemical that burned up all the peach trees around here," recalls Angelo Giordano, whose father James was one of the original plaintiffs. "The trees were no good after that, so we had to give up on the peaches." Their horses and cows, too, acted stiff and walked stiff, recalls his sister Mildred. "Could any of that have been the fluoride ?" she asked. (The symptoms she detailed to the authors are cardinal signs of fluoride toxicity, according to veterinary toxicologists.)

The Giordano family, too, has been plagued by bone and joint problems, Mildred adds. Recalling the settlement received by the Giordanos, Angelo told these reporters that "my father said he got about \$200."

The farmers were stonewalled in their search for information, and their complaints have long since been forgotten. But they unknowingly left their imprint on history -- their claims of injury to their health reverberated through the corridors of power in Washington, and triggered intensive secret bomb-program research on the health effects of fluoride. A secret 1945 memo from Manhattan Project Lt. Col. Rhodes to General Groves stated: "Because of complaints that animals and humans have been injured by hydrogen fluoride fumes in [the New Jersey] area, although there are no



pending suits involving such claims, the University of Rochester is conducting experiments to determine the toxic effect of fluoride."

Much of the proof of fluoride's safety in low doses rests on the postwar work performed by the University of Rochester, in anticipation of lawsuits against the bomb program for human injury.

### Fluoride and the Cold War.

Delegating fluoride safety studies to the University of Rochester was not surprising. During WWII the federal government had become involved, for the first time, in large-scale funding of scientific research at government-owned labs and private colleges. Those early spending priorities were shaped by the nation's often-secret military needs.

The prestigious upstate New York college, in particular, had housed a key wartime division of the Manhattan Project, studying the health effects of the new "special materials," such as uranium, plutonium, beryllium and fluoride, being used to make the atomic bomb. That work continued after the war, with millions of dollars flowing from the Manhattan Project and its successor organization, the Atomic Energy Commission (AEC). (Indeed, the bomb left an indelible imprint on all U.S. science in the late 1940's and 50's. Up to 90% of federal funds for university research came from either the Defense Department or the AEC in this period, according to Noam Chomsky's 1996 book "The Cold War and the University.")

The University of Rochester medical school became a revolving door for senior bomb program scientists. Postwar faculty included Stafford Warren, the top medical officer of the Manhattan Project, and Harold Hodge, chief of fluoride research for the bomb program.

But this marriage of military secrecy and medical science bore deformed offspring. The University of Rochester's classified fluoride studies -- code-named Program F -- were conducted at its Atomic Energy Project (AEP), a top-secret facility funded by the AEC and housed in Strong Memorial Hospital. It was there that one of the most notorious human radiation experiments of the Cold War took place, in which unsuspecting hospital patients were injected with toxic doses of radioactive plutonium. Revelation of this experiment in a Pulitzer prize-winning account by Eileen Welsome led to a 1995 U.S. Presidential investigation, and a multimillion-dollar cash settlement for victims.

Program F was not about children's teeth. It grew directly out of litigation against the bomb program and its main purpose was to furnish scientific ammunition which the government and its nuclear contractors could use to defeat lawsuits for human injury. Program F's director was none other than Harold C. Hodge, who had led the Manhattan Project investigation of alleged human injury in the New Jersey fluoride-pollution incident.

Program F's purpose is spelled out in a classified 1948 report. It reads: "To supply evidence useful in the litigation arising from an alleged loss of a fruit crop several years ago, a number of problems have been opened. Since excessive blood fluoride levels were reported in human residents of the same area, our principal effort has been devoted to describing the relationship of blood fluorides to toxic effects."

The litigation referred to, of course, and the claims of human injury were against the bomb program and its contractors. Thus, the purpose of Program F was to obtain evidence useful in litigation against the bomb program. The research was being conducted by the defendants.

The potential conflict of interest is clear. If lower dose ranges were found hazardous by Program F, it might have opened the bomb program and its contractors to lawsuits for injury to human health, as well as public outcry.

Comments lawyer Kittrell: "This and other documents indicate that the University of Rochester's fluoride research grew out of the New Jersey lawsuits and was performed in anticipation of lawsuits against the bomb program for human injury. Studies undertaken for litigation purposes by the defendants would not be considered scientifically acceptable today," adds Kittrell, "because of their inherent bias to prove the chemical safe."

