

I had a friend who was forced to study singing by his mother and he did not like it as a child. In retrospect my friend could always 'bring up' from the past a flood of tears & no doubt could do this for ever. This was not the way to help him. However merely by speaking very frankly & naturally to him as a friend he snapped right out of it & today is a highly successful man.

The Freudian analysts have just a few standard "complexes" (incestual love for mother, hatred of father, fear of castration etc) which everybody is supposed to be deeply affected by. The patient always "brings up" this material (not without help & direction I am sure !!!)

Because the Jungians have their own standard set of "archetypes" - and these too the student or patient faithfully "brings up" (with a little help I think !!!)

I have seen the same person do this with a Freudian & Jungian analyst respectively. It is a joke.

No doubt the Adlerians would find the "inferiority complex" as the real source of trouble.

If then I advise the "synthetical" what do I mean? Well, the truth is I only chose that word as a contrast to "analytical", but what I do mean is some overall method that does not need this searching for infinite detail.

Actually it is found in the course of "work" for awakening that the student becomes what is called "normal" (socially acceptable?) in a very short time. It is even true that it is easier for a very aberrated (or slightly psychotic) person to jump to "awakening" (which is severe sanity) much faster than a so-called "normal" person who is full of "controls". Why is this?