Unfortunately, much of the proof of fluoride's safety rests on the work performed by Program F Scientists at the University of Rochester. During the postwar period that university emerged as the leading academic center for establishing the safety of fluoride, as well as its effectiveness in reducing tooth decay, according to Dental School spokesperson William H. Bowen, MD. The key figure in this research, Bowen said, was Harold C. Hodge-- who also became a leading national proponent of fluoridating public drinking water. Program F's interest in water fluoridation was not

just 'to counteract the local fear of fluoride on the part of residents,' as Hodge had earlier written. The bomb program needed human studies, as they had needed human studies for plutonium, and adding fluoride to public water supplies provided one opportunity.

### The A-Bomb Program and Water Fluoridation

Bomb-program scientists played a prominent -- if unpublicized -- role in the nation's first-planned water fluoridation experiment, in Newburgh, New York. The Newburgh Demonstration Project is considered the most extensive study of the health effects of fluoridation, supplying much of the evidence that low doses are safe for children's bones, and good for their teeth.

Planning began in 1943 with the appointment of a special New York State Health Department committee to study the advisability of adding fluoride to Newburgh's drinking water. The chairman of the committee was Dr. Hodge, then chief of fluoride toxicity studies for the Manhattan Project.

Subsequent members included Henry L. Barnett, a captain in the Project's Medical section, and John W. Fertig, in 1944 with the office of Scientific Research and Development, the Pentagon group which sired the Manhattan Project. Their military affiliations were kept secret: Hodge was described as a pharmacologist, Barnett as a pediatrician. Placed in charge of the Newburgh project was David B. Ast, chief dental officer of the State Health Department. Ast had participated in a key secret wartime conference on fluoride held by the Manhattan Project, and later worked with Dr. Hodge on the Project's investigation of human injury in the New Jersey incident, according to once-secret memos.

The committee recommended that Newburgh be fluoridated. It also selected the types of medical studies to be done, and "provided expert guidance" for the duration of the experiment. The key question to be answered was: "Are there any cumulative effects -- beneficial or otherwise, on tissues and organs other than the teeth -- of long-continued ingestion of such small concentrations...?" According to the declassified documents, this was also key information sought by the bomb program, which would require long-continued exposure of workers and communities to fluoride throughout the Cold War.

In May 1945, Newburgh's water was fluoridated, and over the next ten years its residents were studied by the State Health Department. In tandem, Program F conducted its own secret studies, focusing on the amounts of fluoride Newburgh citizens retained in their blood and tissues - key information sought by the bomb program: "Possible toxic effects of fluoride were in the forefront of consideration," the advisory committee stated. Health Department personnel cooperated, shipping blood and placenta samples to the Program F team at the University of Rochester. The samples were collected by Dr. David B. Overton, the Department's chief of pediatric studies at Newburgh.

The final report of the Newburgh Demonstration Project, published in 1956 in the Journal of the American Dental Association, concluded that "small concentrations" of fluoride were safe for U.S. citizens. The biological proof -- "based on work performed ... at the University of Rochester Atomic Energy Project" -- was delivered by Dr. Hodge.

Today, news that scientists from the atomic bomb program secretly shaped and guided the Newburgh fluoridation experiment, and studied the citizen's blood and tissue samples, is greeted with incredulity.

"I'm shocked -- beyond words," said present-day Newburgh Mayor Audrey Carey, commenting on these reporters' findings. "It reminds me of the Tuskegee experiment that was done on syphilis patients down in Alabama."

As a child in the early 1950's, Mayor Carey was taken to the old firehouse on Broadway in Newburgh, which housed the Public Health Clinic. There, doctors from the Newburgh fluoridation project studied her teeth, and a peculiar fusion of two finger bones on her left hand she had been born with. Today, adds Carey, her granddaughter has white dental-fluorosis marks on her front teeth.

Mayor Carey wants answers from the government about the secret history of fluoride, and the Newburgh fluoridation experiment. "I absolutely want to pursue it," she said. "It is appalling to do any kind of experimentation and study without people's knowledge and permission."

Contacted by these reporters, the director of the Newburgh experiment, David B. Ast, says he was unaware Manhattan Project scientists were involved. "If I had known, I would have been certainly investigating why, and what the connection was," he said. Did he know that blood and placenta samples from Newburgh were being sent to

bomb program researchers at the University of Rochester? "I was not aware of it," Ast replied. Did he recall participating in the Manhattan Project's secret wartime conference on fluoride in January 1944, or going to New Jersey with Dr. Hodge to investigate human injury in the du Pont case--as secret memos state? He told the reporters he had no recollection of these events.

A spokesperson for the University of Rochester Medical Center, Bob Loeb, confirmed that blood and tissue samples from Newburgh had been tested by the University's Dr. Hodge. On the ethics of secretly studying U.S. citizens to obtain information useful in litigation against the A-bomb program, he said, "that's a question we cannot answer." He referred inquiries to the U.S. Department of Energy (DOE), successor to the Atomic Energy Commission.

A spokesperson for the DOE in Washington, Jayne Brady, confirmed that a review of DOE files indicated that a "significant reason" for fluoride experiments conducted at the University of Rochester after the war was "impending litigation between the du Pont company and residents of New Jersey areas." However, she added, "DOE has found no documents to indicate that fluoride research was done to protect the Manhattan Project or its contractors from lawsuits."

On Manhattan Project involvement in Newburgh, the spokesperson stated, "Nothing that we have suggests that the DOE or predecessor agencies -- especially the Manhattan Project -- authorized fluoride experiments to be performed on children in the 1940's."

When told that the reporters had several documents that directly tied the Manhattan Project's successor agency at the University of Rochester, the AEP, to the Newburgh experiment, the DOE spokesperson later conceded her study was confined to "the available universe" of documents. Two days later spokesperson Jayne Brady faxed a statement for clarification: "My search only involved the documents that we collected as part of our human radiation experiments project -- fluoride was not part of our research effort.

"Most significantly," the statement continued, relevant documents may be in a classified collection at the DOE Oak Ridge National Laboratory known as the Records Holding Task Group. "This collection consists entirely of classified documents removed from other files for the purpose of classified document accountability many years ago," and was "a rich source of documents for the human radiation experiments project," she said.

The crucial question arising from this investigation is: Were adverse health findings from Newburgh and other bomb-program fluoride studies suppressed? All AEC-funded studies had to be declassified before publication in civilian medical and dental journals. Where are the original classified versions?

The transcript of one of the major secret scientific conferences of WW2--on "fluoride metabolism"--is missing from the files of the U.S. National Archives. Participants in the conference included key figures who promoted the safety of fluoride and water fluoridation to the public after the war - Harold Hodge of the Manhattan Project, David B. Ast of the Newburgh Project, and U.S. Public Health Service dentist H.Trendley Dean, popularly known as the "father of fluoridation." "If it is missing from the files, it is probably still classified," National Archives librarians told these reporters.

A 1944 WW2 Manhattan Project classified report on water fluoridation is missing from the files of the University of Rochester Atomic Energy Project, the U.S. National Archives, and the Nuclear Repository at the University of Tennessee, Knoxville. The next four numerically consecutive documents are also missing, while the remainder of the "MP-1500 series" is present. "Either those documents are still classified, or they've been 'disappeared' by the government," says Clifford Honicker, Executive Director of the American Environmental Health Studies Project, in Knoxville, Tennessee, which provided key evidence in the public exposure and prosecution of U.S. human radiation experiments.

Seven pages have been cut out of a 1947 Rochester bomb-project notebook entitled "Du Pont litigation." "Most unusual," commented chief medical school archivist Chris Hoolihan.

Similarly, Freedom of Information Act (FOIA) requests by these authors over a year ago with the DOE for hundreds of classified fluoride reports have failed to dislodge any. "We're behind," explained Amy Rothrock, FOIA officer for the Department of Energy at their Oak Ridge operations.

Was information suppressed? These reporters made what appears to be the first discovery of the original classified version of a fluoride safety study by bomb program scientists. A censored version of this study was later published in the August 1948 Journal of the American Dental Association. Comparison of the secret

with the published version indicates that the U.S. AEC did censor damaging information on fluoride, to the point of tragicomedy.

This was a study of the dental and physical health of workers in a factory producing fluoride for the A-bomb program, conducted by a team of dentists from the Manhattan Project.

\* The secret version reports that most of the men had no teeth left. The published version reports only that the men had fewer cavities.

\* The secret version says the men had to wear rubber boots because the fluoride fumes disintegrated the nails in their shoes. The published version does not mention this.

\* The secret version says the fluoride may have acted similarly on the men's teeth, contributing to their toothlessness. The published version omits this statement.

The published version concludes that "the men were unusually healthy, judged from both a medical and dental point of view."

Asked for comment on the early links of the Manhattan Project to water fluoridation, Dr Harold Slavkin, Director of the National Institute for Dental Research, the U.S. agency which today funds fluoride research, said, "I wasn't aware of any input from the Atomic Energy Commission." Nevertheless, he insisted, fluoride's efficacy and safety in the prevention of dental cavities over the last fifty years is well-proved. "The motivation of a scientist is often different from the outcome," he reflected. "I do not hold a prejudice about where the knowledge comes from."

After comparing the secret and published versions of the censored study, toxicologist Phyllis Mullenix commented, "This makes me ashamed to be a scientist." Of other Cold War-era fluoride safety studies, she asks, "Were they all done like this?"

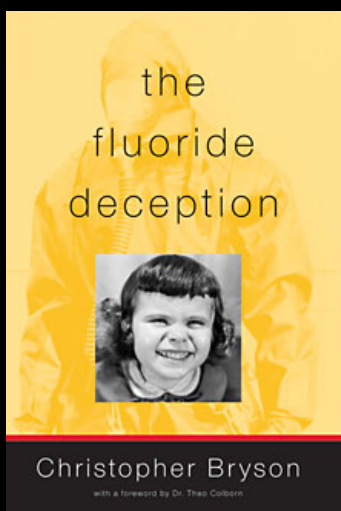
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## The Fluoride Deception



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**The Fluoride Deception**  
by Christopher Bryson  
with a foreword by Dr. Theo Colborn  
[Seven Stories Press](#), May 2004

**See:** [Video Interview with author](#)

[Read Excerpt from Book](#)

[Read Book Review from \*Chemical & Engineering News\*](#)

[Read Book Review from \*Natural Resources Defense Council\*](#)

#### EARLY REVIEWS of *The Fluoride Deception*:

"Bryson marshals an impressive amount of research to demonstrate fluoride's harmfulness, the ties between leading fluoride researchers and the corporations who funded and benefited from their research, and what he says is the duplicity with which fluoridation was sold to the people. The result is a compelling challenge to the reigning dental orthodoxy,

which should provoke renewed scientific scrutiny and public debate." - **PUBLISHERS WEEKLY**

"[A] thought-provoking and worthwhile book." - **NATURE**, "A Chemical Conspiracy?" March 17, 2005

"*The Fluoride Deception* reads like a whodunit. There are conspiracies, cover-ups, human casualties, and broken careers. The prime suspects in this toxic thriller are compounds of fluoride; the coconspirators represent industry, the military, and the public health community. At the book's ending, the suspect chemicals are not proven guilty beyond a reasonable doubt, but we are left with compelling evidence that powerful interests with high financial stakes have colluded to prematurely close honest discussion and investigation into fluoride toxicity." - **CHEMICAL & ENGINEERING NEWS**, "Is Fluoride Really All that Safe?", August 16, 2004

"Journalists and watchdog groups regularly raise hell about just the sort of industry corruption of public health policy described in *The Fluoride Deception*. We don't brand the watchdogs as conspiracy theorists; we thank them for doing their job. After reading Bryson's account of our national infatuation with fluoride, it's hard not to wonder how we could have ignored so serious an issue for so long." - **NATURAL RESOURCES DEFENSE COUNCIL**, "On Earth" Newsletter, Fall 2004

"Bryson, an investigative reporter, explores various aspects of fluoride information and disinformation, from huge industrial exposures in making atom bombs to the much lower doses desired to protect teeth from decay. This is a well-researched, well-written, and well-referenced account... [A]n interesting, thought-provoking, and eye-opening work. Summing Up: Recommended. All levels." - **CHOICE Magazine** (Current Reviews for Academic Libraries) March 2005

"This startling and terrifying book could not be more timely." - **THE ECOLOGIST**, "Book of the Month", September 2004

"This shocking anthology of incriminating stories and scientific discoveries is a must read for every consumer who owns a toothbrush." - **E MAGAZINE**, "The Toxic Compound with a Polished Image" July 1, 2004.

"Christopher Bryson is an excellent narrator, and he reports on recent research previously not known to me... It is my sincere hope that his book will receive the attention it deserves and that its implications will be seriously considered." - **DR. ARVID CARLSSON**, 2000 Nobel Prize Laureate for Medicine

"In a court of law, circumstantial evidence is as good as direct evidence if enough exists. The circumstantial evidence gathered by Bryson is so vast, and so impressive-sounding, that lots of readers are quite likely to ask their dentists about whether they should continue using toothpaste with fluoride." - **THE CLEVELAND PLAIN DEALER**, "Fluoride is hurting us, investigator says", August 22, 2004

"*The Fluoride Deception* by Christopher Bryson, just published in the US, examines the background of the fluoridation debate. Bryson, who has had the advantage of access to recently declassified files, concludes that fluoridation is a triumph not of medical science but of US government spin." - **THE GUARDIAN**, "A Kick in the Teeth", June 8, 2004

"*The Fluoride Deception* points to the suppression of medical information, the sacking of experts who found damaging evidence of potentially nasty side-effects that governments didn't want to hear and a powerful political lobby that grasped fluoridation as a cheap means of mass medication." - **IRISH INDEPENDENT**, "Teething Trouble", June 22, 2004

"In much the same way biologist Rachel Carson warned us over forty years ago in *Silent Spring* about the havoc and harm being caused by the misuse of persistent pesticides, journalist Christopher Bryson here lays bare the secret story and hidden dangers of the introduction of fluoride chemicals from the cold war era into our drinking water. *The Fluoride Deception* presents a scorching indictment of how researchers and health care officials working closely with government agencies, big industry, and their attorneys have allowed themselves to surrender their responsibility for the medical well-being of their fellow citizens." - **DR. ALBERT W. BURGSTAHLER**, former president of the International Society for Fluoride Research and Emeritus Professor of Organic Chemistry, University of Kansas

"*The Fluoride Deception* compellingly and inescapably exposes the murderous fraud that heads of state and industry have for decades perpetrated on an innocent public. Extremely well written and tightly researched, *The Fluoride Deception* is sure to become the 'must read' book in this important and burgeoning field." - **DERRICK JENSEN**, author of *The Culture of Make Believe* and *A Language Older Than Words*

"Bryson is right on in his emphasis on the ineffectiveness of fluoridation of water

with industrial wastes, and its risks of nerve and brain damage, and cancer, coupled with the long-standing industrial conspiracy to suppress this information." - **DR. SAM EPSTEIN**, Chairman of the Cancer Prevention Coalition and Professor Emeritus of Environmental and Occupational Medicine, University of Illinois School of Public Health

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### **Excerpt from the FOREWORD - By Dr. Theo Colborn**

"Bryson writes with the skill of a top-selling novelist, but it was not his convincing storytelling that made me finish the book. It was the haunting message that possibly here again was another therapeutic agent, fluoride, that had not been thoroughly studied before it was foisted on the public as a panacea to protect or improve health. Bryson reveals that the safety of fluoride became a firmly established paradigm based on incomplete knowledge. The correct questions were never asked (or never answered when they were asked), thus giving birth to false or bottomless assumptions that fluoride was therapeutic and safe. Certainly, the evidence Bryson has unearthed in this book begs for immediate attention by those responsible for public health..."

While reading the book, I kept thinking back to 1950, three years after I got my BS degree in Pharmacy and the year I gave birth to my first child. Fluoride came on the market packaged in pediatric vitamin drops for infants. Mothers left the hospital with their new babies in their arms and prescriptions in their hands from their dismissing physicians for these fluoride-laced drops. About that time communities around the country began to add fluoride to their drinking water. The promised benefits of fluoride were so positive that my dentist friends began to wish that they had chosen dermatology instead of dentistry. At that same time pregnant women were being given a pharmaceutical, diethylstilbestrol (DES), to prevent miscarriages, as well as DES-laced prescription vitamins especially designed for pregnant women to produce big, fat, healthy babies. I felt good when I dispensed the fluoride and DES prescriptions - *they were products designed to prevent health problems rather than treat them*. Now I can only wonder how many children were harmed because I and others like me took the word of the National Institutes of Health (NIH), the USPHS, and the major pharmaceutical companies producing these products. We were caught up in the spin. We were blind to the corporate hubris and were swept along with the blissful enthusiasm that accompanies every new advance in modern technology and medicine..."

Certainly the evidence Bryson presents in this book should cause those charged with protecting public health to demand answers about the developmental, reproductive, and functional role of fluorine in all living organisms."

**DR. THEO COLBORN**, co-author of *Our Stolen Future: Are We Threatening Our Fertility, Intelligence, and Survival? A Scientific Discovery Story* (1996)

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### **Other early reviews of 'The Fluoride Deception'**

"Bryson has done some excellent research here. The book has Pulitzer Prize written all over it. He has taken things of which many of us were already aware, but added the crucial details, dotted all the i's, crossed all the t's. It is a sickening tale of industrial and governmental collusion to conceal from the public the dangers of fluoride pollution generated by so many industries as well as the nuclear program... No environmental activist with an ounce of intelligence or integrity could read this book and not be appalled.

*The Fluoride Deception* should become the basic text for those who would insist that science and integrity should inform public policy and that regulators should serve the public not the polluters." **DR. PAUL CONNETT**, Executive Director, Fluoride Action Network.

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### **ABOUT the AUTHOR**

CHRISTOPHER BRYSON is an award winning investigative reporter and a television producer. He covered Guatemalan Army human rights abuses from Central America in the late 1980's for the BBC World Service, National Public Radio and The Atlanta Constitution. In 1989 he was part of an investigative team that won a George Polk Award and



Sidney Hillman Prize with Jonathan Kwitny at Public Television's The Kwitny Report. In 1999 he won a Project Censored award with medical writer Joel Griffiths.

### Excerpt from Interview:

#### 1. What prompted you to write "The Fluoride Deception"?

I'm a reporter. I don't know how many modern stories have the same epic reach of history and rich cast of characters as you will find in "The Fluoride Deception."

I stumbled on the story in 1993. I was working in New York as a BBC radio producer and was asked to find "an American angle" on water fluoridation. Ralph Nader put me in touch with a couple of government scientists (William Hirzy at the EPA and Robert Carton at the U.S. Army) who opposed water fluoridation, and explained how the science underpinning the nation's fluoride safety standards was fraudulent...

I just kept reporting.

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December 2004:

## The Drugging Of America with Fluoride:

American soldiers who entered Germany at the end of World War 2 made the liberating of POW camps a priority. At camp after camp, they found stockpiles of fluoride stored near the water supply. When they asked what the fluoride was used for, they were told that the Germans used the substance as an additive to the prisoners water, to make them docile. This is the first known incidence of intentionally fluoridating drinking water. This practice was soon adapted to American use. By the time General Patton took his Third Army to Berlin, the US Army was adding it to the soldiers water to keep them calm and passive. Patton strenuously objected, and refused to allow fluoridation of his troops. (Patton was later killed when his jeep was struck by an Army truck. This accident injured the General, but it didn't kill him. On the way to the hospital, another Army truck hit him, this time resulting in his death. The mysterious death of America's great General Patton will be the subject of a future story here.)

Within a few years, most of the drinking water in the United States had been fluoridated, in the interests of preventing tooth decay. All of our major brands of toothpaste contain fluoride. Most beverages and foods contain sodium fluoride. This is not a naturally-occurring phenomenon - it is intentionally introduced. The most important question becomes "does fluoride do what it claims to do - prevent tooth decay?" The answer is that it does not. Not only is there no proof that fluoride prevents tooth decay, there is powerful evidence to the contrary. The largest study ever taken on the matter was conducted in Tucson, Arizona in 1992. 26,000 elementary school students were involved in the study, which produced empirical evidence that the more fluoride a child consumes, the more cavities will appear! The study was conducted by the University of Arizona under the supervision of world-renowned Professor Emeritus Cornelius Steelink.

Of course, most of the countries on Earth rejected fluoridated water years ago. Only the United States and a small handful of countries under our influence continue to add this toxin to their public drinking water supplies. China discontinued the practice after finding that fluoride in the water lowers the ability of children to learn. There is also scientific evidence that osteoporosis, Alzheimers Disease, and other aluminum-related diseases are caused by fluoride - an aluminum by-product.

Research chemist Charles Perkins said, "Repeated doses of infinitesimal amounts of fluoride will in time reduce an individual's power to resist domination, by slowly poisoning and narcotizing a certain area of the brain, thus making him submissive to the will of those who wish to govern him. The real reason behind water fluoridation is not to benefit children's teeth. If this were the real reason there are many ways in which it could be done that are much easier, cheaper, and far more effective. The real purpose behind water fluoridation is to reduce the resistance of the masses to domination and control and loss of liberty."

So, what is fluoride anyway? First of all, it needs to be stated that the 'substance' referred to as 'Fluoride' is a misnomer - there is no such substance listed in the periodic chart of the elements, nor in the prestigious CRC handbook, nor in the sacred 'bible' of the pharmaceutical industry - the illustrious 'Merck Index'. Instead,

we find a GAS called Fluorine - and from the use of this gas in various industries such as aluminum manufacturing and the nuclear industry certain toxic byproducts are created which have 'captured' fluorine molecules. One such toxic, poisonous 'byproduct' is called sodium fluoride - which according to the Merck Index is primarily used as rat and cockroach poison and is also the active ingredient in most toothpastes and as an additive to drinking water. The proof that it is a toxic poison can be found by reading the warning label on any tube of toothpaste. Sodium Fluoride is also one of the basic ingredients in both Prozac and Sarin Nerve Gas, as well as a host of anti-depressant drugs and commercial insecticides. Sodium Fluoride is a hazardous waste by-product of the nuclear and aluminum industries. In addition to being the primary ingredient in rat and cockroach poison, it is also a main ingredient in anesthetic, hypnotic, and psychiatric drugs as well as military nerve gas!

Historically, this substance was quite expensive for chemical companies to dispose of, but in the 50's and 60's Alcoa and the entire aluminum industry - with a vast overabundance of the toxic waste - sold the FDA and our government on the insane but highly profitable idea of buying this poison at a 20,000% markup and then injecting it into our water supply as well as into the nation's toothpaste. When sodium fluoride is injected into our drinking water, its level is approximately 1 part-per-million (ppm), but since we only drink 1/2 of one percent of the total water supply, the hazardous chemical literally goes down the drain. The chemical industry has not only a free hazardous waste disposal system - but we have also paid them millions of dollars in the process.

Independent scientific evidence over the past 50 plus years has shown that sodium fluoride shortens our life span, promotes various cancers and mental disturbances, and most importantly, makes humans stupid, docile, and subservient, all in one neat little package. Honest scientists who have attempted to blow the whistle on fluoride have consistently been professionally black-listed, and their valid points never have received the ink they deserve. In 1952 a slick PR campaign rammed the concept of 'fluoridation' through our Public Health departments and various dental organizations. This slick campaign was more akin to a highly emotional "beer salesman convention" instead of the objective, scientifically researched program that it should have been. It has continued in the same vein right up to the present day - and now sodium fluoride use has now become 'usual and customary'. To illustrate the emotional vs. the scientific nature of this issue, just look at the response given by people (perhaps yourself included?) when the subject of fluoridation comes up. You need to ask yourself, "Is this particular response based on emotions born of tradition, or is it truly unbiased and based instead on thoroughly researched objectivity?"

There is a tremendous amount of emotion attached to the topic of fluoride usage - but I can't find even one objective, double blind study that even remotely links fluoride to healthy teeth at any age. Instead, I hear "9 out of 10 dentists recommend 'fluoride' toothpaste". Truly independent scientists who've spent a large portion of their lives studying this subject have been hit with a surprising amount of unfair character assassination from strong vested-interest groups who profit from the public's ignorance and illnesses.

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